

Middle School Boys Records as of May 10, 2025

Boys 100 Meter Dash 11.44 5/10/1997 Frankie Burnett - Lexington Christian
Boys 200 Meter Dash 24.09 5/13/2023 Jon Shuey - Salem Christian
Boys 400 Meter Dash 53.19 5/7/2005 Leonard Hayes - Living Faith
Boys 800 Meter Run 2:14.14 5/14/1995 Jimmy Scott - Plumstead
Boys 1600 Meter Run 4:54.69 Brandt Rogers- Mt Calvary 5/10/2025
Boys 110 Meter Hurdles 15.49 5/13/2023 Jon Shuey - Salem Christian
Boys 4x100 Meter Relay 50.15 5/7/2005 Living Faith - Living Faith
Boys 4x200 Meter Relay 1:38.94 5/1989 Daniels - Daniels
Boys Long Jump 18-02.00 5/12/2001 Josh Goad - Berks Christian
Boys Shot Put 45-1.25 5/12/2007 Alex Dawes - Open Door
Boys Discus Throw 133-00 5/8/2004 Andrew Matthews - Open Door
Boys High Jump 5-08.00 5/8/2010 Samuel Tvardzik - Mount Airy

Middle School Girls Records as of May 10, 2025

Girls 100 Meter Dash 12.44 5/8/2004 Krystin Lawson - Riverdale Baptist
Girls 200 Meter Dash 25.90 5/8/2004 Krystin Lawson - Riverdale Baptist
Girls 400 Meter Dash 1:01.00 5/7/2005 Nyah Harkless - Riverdale Baptist
Girls 800 Meter Run 2:29.00 5/9/1998 Capri Rothgaber - Plumstead
Girls 1600 Meter Run 5:30.31 5/12/2001 Hannah Prol - Trinity Christian School
Girls 100 Meter Hurdles 16.31 5/14/2022 Ebony Turner - Timothy
Girls 4x100 Meter Relay 54.26 5/13/2023 American Christian
Girls 4x200 Meter Relay 1:54.45 5/7/2005 Riverdale - Riverdale Baptist
Girls Long Jump Heather Green, 16'09" 5/09/2009 Faith (PA)
Girls Shot Put 37'0.25" 5/12/2012 Leah Wis - Trinity Christian School
Girls Discus Throw 102'1" 5/12/2012 Leah Wis - Trinity Christian School
Girls High Jump 5'2" 5/12/2012 Leah Wis - Trinity Christian School