

Developing Vaisnava Qualities

Why are we suffering in this world?

What are Vaisnava Qualities?

Examples:

kind, peaceful, truthful, equable, faultless, magnanimous, mild, clean, nonpossessive, a well-wisher to all, satisfied, surrendered to Krishna, without hankering, simple, fixed, self-controlled, a balanced eater, sane, mannerly, prideless, grave, sympathetic, friendly, poetic, expert and silent

He is very kind; he does not quarrel with anyone; he accepts Krsna consciousness as the highest goal of life; he is equal to everyone; no one can find fault in his character; he is magnanimous, mild and always clean, internally and externally; he does not profess to possess anything in this material world; he is a benefactor to all living entities; he is peaceful and is a soul completely surrendered to Krsna; he has no material desire to fulfill; he is meek and humble, always steady, and has conquered the sensual activities; he does not eat more than required to maintain body and soul together; he is never mad after material identity; he is respectful to all others and does not demand respect for himself; he is very grave, very compassionate and very friendly; he is poetic; he is expert in all activities, and he is silent in nonsense.

Focus on:

- Humility and pridelessness
- Respectful to all others and not demanding respect for oneself
- Lack of interest in material things
- Mannerly and poetic

How to develop these qualities?

The qualities are the key to peace, security, and satisfaction