Perry Nickelston - Glymphatic Mojo Webcast

My illness allowed me to discover the reasons I felt so horrible and why no one in medicine could help. My lymphatic system was a total disaster. You might be surprised to discover healthcare providers get very little education about the lymphatic system's role in poor health.

I did my best to learn as much as I could about lymphatic systems and I feel amazing.

Ever wonder why chronic pain doesn't get better despite all your therapy and medications? The problem may lie in your lymphatic system. If the body can't rid of cellular waste during the healing process, the inflammation simply stays in the tissues causing pain. If it can't get out of the body, you can't get better.

Are you feeling hopeless, exhausted, tired, and unable to concentrate? You need to check your lymph and I'm gonna show you how. The lymph is connected to your brain and your brain can't function optimally when the lymph is dysfunctional.