

# Andrew Nugent-Head - Chinese Bodywork for Clinical Practice

The greatest force in healing is touch. The ancient Chinese realized this, using medical theory and clinical experience to develop touch into the highest healing art within the field of Chinese medicine. The usefulness of a sword depends on the warrior's handskill; the efficacy of a needle depends on the practitioner's skill of touch. To treat internal diseases or external injuries without deeply training the hands is to be overly optimistic of one's clinical results. This five module training program provides the same bodywork foundation that Andrew Nugent-Head learned in China, set sequentially in the way he learned over his years training there. It is, in his opinion, the most important piece of practicing tangible, effective and reliable medicine. *Taught by Andrew Nugent-Head*

Module 01: Daoist Zangfu Acupressure Focused on regulating the Qi flow in the organs of the body cavity, Daoist Zangfu Acupressure is a powerful bodywork treatment method to return fundamental health to very sick patients. Originally passed on by a wandering Daoist, it was nearly lost in the Cultural Revolution. Today, there are only a handful of people focused on using this incredible bodywork system in the clinic. It was the first clinical treatment method learned by Andrew Nugent-Head, taught to him by the late Professor Wang Jin-Huai.

Module 02: Yin Style Bagua Bodywork Techniques I Module 02 introduces the medical bodywork of Yin Style Bagua. Bodywork is the fundamental treatment method of Yin Style Bagua medical practitioners, the core of their Qi based skillset and the source of their acupuncture skill. These two modules cover the 24 basic hand techniques, the differences between Qi focused vs. Blood focused techniques, skeletal alignment, protocols and treatment demonstrations.

Module 03: Yin Style Bagua Bodywork Techniques II Module 03 continues the medical bodywork of Yin Style Bagua. Bodywork is the fundamental treatment method of Yin Style Bagua medical practitioners, the core of their Qi based skillset and the source of their acupuncture skill. These two modules cover the 24 basic hand techniques, the differences between Qi focused vs. Blood focused techniques, skeletal alignment, protocols and treatment demonstrations.

Module 04: Yin Style Bagua Bodywork Techniques III Module 04 completes the introduction to the medical bodywork of Yin Style Bagua. Bodywork is the fundamental treatment method of Yin Style Bagua medical practitioners, the core of their Qi based skillset and the source of their acupuncture skill. These three modules cover the 24 basic hand techniques, the differences between Qi focused vs. Blood focused techniques, skeletal alignment, protocols and treatment demonstrations.

Module 05: Awakening the Yuan—The Deep Qi Protocol Using Deep Qi work only, the final module introduces the skills to address the intangible yet most fundamental Qi of sickness and health, which is the Yuan Qi. It focuses on understanding what we must tangibly do to get to and awaken the Yuan Qi when working with the chronically, systemically or terminally ill. Candid discussions on the possibilities of spontaneous healing, giving quality of life through the dying process, the successes and failures of both Chinese and allopathic medicine, and practitioner maturity are balanced by learning and practicing a protocol sequence for awakening the Yuan Qi as well as adapting it to redressing physical and emotional imbalances.

## Your Instructor

Andrew Nugent-Head

Andrew Nugent-Head is the founder of the Association for Traditional Studies (ATS), a 501c3 organization dedicated to the preservation, documentation and dissemination of China's traditional knowledge. Andrew moved to China in 1986 at the age of 18 to study Chinese medicine, martial arts, and internal cultivation. He spent 28 years in China dedicated to learning these arts and obtained the highest quality education possible in traditional, mentor-disciple relationships. Andrew's studies and work have been featured on French and German television, the NBC Sunday Today Show, and on ABC News Special. He also worked on and appeared in the *Mystery of Qi* episode of the Bill Moyers PBS documentary series, *Healing and the Mind*. He has been featured in newspapers across the United States and written prolifically on Chinese Medicine, culture and the importance of preserving traditional knowledge worldwide. Through his not for profit, Andrew has translated six books, produced over 400 educational videos and translated for and assisted practitioners of Chinese Medicine, Yin Style Bagua martial arts, Daoyin practices, and Calligraphy during more than 140 seminars between 1993 and 2003. With the passing of his teachers, Andrew now dedicates himself to teaching the practice of Chinese medicine as he learned it to fellow practitioners through seminars around the world. He also runs a teaching clinic in Asheville, North Carolina where practitioners can observe him treating patients with herbs, acupuncture, bodywork, exercises and lifestyle advice.

## Course Curriculum

Chinese Bodywork for Clinical Practice  
CBCP 01: Daoist Zangfu Acupressure

Part 01 (38:04)

Part 02 (37:01)

Part 03 (30:27)

Part 04 (15:39)

Part 05 (16:48)

Part 06 (8:17)

Part 07 (23:45)

Part 08 (31:07)

Part 09 (9:49)

Part 10 (13:08)

Part 11 (11:55)

Part 12 Seminar Footage Opening words in Beijing (29:45)

Part 13 Seminar Footage Opening words in Beijing Continued (29:59)

Part 14 Seminar Footage Beijing Corrections (14:06)

Part 15 Seminar Footage Beijing Demonstration Q&A (30:40)

Digital Download: Daoist Zangfu Acupressure book

Handouts for Module 01 of CBCP

CBCP 02: Yin Style Bagua Techniques I

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Module 02 Part 02 (31:51)

Module 02 Part 03 (36:29)

Module 02 Part 04 (13:30)

Module 02 Part 05 (26:38)

Module 02 Part 06 (16:01)

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Module 02 Part 13 Seminar Footage (12:56)

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Part 20 Seminar Footage (12:20)

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Part 22 Seminar Footage (23:39)

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Part 24 Seminar Footage (12:12)

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Handouts for Module 02 of CBCP

CBCP 03: Yin Style Bagua Bodywork II

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Module 03 Part 02 (36:18)

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Module 03 Part 05 (3:08)

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Module 03 Part 17 Seminar Footage (11:04)

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Module 03 Part 22 Seminar Footage (15:10)

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Handouts for Module 03 of CBCP

CBCP 04: Yin Style Bagua Bodywork Techniques III

CBCP Module 04 Part 01 (17:53)

CBCP Module 04 Part 02 (24:41)

CBCP Module 04 Part 03 (23:45)

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There are no Handouts for Module 04 of CBCP

CBCP 05: Awakening the Yuan

CBCP Module 05 Part 01 (25:00)

CBCP Module 05 Part 02 (20:47)

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Handouts for Module 05 of CBCP

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	4. CBCP 04 Yin Style Bagua Bodywork Techniques III			2.5 GB
	5. CBCP 05 Awakening the Yuan			4.2 GB
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