

Fashion Design: Fashion History, Design Principles, and Apparel Construction

Activity Goal: Students will explore the history of fashion and the principles of design while developing an understanding of apparel construction and introductory sewing techniques used in the Fashion Design industry.

Embedded Skill Targets:

- Identifying historical influences in fashion.
- Recognizing elements and principles of design.
- Building fashion industry vocabulary.
- Understanding stages of apparel construction.
- Developing awareness of sewing procedures and workplace expectations.

Curricular Area	Learning Spectrum		
	Basic	Emerging	Proficient
9th Grade: Knowledge-Based (<i>Fashion Design</i>)	Read a story about the history of fashion and identify the basic principles and elements of design	Read and analyze a story about the history of fashion and explain the basic principles and elements of design.	Read and explain a story about the history of fashion and analyze the principles and elements of design.
10th Grade: Application-Based (<i>Basic Concepts of Construction</i>)	Label the stages of apparel construction and observe basic sewing techniques	Label and explain the stages of apparel construction and try basic sewing techniques.	Analyze and explain the stages of apparel construction and complete basic sewing techniques.

Materials:

Provided: • Fashion History Presentation • Fashion Timeline Activity • Principles and Elements of Design Activity • Fashion Vocabulary Cards • Apparel Construction Visual Guide • Sewing Vocabulary Activity • Career Connections Discussion Guide • Student Data Collection Checklist	Needed: • Sample Garments • Fabric Samples • Fashion Design Classroom Workstations
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Preparation:

1. Prepare Fashion History presentation and discussion materials.
2. Organize design principle visuals and vocabulary cards.
3. Prepare apparel construction sequence materials.
4. Gather garment and fabric examples for observation.

Helpful Learning Tools

- Fashion Timeline Visual
- Design Principles Anchor Chart
- Elements of Design Vocabulary Cards
- Apparel Construction Sequence Chart
- Visual Task Analysis
- Career Vocabulary Supports

Instructions:

1. Gather students for the Classroom Prep Huddle and review classroom expectations.
2. Introduce the history of fashion through a teacher-led presentation.
3. Read and discuss a fashion history passage.
4. Review the principles and elements of design.
5. Complete a guided design identification activity.

6. Introduce the stages of apparel construction.
7. Demonstrate basic sewing techniques through visual examples.
8. Complete an apparel construction sequencing activity.
9. Participate in a class reflection discussion.

Activity Variation:

- Use matching activities and picture supports for students requiring additional support.
- Allow Emerging students to verbally explain concepts.
- Encourage Proficient students to independently analyze design principles and construction processes.

Task Alignment & Check-off:**9th Grade**

- 301 History of Fashion
- 302 Principles and Elements of Design

10th Grade

- 801 Stages of Apparel Construction
- 802 Basic Sewing Techniques