

**Mrs Fadel:** “She is clothed in strength and dignity and she laughs without fear of the future.” Proverbs 32 celebrates the strength and grace of mothers, who face many challenges with calmness and trust in something greater - God. We want to take a few moments to reflect on what it truly means to walk the path of motherhood. Motherhood is a powerful symbol of faith, humility, and unconditional love. Chosen to raise our children and embrace it with grace even in the face of uncertainty and great personal sacrifice. We experience fear and carry the weight of burdens never imagined while also holding onto the smallest, sweetest moments that somehow mean everything.

**Mrs Sly:** Mother's Day is the perfect time to reflect on what being a mum teaches us. Having children shifts your perspective. Suddenly you're thinking about what kind of world you want; not just for you, but for them, their friends, and someday their own children. The everyday choices you make – how you speak to others, what you stand for – all start feeling more significant. You're protecting your children at the same time as you are giving them the confidence to find their own way in this diverse world. It makes you think beyond just yourself in a whole new way.

**Mrs Fadel:** Mother Mary is honored for her devotion and is viewed as the ultimate model of motherhood. She said “yes” with courage - standing by her son through joy and suffering. In her, we find the inspiration to lead our children in strength and embrace the importance of giving - giving your time with patience, your voice with gentleness, and your presence with quiet strength.

**Mrs Sly:** Mary demonstrated that motherhood is about selfless love and service to others. When a new little human enters your life, it teaches you how to love without conditions. Despite the challenges, your heart remains full of love for your child.

Motherhood teaches you patience, it teaches you that most things worth doing take time. Everything has its season, and we should savour every moment of the journey with our children, standing by them in the good and bad, teaching them to serve with their whole hearts.

There's nothing like motherhood to show you what you're actually capable of. The challenges that used to seem impossible seem far more manageable once you've developed the resilience of motherhood. You learn to admit that you don't have it all figured out and you make yourself open to learning from others.

**Mrs Fadel:** Supporting our daughters through their Ursuline journey—walking beside them, encouraging, listening, and watching them grow into confident, compassionate young women—has been both a privilege and a calling. To be an Ursuline mum is to nurture and to raise daughters who are grounded in faith, rich in kindness, and willing to serve others.

Motherhood has given us the opportunity to live as Ursuline women: guided by purpose, and committed to love in action. As St. Therese so beautifully said, *“The loveliest masterpiece of the heart of God is the heart of a mother.”* In the selfless compassion and courage we offer our children, we reflect the divine love that shapes us all.

**Mrs Sly:** So a message for the young ladies: This world is constantly pushing us to live fast, but your mothers want to be able to savour the smallest moments, like watching a movie together or when you share what happened in your day, or when you can't stop laughing together. These moments mean so much and we could all use more of them.

And for the mothers, grandmothers and caregivers recognise how special the role is that you play. Even though it doesn't always come with recognition, and some days it feels like nobody notices; it matters so much. You are shaping the next generation. It's tough, it's beautiful, and it changes everything.

**Mrs Fadel:** Today, we celebrate and thank you for the love you give and the lessons you teach. Motherhood is a journey that never truly ends and it's one of the greatest legacies that you can leave behind.