LET THERE BE LIGHT!



This week we encourage you as a family light a candle and put it in your window. The goal is to send a message of love, strength and hope to doctors, nurses, first responders, grocery store workers, mailman, journalists, truck drivers, garbage collectors, police and anyone who is facing COVID-19 head on.

These candles are important because they send a message of hope and care - providing coziness, warmth and comfort.

You can also turn your porch lights on at night to represent your commitment to stay home, to flatten the curve (of COVID-19) and as support for health care and other essential workers and their families.

As a family talk about your renewed commitment to stay home, practice good hygiene and to do everything possible to help our province and country combat this pandemic.