



v.2/17/25

Counselor In Training (CIT) Description

<u>Title:</u>	Counselor in Training (CIT)
<u>Number of Openings:</u>	12 maximum (per week)
<u>Reports to:</u>	Camp Supervisor(s) and/or Head Counselor(s) and/or Volunteers
<u>Expected Availability:</u>	Dependent on Weeks Registered
<u>Expected Hours:</u>	8:30am – 4:30pm daily (siblings are welcome if necessary)
<u>Camp Dates:</u>	(8 Weeks) Monday, June 16 th – Friday, August 8 th , 2025

CIT Purpose:

There are (8) counseling groups managed by Head Counselors (HCs) and with volunteers as support staff. **CITs** will be paired up with groups based on their skills, personality, desired age level of interest, and set of individual qualifications. **CITs** are responsible for helping support the HCs & Volunteers with coordinating and carrying out activities.

Counseling Groups:

When applying to be a **CIT**, specify which group you prefer to work with and why. All groups will incorporate some children with special needs:

Pink: 4/5 yr olds & Green: 5/6 yr. olds

- Must be nurturing, managing occasional tears, and need of strong leadership skills to help engage the campers; must be patient and happy to play alongside campers

Yellow: 6/7 yr. olds & Blue: 7/8 yr. olds:

- Must be structured and enthusiastic; high energy; meet the needs of younger campers – structured plans needed between activities and during down time

Orange: 8/9 yr. olds & Purple: 9/10yr. olds

- Must be able to keep up with physically active campers – lots of team oriented sports, crafts – structured plans needed between activities and during down time

Red: 10/11/12 yr olds & Aqua 12/13/14yr olds

- Has experience working with pre-teen/teenage group preferred – good listener and able to help guide appropriate adolescent conversations/topics; typically contains a higher ratio of campers with special needs – many, if not most, will have 1:1 aides provided from outside companies

Learning Alongside HCs and Volunteers As They:

1. Assist in the direction, supervision, and organization of campers at arrival and departure from camp, during and in between activities
2. Participate in and help HCs lead activities outlined in schedule
3. Maintain high standards of health and safety in all activities for campers and staff
4. Be a role model to campers and staff with your attitude and behavior
5. Represent the camp when interacting with parents or community members

Qualifications & Physical Aspects Expected:

- Some general physical requirements include prolonged standing, some bending, stooping, walking/hiking long distances, climbing, and stretching; requires eye-hand coordination and manual dexterity to manipulate outdoor equipment and camp activities; requires

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normal range of hearing and eyesight to record, prepare, and communicate appropriate camper activities/programs and the ability to lift up to roughly 50 lbs., with daily exposure to the sun, heat, bugs, bees, insects, etc.

- Additional help deemed necessary by the Camp Director, Supervisors, and HCs

Counselor In Training (CIT) Program Outline

On behalf of Camp Argo, we welcome you to apply for a CIT position this summer. Being a CIT at Camp Argo can prove to be a beneficial experience to add to your resume!

According to the State of Connecticut Youth Camp Licensing Department, CITs must register as a "camper"; "Counselors age >16, CIT age >14."

The focus of our two year CIT program (ages 14 & 15) is to serve as an entryway into becoming a Volunteer Counselor (ages 16 & 17). Then, depending on availability, you may apply for a paid, Head Counselor position (age 17+ or HS graduate).

Our goal is to help you learn strategies & techniques that will improve your leadership skills that can be used not only at camp, but throughout life. As a CIT, you will train with other CITs, interact with campers, participate in activities that will help build your communication skills and provide you with beneficial social experiences. Within our CIT program, an assigned mentor instructor will assist you in the development and progress of becoming a future camp counselor which will include logistics of managing children, teaching techniques for a variety of ages & abilities, and emergency procedures.

Acceptance into the CIT program is partly based on registering as a camper, the Placement Questionnaire, and a meet & greet with some of our staff. Priority will be given to those applicants that have siblings currently attending Camp Argo.

REGISTRATION: Please register online via Campdocs choosing the CIT option.

PLACEMENT QUESTIONNAIRE: Please fill out online as a part of the registration process. Answers will help age group placement.

1. Why would you like to be in the Counselor in Training program at Camp Argo?
2. What do you hope to gain by being a CIT?
3. Please specify which group you would prefer to be a part of and why?

MEET & GREET: We would like to meet you! Please visit us during any spring Open House or at the Strawberry Festival booth. Keep in mind that when camp officially begins in June there may be limited opportunities to meet and get to know you.

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