# NC STATE UNIVERSITY

# Informed Consent for Participation in Research

Title of Study: Sis, You OK? (eIRB # 24075)

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## What are some general things you should know about research studies?

You are invited to take part in a research study. Your participation in this study is voluntary. You have the right to be a part of this study, to choose not to participate, and to stop participating at any time without penalty. The purpose of this research study is to gain a better understanding of Black women's mental health, coping, and well-being during the dual global pandemics of COVID-19 and anti-Black racism.

You are not guaranteed any personal benefits from being in this study. Research studies also may pose risks to those who participate. You may want to participate in this research because it may help with your mental health, connecting with a community of Black women with similar experiences, or participating in a research study that allows the opportunity for participants to be heard, in a society where their voice is being silenced so often. You may not want to participate in this research because, the risks to you as a result of this research include it may cause you to confront experiences that bring you pain, stress, or negative emotions, such as frustration, anger, sadness, or guilt.

Specific details about the research in which you are invited to participate are contained below. If you do not understand something in this form, please ask the researcher for clarification or more information. A copy of this consent form will be available for download at www.bwmhs.com. If, at any time, you have questions about your participation in this research, do not hesitate to contact the researcher(s) named above or the NC State IRB office. The IRB office's contact information is listed in the <u>What if you have questions about your rights as a research participant?</u> section of this form.

# What is the purpose of this study?

The purpose of the study is to better understand the status of mental health for women who identify as Black, and explore how they are coping, all specifically through the 2020 - 2021 pandemics of COVID-19 and anti-Black racism.

#### Am I eligible to be a participant in this study?

There will be approximately 2000 participants in this study.

In order to be a participant in this study, you must agree to be in the study and identify as a Black woman over the age of 18, speak English fluently, and reside in the United States.

You cannot participate in this study if you do not want to be in the study or are under the age of 18 and/or do not identify as a Black woman and/or do not speak English fluently.

## What will happen if you take part in the study?

If you agree to participate in this study, you will be asked to do all of the following:

- 1. Complete the electronic consent for an electronic survey. The survey will take approximately 15 min to complete. The survey should be taken in a private place using a private browser in incognito mode.
- 2. Provide your email address, cell phone number (all of which is optional)
- 3. Asked to share the survey link with others who may be interested in participating in the study. Submitting this information is optional and will be used to invite respondents to participate in subsequent phases of the research study. Additional information on those aspects of the study will be made available on the research website as they are developed and implemented. The total amount of time that you will be participating in this study is 15 20 minutes

#### Risks and benefits

There are minimal risks associated with participation in this research. The risks to you as a result of this research include it may cause you to confront experiences that bring you pain, stress, or negative emotions, such as frustration, anger, sadness, or guilt.

There are no direct benefits to your participation in the research. The indirect benefits are realizing strategies to help with your mental health, connecting with a community of Black women with similar experiences, or participating in a research study that allows the opportunity for participants to be heard, in a society where their voice is being silenced so often.

#### Right to withdraw your participation

You can stop participating in this study at any time for any reason. In order to stop your participation, please contact Dr. Jocelyn Taliaferro, PhD at <a href="jataliaf@ncsu.edu">jdtaliaf@ncsu.edu</a> or 919-513-1990 or Dr. Sarah Ascienzo, PhD at <a href="saascien@ncsu.edu">saascien@ncsu.edu</a>. If you choose to withdraw your consent and to stop participating in this research, you can expect that the researcher(s) will redact your re-identifiable and identifiable information from their data set, securely destroy your data, and prevent future uses of your re-identifiable information for research purposes wherever possible. This is possible in some, but not all, cases.

## Confidentiality, personal privacy, and data management

Trust is the foundation of the participant/researcher relationship. Much of that principle of trust is tied to keeping your information private and in the manner that we have described to you in this form. The information that you share with us will be held in confidence to the fullest extent allowed by law.

Protecting your privacy as related to this research is of utmost importance to us. However, there are very rare circumstances related to confidentiality where we may have to share information about you. These are limited to instances in which imminent harm could come to you or others.

How we manage, protect, and share your data are the principal ways that we protect your personal privacy. Data that will be shared with others about you will be de-identified.

**De-identified**. De-identified data is information that at one time could directly identify you, but that we have recorded this data so that your identity is separated from the data. We will have a master list with your code and real name that we can use to link to your data.

## Future use of your research data

To help maximize the benefits of your participation in this project, by further contributing to science and our community, your de-identified data will be stored for future research and may be shared with other people without additional consent from you.

# **Compensation**

For your participation in this study, you will receive no compensation

#### What if you are an NCSU student?

Your participation in this study is not a course requirement and your participation, or lack thereof, will not affect your class standing or grades at NC State.

## What if you are an NCSU employee?

Your participation in this study is not a requirement of your employment at NCSU, and your participation or lack thereof, will not affect your job.

## **Sponsorship and Funding**

This research was supported by Faculty Research and Professional Development funds from the College of Humanities and Social Sciences and NC State University.

# What if you have questions about this study?

If you have questions at any time about the study itself or the procedures implemented in this study, you may contact the researcher, Dr. Jocelyn Taliaferro, PhD at jdtaliaf@ncsu.edu or 919-513-1990 or Dr. Sarah Ascienzo, PhD at saascien@ncsu.edu.

#### What if you have questions about your rights as a research participant?

If you feel you have not been treated according to the descriptions in this form, or your rights as a participant in research have been violated during the course of this project, you may contact the NC State IRB (Institutional Review Board) Office. An IRB office helps participants if they have any issues regarding research activities. You can contact the NC State IRB Office via email at irb-director@ncsu.edu or via phone at (919) 515-8754.

#### **Consent To Participate**

By electronically signing this consent form, I am affirming that I have read and understand the above information. All of the questions that I had about this research have been answered. I have chosen to participate in this study with the understanding that I may stop participating at any time without penalty or loss of benefits to which I am otherwise entitled. I am aware that I may revoke my consent at any time.

Click **HERE** to begin the survey

Thank you for your consideration.