

LMN FEASTING 2-23-25

Blessings unto the heart, the mind and the soul of your being. I am Lady Master Natasha speaking this evening on behalf of the Council of Eight As it were. The message, the now message that has been sent to all of you is of utmost importance in these moments of your existence.

Why? Because you are reaching a crossroads, and the crossroads in your life will determine whether you will continue living in the old memories of life that show a world that you do not participate in and that you did not create from the heart of your being, or whether you will be living in an existence that is straight from the soul of yourself, calculated as it were, to create the most rapid of awakenings and awarenesses in the realm of ascension consciousness. This is not a crossroads as it were, where there is no turning back. This is a crossroads opportunity that occurs for consciousness.

When it has reached the ability to recognize there is dissonance between its world and the world it is perceiving, the world it seems to be locked into, that is the politics and the, shall we call it philandering as it were, the creation of inharmonious energies in which you have lived for a while and those memories are within your being and so whenever they get triggered the outer world becomes a source of dissonance. And you beloveds are reaching the place in your consciousness where the outer world's dissonance will not be given permission to exist. Some of you call it new earth, some of you call it waking up, some of you call it self-mastery.

The nomenclature is insignificant. What matters here is what are you believing still and what are you doing to create or uncreate. That is what matters.

When you as soul begin expanding your consciousness there are hidden, shall we say, memories that come forth. Memories of how times used to be where you lived and so you will interpret them as existing now because that is what you perceive through your eyes or your ears or the news as it were. What do you do? What do you do when the outer world appears to be headed towards something that you yourself would consider disaster or disastrous? What do you do? Once when there were many wildfires upon your planet we had a session with you in which we showed you and took you into a deep peace, a deep blue peace and said this is what mother earth needs from your being right now.

So it was not necessarily prayers and decrees it was you going into that place of inner peace because what happens then beloveds when you are in the place of inner peace you are an emanator. You are always an emanator but when you are in the place of peace you are emanating those frequencies and when more and more of you are emanating the same frequencies you link up you become that frequency in a grander greater empowerment and when you do the earth uses that frequency or the environment or others who might receive that frequency will use it and tune in and enhance it and increase it. So when you have heard it said become what you would be, become what you would have your life be, become what you would have the world be.

This is the manner in which you do it. So in those times when there is fear your wisdom does not often surface when you are fearful. What surfaces are the memories of the cause and

effects that you will tend to go into if you are in that state of fear you will tend to reenact them and it is these tendencies and these reenactments that you God are seeking to repair.

You're seeking to heal them within yourself so that when you have a memory of something it will be an upward spiraling memory. There are in every human being in every dog and every deer in every being that has movement and has a form and a body there are points there are energies there are memories that can be set off. If you have been patted on your shoulder for example many times when you were feeling miserable you will not like somebody patting your shoulder because it takes you to the memory of miserable.

These are anchors in your physical self or muscle memories or stuck emotions. These are what you are clearing out beloveds because you are getting more and more shall we masterful in terms of recognizing a vibration that does not suit you and shifting yourself into one that does. So when you hear the outer world and what the outer world is planning planning this planning that if you have not yet recognized that the outer world is made of the collective of the many who have given their power away to something that has been created external to their being and they let themselves be guided by that.

That is not the way of ascension consciousness. Ascension consciousness is where you recognize you are the creator and if what is out there is not to your loving and your longing and your desire then you must go back within. You must take away the power you have given to the outer world and you must make your decisions yourself.

Even if it feels like you are creating something that is an illusion is that not what life is anyway? Illusion? Go back and recreate. Do it in such a way that it is believable whether you are spending a long time contemplating the cause effects and who does what or whether you're spending a short time. It must be believable and so you would do it from the point of view if God who does not exist except inside of you or have you created but let us say there is a person named God who comes to you and says please change the world.

Then you go within and you do not think of the world as the way it is disturbing you. You go inside your consciousness and you think of the world the way you would choose it to be. This does not make you a dreamer.

This does not make you someone who is out of balance. This does not make you anything less than active conscious wisdom because creation begins within and so does uncreation begins within. So the outer world is showing you your fears.

The outer world is showing you old habits. The outer world is showing you when where and how you gave your power away and in what manner you did it. So if you do not like what you are seeing in the news do not read the news.

If you do not like what you are hearing on television do not listen to the television. You will think to yourself some of you are but this makes me ignorant then I do not know what is going on and I will be surprised and I will be sorry. That is the pattern to clear beloveds.

When you are active within yourself you are aware. You are aware mentally. You are aware emotionally.

You are aware vibrationally. You know. Have you not ever just asked of yourself when you are missing something take me to where it is and then you start wandering and all of a sudden you wind up where it is.

This is how it works beloved. You create by telling yourself how it will be. How it will look.

How it will smell. How it will feel if you need to. That is the best way for uncreating one might say.

But if you look at your outer world as it is now and it brings fear to you you are supporting that fearful illusion. First you must find the reasons within yourself why the outer world feels fearful or why it feels disastrous or why it feels as though the wrong people are in power or why it feels like that can only lead to disaster. You see these are cause effects that are in your consciousness that your higher wisdom is asking you to undo so that it can be a different cause and effect.

It takes effort beloveds. It is not just listen to the council of eight or whomever else you listen to or read and think yes that will work. You must apply yourselves.

You must do the movement of the atoms and molecules in your mind. You must know that you are creating realities. You have done this all of your life but you have thought the outer world was doing it.

Think of anything little recently that you've done that you know you've done and hold on to that feeling of knowing I did that. I know I did that and then build upon it. Whenever there is a shifting of power on a planet there are those who are happy about it and those who are dissatisfied about it.

That is something within yourself to shift and alter. If that is what you are perceiving external to your being then that is the message within. Can you imagine when the world at large changes the reality within themselves that when the power shifts some are happy and some are unhappy and then it causes tension? Can you imagine when that is gone? There will be power shifts and the cause effect will be upward spiraling energies and betterment for all involved.

There will be no fear because the other side has the power as it were. Now we the Council of Eight ask of you what the name of this discourse, this interaction is called. It is called feasting.

We ask you to feast upon those upward spiraling energies to find that joy as it were, to find the happiness, to find the peace, to find the harmony, to find the laughter, to find the joy, to find what gives you the desire emotionally and energetically to exist. Not just exist on earth but to exist. For some of you it will not be the energetic effervescence of life that will be overboard.

For some of you it will be quietude, it will be quiet and going within. There are many different ways to feast on love and light and energy and upward spiraling energies. For some of you feasting would mean that you listen all over again to the grand secrets of spiritual mysteries or perhaps most specifically the monad as it were which was one of the

vibrational grand secrets and listen to it often so that you are filled with that knowledge and that energy.

That would be feasting. Perhaps you have salt-fed geocodes or favorite dances that take you into realms of an ecstasy of sort and that would be feasting. Because if all of you beloveds began feasting on that which uplifts you, you will then emanate it and if you emanate it those around you will want to feast on what you are feasting upon or they will want to learn how to feast.

Because feasting is not just with food and drink. Feasting is vibrational and when you allow yourself vibrational feasting you feed your body and all the organs within it. You feed your emotions and cleanse and purify their beauty.

You feed your vibrational body which is often ignored in the world of feasting. Oftentimes in feasting in your culture the physical body is the one that participates in the feasting and then often regrets it. So this will be something to clear out of your consciousness that when you feast you overdo and then you are miserable and then you regret it.

Because when that is no longer your truth that feasting causes sleep or a heavy stomach as it were, when that is no longer your truth you will find yourself wanting to feast upon the vibrations that uplift you, that bring you harmony and vitality, that emanate from you so that others want them also and you will notice they fill you and they fulfill you. And you will eat less because you are feasting more on that which feeds all seven of your bodies. You are feasting on the invisible and yet you may see it.

You are feasting on that which is tasteless yet you might taste it. You are feasting on that which does not have arms to hold you yet you will feel it. Feasting is not something you can overdo in the world of vibrational ascension consciousness journeys because you are spiraling upward, upwards and upwards leaving behind only what you are ready to leave behind.

Take a deep and gentle breath beloveds. Own this truth in this moment. You have for many years now joined in with the council of eight, some of you regularly for once a week and feasted on the energies we have shared with you and the wisdom we have shared with you and some of you record it and listen to it over and over and continue the feast and wait readily for the next week's feast.

We say to you even in your consciousness there is the idea that the feast ends when we leave the stage as it were and that while you can listen to the recording it is just not quite the same because it is not new information perhaps or because it has already been given or been delivered as it were. Check yourselves beloveds for what ways you may limit yourself in the experience of feasting on the spiritual that uplifts you and will take you into realms you have not yet even entered and if you so desire we will be there on that path along with you. Namaste beloveds to the heart the mind and the soul of your being.

May you feast and glorify the energies that you are. So be it.

Transcribed by [TurboScribe.ai](#). [Go Unlimited](#) to remove this message.