

Content Brief for [can you take tylenol and ibuprofen together]

- **Prepared by:** K Health
- **Country:** United States
- **Date:** 2021/10/11
- **Brief Workflow:**
<https://app.contentharmony.com/l/4ed4a80c0e98574cc7f5918aa977be10/intent>

SERP Overview

US Search Volume	Primary Intent	Average Words / Reading Level	Content Difficulty	Link Difficulty	Domain Difficulty
14,800 CPC: \$6.47	Research	1,327 College	12	26	72

Content Overview

Suggested Title Tag, Headings, & Social Media Titles

- Please refer to our [Style Guide](#)
- Use a friendly, approachable but professional tone
- Try to include as many keywords and topics as possible but if they don't all fit in naturally, that's okay
- Link to reputable sources for stats/data (more info in style guide on sites not to link to)

Article Title (H1): Taking Acetaminophen and Ibuprofen Together

SEO Title: Can You Take Tylenol and Ibuprofen Together? Dosage and More

What is this content about?

Structure (H2s):

- Introduction
- Maximum Acetaminophen and Ibuprofen Dosage
 - (H3) Acetaminophen Dosage

- (H3) Ibuprofen Dosage
- Taking Acetaminophen and Ibuprofen at the Same Time
 - (H3) Is it safe? Why?
 - (H3) Other OTC Pain Relievers
- Side Effects of Acetaminophen and Ibuprofen
 - (H3) Acetaminophen Side Effects
 - (H3) Ibuprofen Side Effects
 - (H3) When Taken Together
- How To Know if You've Taken Too Much
 - (H3) Overdose Symptoms
- When to See a Doctor
- How K Health Can Help

Highlighted Topics & Phrases

Term	Average Usage:	Competitors Using:
acetaminophen	7 times	85%
ibuprofen	7 times	78%
pain pains	2 times	50%
medications medication	3 times	46%
doctor doctors	3 times	42%
nonsteroidal anti-inflammatory drug nonsteroidal anti-inflammatory drugs	1 time	35%
NSAIDs nsaid	2 times	28%
fever fevers	3 times	25%
children child	3 times	25%
aspirin	2 times	25%

side effects side effect	2 times	25%
pain relievers pain reliever	1 time	21%
body	1 time	21%
studies study	2 times	17%
fever reducer fever reducers	1 time	17%
menstrual cramps	1 time	17%
hours hour	4 times	14%
kidneys kidney	2 times	14%
stomach	2 times	14%
inflammation	2 times	14%
age	2 times	14%

What key questions do readers have that need to be answered?

FAQs (please answer in Q&A format at the end of the article)

- Are there risks of mixing Tylenol and Advil?
- Can taking ibuprofen and acetaminophen together make you feel worse than before?
- Is ibuprofen or acetaminophen more effective for treating pain?

Highlighted Questions

Suggested content formats or other required elements:

Please include a list of reputable sources at the end of the article. See [formatting example here](#).

Internal or external linking requirements:

Link to other K related articles, such as:

Highlighted Internal Links

- <https://khealth.com/learn/cold-flu/medication/>
- <https://khealth.com/learn/back-chest-pain/relief/>
- <https://khealth.com/learn/headache/tension/>
- <https://khealth.com/treatment/pediatrics/fever/>

Highlighted .GOV and .EDU Resources

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3374685/>
- <https://www.med.umich.edu/1libr/Surgery/MPOEducation-ManagingPainWithoutOpioids.pdf>
- <https://www.health.harvard.edu/pain/where-to-turn-for-pain-relief-acetaminophen-or-nsaids>

Highlighted Competitors

 Featured Snippet #1 - www.goodrx.com /blog/is-it-safe-to-take-tylenol-acetaminophen-with-advil-or-motrin-ibuprofen/					
Content Score 10	Linking Domains 69	Domain Authority 69	Word Count 761	Grade Level College	Estimated Traffic 12,359
#2 - www.healthline.com /health/acetaminophen-and-ibuprofen					
Content Score 24	Linking Domains 57	Domain Authority 87	Word Count 1,040	Grade Level College	Estimated Traffic 34,917
#3 - www.singlecare.com /blog/ibuprofen-and-acetaminophen/					
Content Score 22	Linking Domains 3	Domain Authority 59	Word Count 1,084	Grade Level College	Estimated Traffic 21,297

Audience & Brand Overview

Who are the primary audiences this content is intended for?

people questioning if they can take ibuprofen and tylenol together

What is our brand's point of view on this topic?

general overview/answer of the question

Metadata

Meta Description

SEO Description:

Wondering if you can take acetaminophen and ibuprofen at the same time? Use K Health's guide to find information on dosage amounts, side effects, and when to see a doctor.

CMS Settings (eg Categories, Tags, Page Templates)

Category: Medication

Recommended Word Count

> 1,300

Miscellaneous Notes

Slug: /learn/medication/can-i-take-ibuprofen-and-acetaminophen-together

Closing:

Did you know you can get affordable primary care with the K Health app?

[Download K](#) to check your symptoms, explore conditions and treatments, and if needed text with a doctor in minutes. K Health's AI-powered app is HIPAA compliant and based on 20 years of clinical data.