

Transition Assessments: Lesson Plan

*Using a Transition Assessment as your classroom activity

MY LIFE GOALS ACTIVITY

Materials Needed:

[My Life Goals worksheet](#)

Highlighters

pen/pencil

Small whiteboard & markers

1. Conversation with class: brainstorm about your future. What does this mean? Think about:
 - a. Where you want to live
 - b. Where you want to work
 - c. What you want to do for fun
2. My Life Goals worksheet: work independently or with a partner
 - a. Highlight all that you relate to
 - b. Ask your partner about words you don't know
 - c. Circle your top 5 goals. Rank them in order if this works for you.
3. 4 Corners Activity: done once worksheet is complete
 - a. Students should focus on their top 5 goals when doing this activity
 - b. Teacher says what each corner goal is for 4 "corners" of the room. Center of the room is none of the corners. Students move to the corner they have as a goal or relate to most.
 - c. Have a class conversation about who you have similar interests with and ask follow up questions to gather even more information.
4. Give students in the corners time to backwards chain steps to reach this goal.
 - a. Each corner has a small whiteboard and pen to make notes. EX. "Own your home" -what does this look like? What do you need to do to own your own home? How do you even get started?
 - b. Students who are in the center can talk to one another and find a similar goal they share and do the same activity.
5. Teacher: Keep this worksheet! Use it when writing about a student's PINS on the Transition page of IEP.

Notes/Accommodations:

- Chunk this worksheet if it will be overwhelming for some students. Break into 2-4 sections.
- If you have a small class just have 2-3 corners to choose from

- The 4 Corners activity is very versatile and can be used with other Transition Assessment activities and worksheets.