



Scripture M.A.P.S. Process

1. Choose from God's Word a simple, direct command or a direction to follow or avoid. (I've done that for you.)
2. What does it say? Repeat the command/direction to yourself until you know what it says.
3. Meaning/Paraphrase: What does it mean? Write it out in your own words. (Helpful Resource: [Dictionary](#))
4. Action: What am I going to do to respond?
Specific - Measurable - Attainable - Relevant - Time bound
5. Pray: Write out and pray a simple prayer.
6. Story: Tell somebody about the verse, your paraphrase, and your action.

What Are You Thinking?

February 1

Romans 12:2a Christian Standard Bible

Do not be conformed to this age...

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 2

Romans 12:2b Christian Standard Bible

...but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 3

Luke 24:45 Christian Standard Bible

Then he (Jesus) opened their minds to understand the Scriptures.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 4

Luke 12:22 Christian Standard Bible

Then he said to his disciples, “Therefore I tell you, don’t worry about your life, what you will eat; or about the body, what you will wear.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 5

Luke 12:24 Christian Standard Bible

Consider the ravens: They don’t sow or reap; they don’t have a storeroom or a barn; yet God feeds them. Aren’t you worth much more than the birds?

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 6

Luke 12:27 Christian Standard Bible

“Consider how the wildflowers grow: They don’t labor or spin thread. Yet I tell you, not even Solomon in all his splendor was adorned like one of these.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 7

Matthew 6:33 Christian Standard Bible

But seek first the kingdom of God and his righteousness, and all these things will be provided for you.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 8

Colossians 3:1 Christian Standard Bible

So if you have been raised with Christ, seek the things above, where Christ is, seated at the right hand of God.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 9

Colossians 3:2 Christian Standard Bible

Set your minds on things above, not on earthly things.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 10

Romans 8:5 Christian Standard Bible

For those who live according to the flesh have their minds set on the things of the flesh, but those who live according to the Spirit have their minds set on the things of the Spirit.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 11

Romans 8:6 Christian Standard Bible

Now the mindset of the flesh is death, but the mindset of the Spirit is life and peace.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 12

Romans 8:7 Christian Standard Bible

The mindset of the flesh is hostile to God because it does not submit to God's law. Indeed, it is unable to do so.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 13

Romans 6:10-11 Christian Standard Bible

10 For the death he died, he died to sin once for all time; but the life he lives, he lives to God. 11 So, you too consider yourselves dead to sin and alive to God in Christ Jesus.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 14

Hebrews 10:24 English Standard Version

And let us consider how to stir up one another to love and good works,

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 15

Philippians 2:1-2a Christian Standard Bible

If, then, there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, make my joy complete by thinking the same way,...

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 16

Philippians 2:1-2b Christian Standard Bible

If, then, there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, make my joy complete by..., having the same love...

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 17

Philippians 2:1-2c Christian Standard Bible

If, then, there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, make my joy complete by...(being) united in spirit,

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 18

Philippians 2:1-2d Christian Standard Bible

If, then, there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, make my joy complete by... (being) intent on one purpose.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 19

Philippians 2:3 Christian Standard Bible

Do nothing out of selfish ambition or conceit, but in humility consider others as more important than yourselves.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 20

Philippians 2:4 Christian Standard Bible

Everyone should look not to his own interests, but rather to the interests of others.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 21

Philippians 4:6a Christian Standard Bible

Don't worry about anything,...

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 22

Philippians 4:6b-7 Christian Standard Bible

...but in everything, through **prayer** and **petition** with **thanksgiving**, present your requests to God. And the peace of

God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 23

Philippians 4:8a Christian Standard Bible

Finally brothers and sisters, whatever is true, whatever is honorable, whatever is just,—dwell on these things.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 24

Philippians 4:8b Christian Standard Bible

Finally brothers and sisters,... whatever is pure, whatever is lovely,—dwell on these things.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 25

Philippians 4:8c Christian Standard Bible

Finally brothers and sisters,...whatever is commendable—if there is any moral excellence and if there is anything praiseworthy—dwell on these things.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 26

1 Peter 1:13 Christian Standard Bible

Therefore, with your minds ready for action, be sober-minded and set your hope completely on the grace to be brought to you at the revelation of Jesus Christ.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 27

1 Corinthians 3:18 Christian Standard Bible

Let no one deceive himself. If anyone among you thinks he is wise in this age, let him become a fool so that he can become wise.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.

February 28

1 Peter 5:8 Christian Standard Bible

Be sober-minded, be alert. Your adversary the devil is prowling around like a roaring lion, looking for anyone he can devour.

Meaning/Paraphrase:

Action: By God's grace, I will

Prayer: Jesus,

Story: I will share this with _____.