

2027 Quebec Tour Example Ride Sheet

	Mileage	Elevation Gain	Elevation Loss	Net Elevation	Feet of Elevation / Mile
Day 1	32.6	1,830	-891	939	56
Day 2	38.7	1391	-1926	-535	36
Day 3	57.6	2289	-2222	67	40
Day 4	57.4	3076	-3218	-142	54
Day 5	Rest Day			0	
Day 6	56.8	3339	-3305	34	59
Day 7	50.8	2182	-2472	-290	43
Day 8	65.7	1611	-1872	-261	25
Day 9	50.2	635	-530	105	13
Totals	409.8	16,353	-16,353	0	40

Day 1: Saturday, August 22, 2026

We will be leaving at 9:00 am from the [Saint-Jérôme Train Station](#) (right outside ["Vert Vert Cafe Bistro"](#))

- [Map](#) (Day 1), Paved (39%), Unpaved (61%)
- **BREAKFAST:** On Your own
- Mile 8.7: Lesage (shops)
- Mile 15.9: **LUNCH:** Mont-Rolland (["Cafe de la Gare"](#), shops, bike shop)
- Mile 26.6: Val-David (shops, bike shop)
- Mile 31: Food for **DINNER:** ["IGA Supermarket"](#), Sainte-Agathe-Des-Monts
- Mile 32.6: Destination, [Sainte-Agathe-des-Monts Regional Park](#), 224 Av. du Bruant, Sainte-Agathe-des-Monts. 1 819 324 0482

Day 2: Sunday, August 23, 2026

- [Map](#) (Day 2), Paved (98%), Unpaved (2%)
- Mile 1.6: **BREAKFAST:** In camp, or ["Couleur Café Signature"](#), Sainte-Agathe-Des-Monts
- Mile 16.4: ["Cafe Mont Blanc"](#), Mont-Blanc
- Mile 23.2: **LUNCH:** ["Le 900 Tremblant"](#), Mont-Tremblant (shops, bike shop)
- Mile 38.4: Food for **DINNER:** ["Marché Richelieu"](#) (Supermarket), Labelle. (also check out the ["Labelle Pirate Restaurant"](#) at Mile 38.4)
- Mile 38.7: Destination [Iroquois Falls Campground](#), 36 Rue du Camping, Labelle 819.686.2337

Day 3: Monday, August 24, 2026

- [Map](#) (Day 3), Paved (100%), Unpaved 0 miles (0%)
- Mile 12: **BREAKFAST:** In camp, or "Tim Hortons", Riviere-Rouge (shops, supermarket)
- Mile 24.1. Nominigie (shops)

- Mile 34.8: **LUNCH:** ([Casse-Croute Chez Jojo](#), also see [Bistro Tour du Lac](#). Lac-Saguay
- Mile 50.1: Val-Barrette (bathrooms, water)
- Mile 54.3: 3 options for **DINNER** in Lac-Ecorces
 - Mile 54.6: ["Pizza La Fine Pointe"](#)
 - Mile 55: ["Petro-Canada"](#) (convenience store)
 - Mile 55.5: ["Marché Fermier Pitre"](#) (farm to table market)
- Mile 57.6: Destination, [Camping Parc Joan](#) 3148 Mnt des Whissel, Mont-Laurier, 1 819 436 3005

Day 4: Tuesday, August 25, 2026

- [Map](#) (Day 4), Paved (85%), Unpaved (15%)
- Mile 5: **BREAKFAST:** In camp, or ["Tim Hortons"](#), Mont-Laurier, (shops, supermarket)
- Mile 15.6: Highway Turnoff
- Mile 29.9: ["Epicerie Aumond"](#) (convenience store)
- Mile 39.6: **LUNCH:** There are a few options in Maniwaki. Food for **DINNER** and all of Day 5
 - Mile 39.8: ["Maxi Maniwaki Principale"](#) (Supermarket)
 - Mile 40.1: ["Poulet Fritou"](#) (Fried chicken)
 - Mile 40.2: Meet at start of [Veloroute des Draveurs](#)
- Mile 50.6: ["Mini-marché Rock"](#) (convenience store), Messines (easy to miss, on the right)
- Mile 57.4: Destination, [Camping Carpediem](#), 3 Chemin Jonida, Blue Sea, 1 819 334 2653

Day 5 Wednesday, August 26, 2026

Rest Day, [Camping Carpediem](#). There is really no option to acquire food once here. Use Day 4 to stock up. We will have access to refrigerator and full kitchen in lodge

Day 6: Thursday, August 27, 2026

- [Map](#) (Day 6), Paved (35%), Unpaved (65%)
- Mile 9.9: **BREAKFAST:** in Camp or at ["Chez Martin"](#)
- Note route 105 parallels rail trail heading south if trail is too rough
- Mile 34.8 Lew (meeting spot, no services)
- Mile 38.9: **LUNCH:** ["Kingburger"](#), Farrellton
- Mile 49.9: Food for **DINNER:** ["Wakefield General Store"](#)
- Mile 56.8: Destination, [Lac Philippe Campground](#), 180 chemin du lac Philippe, Sainte-Cécile-de-Masham, 1-866-456-301

Day 7: Friday, August 28, 2026

- [Map](#) (Day 7)
- Paved (61%), Unpaved (39%)
- Mile 6.9: **BREAKFAST** in Camp or ["Bluebarn Coffee Roasters"](#), Wakefield
- Mile 22: Obstacle on Trail, can be passed by walking
- Mile 26: Restrooms
- Mile 29.8: **LUNCH:** Chinatown, Ottawa (Canadian Capital)
- Mile 48.6: Food for **DINNER:** ["IGA"](#) (Supermarket) Gatineau

- Mile 50.8: Destination, [Camping Ange-Gardien](#), 671 Chem. Lamarche, L'Ange-Gardien, (819) 968-3402

Day 8: Saturday, August 29, 2026

- [Map](#) (Day 8), Paved (87%), Unpaved (13%)
- Mile 5.8: BREAKFAST: In Camp or "[Resto Bar O'Max](#)", Masson
- Mile 15.5: Thurso (rest stop, shops)
- Mile 32.9: **LUNCH:** "[Resto Pub Le Zouk](#)", Montebello
- Mile 51.1: Food for **DINNER:** [IGA](#) (Supermarket), Grenville
- Mile 65.2: Destination, [Carillon Park Municipal Campground](#), Rue du Plein Air, Argenteuil, 1 450 537 1919

Day 9: Sunday, August 30, 2026

- [Map](#) (Day 9)
- Paved(97%), Unpaved (3%)
- Mile 2.7: "[Crevier - Station Service](#)" (coffee, convenience store)
- Mile 12.6: **BREAKFAST** in Camp or "[Restaurants A 4 Vents](#)" (Cash Only), Sainte-Placide
- Mile 17.9: "[Marche Saint-Benout](#)" (Convenience Store)
- Mile: 26: **LUNCH:** "[Subway](#)", and other shops. Saint-Augustin
- Mile 49.2: Final Destination, [St Jerome Train Station](#)