

## October 1, 2025 CSR Talking Points



- ☐ We want to ensure we have the **most up-to-date personal email addresses** for all of our school sites. This will help us share important updates from both the provincial and local levels as they become available. [Please take a moment to complete this form](#) if you haven't already done so or have spoken with your CSR.
- ☐ An additional 350 **lawn signs** arrived today (October 1) at Beaumont Composite High School. You're welcome to pick some up at the following times and locations:

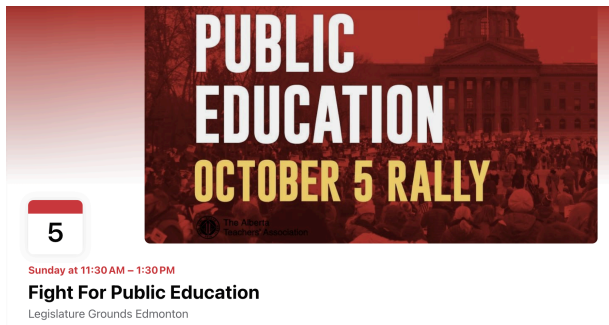


Thursday, October 2

- **Beaumont Composite High School** – 3:30–4:30 p.m.  
(front office area)
- **Leduc Composite High School** – 3:30–4:30 p.m.  
(foyer near the MacLab, large glass area)

- ☐ **600 vinyl stickers** have been ordered (similar to bumper stickers), but they have not yet arrived.
- ☐ In preparation for the rally on Sunday, there is a **sign-making opportunity at Barnett House** on Saturday, October 4th, from 9am to 3pm. All supplies will be provided.





☐ There is a **rally at the legislature** that will begin on at 11:30am on Sunday, October 5th - World Teachers' Day! **\*We cannot provide buses - two companies couldn't find drivers. Sorry!**

☐ If you plan to attend the rally you can find us at the Legislative grounds on the west side of the long pool (when facing the legislature, we will be on the right). If you were at the rally a couple of years ago, we will try to be in the same spot. **Look for BGLT8 feather flag.**

☐ If you're not already following us on Instagram, find us at **@atalocal8** for frequent updates and quick announcements.

☐ As we move through this period of uncertainty, **our local's priority is to ensure our members are supported and doing well.** To help us stay connected, we'll be gathering every Thursday at Devon Voyageur Park (free parking outside of the June 20–Sept 30 paid season). At these meet-ups, we'll provide hotdogs, light snacks, and beverages. For our first gathering on October 9, from 11 am to 1 pm, there will also be three draws to win a turkey dinner with all the fixings for Thanksgiving!



**\*\*\*In order to help the local buy and prepare sufficient food (for you, your kids), if you plan on attending, could you please fill out this [form](#).**

Our plan is to keep it simple—same time (11am - 1pm), same place (Devon's Voyageur Park) each week—with lunch provided and a chance for us to come together, connect, and support one another.

☐ If this isn't the kind of support you're hoping for, Edmonton Public and Edmonton Catholic will have a "strike post" at Barnett House from 8am to 3pm daily, should you wish to make your way there.

- ☐ **Your well-being matters.** With our benefits covered through ATA Barnett House, we encourage you to take time to care for yourself—whether that’s a massage, a visit with your psychologist, or any other care that supports your health and peace of mind. If there is something you would like for the local to do to support your well-being, let us know how we can step up.



- ☐ While we are on strike—something completely outside of our control, as negotiations rest with the CTBC and TEBA—consider using this unexpected time to create a personal “bucket list.” Think of it as a chance to do the things that busy workdays don’t usually allow. Some ideas could include:
- Meet up with friends or family you don’t often get to see
  - Dive into a book you’ve always wanted to read
  - Go to a matinee - when was the last time you got to do that?
  - Explore free or inexpensive local attractions like Elk Island Park or Miquelon Lake
  - Host a garage sale with friends or colleagues—clear out items you no longer need, enjoy some good company, and maybe even make a few extra dollars in the process.
  - Plan a potluck with friends or colleagues
  - Go for a hike, walk, or bike ride in your community
  - Pick up a hobby you’ve put aside

This isn’t meant to downplay the seriousness of the strike or the emotional uncertainty it brings. But by focusing—even briefly—on what you can do for yourself, you may find it supports your well-being and helps you navigate this next phase of job action. Even in this uncertain time, it’s important to find moments of connection, joy, and rest.

- ☐ For all of your striking dos and don’ts, please consult the ATA website.

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- ☐ If you have questions or concerns, please reach out to Kim St.Andre, president at [president.ata8@gmail.com](mailto:president.ata8@gmail.com) or you can call or text her at 780-934-2053.
- ☐ Remember: if something doesn’t seem right, about whatever issue related to your work or wellbeing, contact Barnett House for guidance and advice at 780-447-9400.