

## Coach and Trainer Reminders

Hello Coaches,

As we are about to begin our regular season, please see the following below regarding VSC, Hockey Canada Course Reimbursements, ice and dressing room safety, Practices, Game Play and Dofasco's Zero Tolerance Policy

### Vulnerable Sector Checks, Courses

A reminder that all coaches and trainers will need to use the OHF portal to sign the online Annual Declaration Form, even if they do not need to upload a new VSC. Without this form signed, we cannot add you to a team roster

[https://forms.microsoft.com/Pages/ResponsePage.aspx?id=s88\\_mthsgUGOi8KxPBphVRNFN0\\_ZyflGmRel6w2hk6NUOUowVjgyRVI5R0hMUjUzMUVLMU5WTVc2OS4u](https://forms.microsoft.com/Pages/ResponsePage.aspx?id=s88_mthsgUGOi8KxPBphVRNFN0_ZyflGmRel6w2hk6NUOUowVjgyRVI5R0hMUjUzMUVLMU5WTVc2OS4u)

[https://dofascominorhockey.com/Pages/2733/Vulnerable\\_Sector\\_Checks/](https://dofascominorhockey.com/Pages/2733/Vulnerable_Sector_Checks/)

All Coaches and trainers will need to complete the Gender ID, Respect In Sport Activity Leader, and Head Coaches will need to complete the Coach 1, Coach 2 or Checking Courses depending on the age division. Trainers will need the HTCP Trainer course and take a refresher course after 3 seasons. See our Coach page for all requirements and links to the course

[https://dofascominorhockey.com/Pages/2220/Coach\\_Information/](https://dofascominorhockey.com/Pages/2220/Coach_Information/)

If you have already completed it this season, or in previous season, thank you very much!

### Hockey Canada Course Reimbursement

An email will be sent by late October to all coaches and trainers with instructions on fee reimbursement for any courses taken during the 2025-2026 season, if they choose to.

### Change Room Policies

- Photos / Videos are not allowed in the dressing rooms. This is a Dofasco Rec Park and Hockey Canada policy and could result in a suspension.
- Please follow the rule of two – Two coaches must be present in the dressing room, or have the door open with a coach in the doorway to monitor any inappropriate activity.
- Some teams may have girls or other players that choose to use another dressing room. Team talks should not commence until all players arrive in the main dressing room. All players must be dressed appropriately during this time
- For more on the dressing room policy see this link:  
<https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Downloads/dressing-room-policy-e.pdf>
- Due to the size of our change rooms, you may request that only one parent / guardian per player at a time to help dress your child.

### Ice Safety

- No one (players or coaches) can be on the bench while the Zamboni is on the ice.

- No one is allowed on the Ice while the Red Light is flashing. Do not throw pucks on the ice either.
- All players must keep their helmet with cage on at all times while on the ice or the bench.
- Parents (non coaches) are not allowed on the ice or the bench while a game or practice is active. If a parent needs to talk to their child, or adjust their equipment, this needs to be done outside of the bench.
- If anyone under the age of 18 is helping on the bench during a game, a helmet with cage is required to be worn.
- Coaches will need a helmet on the ice at all times. Hockey gloves are recommended.
- For younger ages divisions, we do allow minors (people under the age of U18) to be ice helpers. Please let us know if this is the case as we need add them to the roster for insurance purposes

### Drill Hub / Practice Ideas

You can use the Hockey Canada Drill Hub for Practice ideas found on our website, or click here

<https://www.hockeycanada.ca/en-ca/hockey-programs/drill-hub>

Please begin to wrap up practice a few minutes before the scheduled end time. It will take a while to gather pucks and have the kids vacate the ice. The Rec Park ice staff is very strict about keeping on schedule.

### Game Play

- A reminder that all players are to play an equal amount of time. We realize that it's impossible for exact equal amount of minutes in hockey. There is no bench shortening, or intentionally short shifting certain players allowed during a game, All players should be given an equal amount of game starts by the end of the season.
- Please report if any player that has received a game misconduct or match penalty to the division convenor, and to the Select coach (if they are on that team). Here is the link to the OHF suspension list

<https://www.ohf.on.ca/media/phnbtt20/2025-26-minor-hockey-minimum-suspension-list-final.pdf>

### Zero Tolerance Policy

And finally, we need to all remember that we are a House League organization and we aim to provide a fun, safe and enjoyable environment for all players and their families. We need to act responsibly to our players, their parents / guardians, and to referees and other officials. We have the same expectations from players and their families and fans, and if you experience any instances of abuse or inappropriate behavior, please report it to us and to the Rec Park staff immediately.

Dofasco Zero Tolerance Policy:

<https://dofascorecpark.arcelormittal.com/wp-content/uploads/2023/10/Final-Zero-Tolerance-of-Violence-Code-of-Behaviour.pdf>

We hope you have a fun season!

Thank you

Dofasco Minor Hockey