

Root cause analysis

What did I do wrong:

I didn't deliver enough results to clients

How it happened:

- By combining these things:
 1. I didn't use information from The Real World enough
 2. I misunderstood the situation with my client = I tried to help him with something he didn't need help with
 3. I swallowed the information
 4. I was neglecting sleep... to achieve at least something but it turned out that it only dragged me down more and more
- As a result of all this, I began to doubt myself and this led to total burnout

What is the lesson from it:

1. It's better to admit that you screwed up that day than to try to finish it when you're supposed to be sleeping and the next day you screwed up even more!
2. Ignoring the problem is not solving the problem!
3. Sometimes it's better to take a step back than to take five steps beyond the limit and fall back to square one!
4. Do actions during the learning process and in general whenever you can!
5. Don't doubt yourself in life. You are trying to do something that others have already done and if they can do it, you can do it too!

What do I need to do to fix this and move forward:

1. I have to set time limits for tasks, so if I don't make it in the time limit, I know I screwed up and I have to do it faster. I also won't try to catch up when I should be doing something else
2. I must not ignore my problems, I must understand them and solve them
3. I have to analyze what I am doing wrong and I have to fix it
4. When I learn something, I have to put it into action immediately = Spend more time doing action than learning
5. Never doubt yourself - As long as you believe, GOD is with you and he won't let you down unless you give him a reason or he knows you can survive