Tab 2

Contacts						
≗ Name	Tτ Email	Tτ Phone	Tr Location			
≗ Person						
≗ Person						
≗ Person						

Applicants							
Name	Tr Email	Tr Phone	Tr Social	Resume	⊙ Stage		
≗ Person				□ File	New -		
≗ Person				□ File	Under rev		
≗ Person				□ File	Interviewing •		
≗ Person				D File	Offer stage •		

Tab 1

Stay connected with Indivisible Tacoma's Linktree

EVERYDAY ACTIONS ANYONE CAN TAKE

Help improve this list!

Email comments and suggestions to indivisible tacomachapter@gmail.com

FIRST and MOST IMPORTANT: CONTACT YOUR ELECTED OFFICIALS

We elect them to work for us. They need to hear from us.

How to connect with our state and federal lawmakers:

- Go to https://indivisibletacoma.net/lobbying/ for contact information for our elected officials and to sign up for the Take Action Network (TAN)
- **Visit** https://5calls.org/ "5 Calls", which is the easiest and most effective way for U.S. constituents to make a political impact.
- Contact Washington State Governor Bob Ferguson: Urge him to support revenue increase to meet state budget shortfalls, not make draconian cuts that will weaken our state and harm vulnerable communities

Office of the Governor PO Box 40002 Olympia, WA 98504-0002 Call **360-902-4111**

Attend City & County Council Meetings

CONSUMER CHOICES

- STEER AWAY FROM Amazon, Home Depot, Hobby Lobby, Chick-fil-A, Target, Starbucks, Trader Joe's
- INSTEAD LOOK FOR Black-owned, immigrant-owned, woman-owned, BIPOC-owned, employee-owned stores like WINCO or co-ops like Central Coop or PCC Markets, But <u>not</u> REI (union-busting, green-washing)
- BUY LOCAL like Campfire Coffee, Howdy Bagel, Beware Coffee, Luxe Coffee, Red Elm Café
- Support local artists, and musicians OX Tacoma Night Market; Buy secondhand clothes and books, Eat less meat
- Buy EV cars but NOT Tesla; install solar panels; plant a drought-resistant yard
- Credo Mobile and Delta Airlines may be the preferred choices for mobile and airline use.

FOLLOW THE MONEY: understanding money in politics makes you a better consumer.

- https://www.goodsuniteus.com/
- https://americandemocracyscorecard.org

- https://accountable.us/projects/corporate-donations-tracker/
- https://intentionalist.com/
- https://www.opensecrets.org/

FINANCIAL RECOMMENDATIONS

- credit unions; you do not need to be an empl
- Bank withoyee to participate in credit unions such as BECU or WSECU.
- Drop Citi Bank, Bank of America, Chase, Wells Fargo, BNY Mellon, and others.
- Be aware of corporate stances on issues such as support for fossil fuels and dropping DEI programs. If you are a Costco Member using their Citi Visa Card, you can set it up with Membership to upset the another Visa bank.
- **Invest** in socially responsible mutual funds (i.e., Calvert) or individual stocks in companies that align with your values; ask to see the Morningstar Report for a deeper understanding.

NEWS & INFORMATION RECOMMENDATIONS

- Watch Rachel Maddow and critical anchors on MSNBC. Protest Joy Reid being fired and canceling Alex Wagner & Ayman Mohyeldin.
- Avoid Sinclair TV affiliates like KOMO.
- Look for independent media like NPR KNKX, KOUW, KBTC Tacoma, KBCS Bellevue, Radio Tacoma 101.9 PBS
- Meidas Touch <u>MeidasTouch News</u>
- Free Speech TV, Democracy Forward
- SiriusXM Progressive Voices Channel
- ProPublica, Mother Jones, Wired, Atlantic, The Nation, CS Monitor, Sojourners
- https://.choosedemocracyus/
- **Substack**: Heather Cox Richardson, We the People Dissent, Chop Wood Carry Water, The Bulwark (Jonathon V Last, William Kristol), Amy Siskind, Timothy Snyder, Ezra Levin, John Pavlovitz, Joyce White Vance, Adam Kinziger, Robert Reich, The Contrarian
 - Podcasts: Justice Matters/Glenn Kirshner, Mueller She Wrote, Politics Girl, On The Media, Democracy Now, The Ezra Klein Show, NY Times Daily, The Bulwark – Tim Miller, George Conway Explains it All to Sarah Longwell, Strict Scrutiny, Assembly Required, Pod Save the World, Pod Save America, Pivot, On with Kara Swisher
 - Shop local bookstores: Kings Books, Hi-Voltage Books, and music, Grit City Books.
 - Audio Books: Avoid Audible; use the Libby app for access to your local library
 - **Social Media: Avoid** X/Twitter; be conscious of your usage of Meta products (FB, Instagram, Threads). Consider switching to Blue Sky (Follow Indivisible Tacoma)
 - **General Internet/Communications:** Signal and Firefox are not owned by billionaires; use Duck Duck Go instead of Google as your search engine

OTHER RECOMMENDATIONS

- **Fight disinformation:** News Literacy Project https://newslit.org/, snopes.com, Fact Check https://www.factcheck.org, Indivisible Truth Brigade https://indivisible.org/campaign/truth-brigade
- Talk to people! Many still do not know about Project 2025, the Musk hack of the US Treasury, etc.

- **Build Coalitions with Other Groups:** Evergreen Resistance; other Indivisible chapters; La Resistencia, ACLU, WA Wildlife First, Legacy Forest Defense Coalition, Lambda Legal.
- Write Postcards with Women's Think Tank Tacoma, 10-12 Fridays at Central Co-op, Tacoma
- Reach out to people you know in law enforcement and the military who may need quiet support.
- **Support local mutual aid networks:** Look for those that support those most impacted by the Trump administration and budget shortfalls: immigrants, children, unhoused, veterans and LGBTQIA+.