

Labor and Delivery Night Shift:

****ALWAYS INTRODUCE YOURSELF TO ALL THREE ATTENDINGS WHEN YOU ARRIVE, ASK THEM TO MAKE A PLAN WITH YOU FOR THE NIGHT****

- Ask if they want you to do cervical exams on the patients at particular times.
- Ask how they would like for you to present triages overnight.

#1) Triaging Patients

- When you arrive introduce yourself to the midwife on overnight.
- Discuss what the plan will be for the night, whether they prefer to alternate triages, schedule any breaks

#2) Consult Pages

- Overnight you are responsible for the consult pager. Ask the GREEN attending how they would like for you to see the consults
 - o Would the attending like you to run the page by them before you see the patient?
 - o Ask them how to access the beta list and if there are any patients you need to follow up for them.
- Be sure to let the charge nurse know if you leave the floor to see a consult.

#3) Post Op Day 3 Patients

- You are responsible for setting up the discharge summary, prescriptions and post op day 3 note for the patients leaving in the morning.

- o Discharge Summary

Usually the GREEN resident the day prior will have this set up. Make sure you leave guidelines for follow-up appointments and the number to L&D if they have any questions.

Prescriptions (confirm with GREEN attending):

- Ask the attending what pain medications they would like you to prescribe. Usually 5 days of Percocet and 10 days of ibuprofen

- Ask the patient if they need a prescription for a breast pump
- Ask the patient if they need a prescription for OCPs
- Discharge all patients with prenatal vitamins, iron (if Hb <11), and Colace