Contact Improvisation Fundamentals Intensive at Dreaming Stone
Sept 10 - 13, 2026

Website Event Page - ~~Facebook Event - Please share with your friends!~~

We ask that everyone read and agree to our COVID policy found here.

Below, you will find

- Schedule
- Accommodations
- Travel Logistics
- Event Information:
- Teacher's Bios
- Additional Resources

SCHEDULE (SUBJECT TO MINOR CHANGES):

Thursday

- 3-6pm Arrival
- Opportunity for a tour of the land
- 6 - Dinner
- 7:30-9pm - Intro session

Friday

- 8 Breakfast
- 9:30am-12 Morning Session
- 12-3pm Lunch/Break - optional activities
- 3-5:30pm Afternoon Session
- 6 Dinner
- 7:30-9:30pm Structured Jam

Saturday

- 8 Breakfast
- 9:30am-12pm Morning Session
- 12-3pm Lunch/Break - optional activities
- 3-5:30pm Afternoon Session
- 6 Dinner
- 8-10pm Open Jam with Guided Warm up

Sunday

- 8:30 Breakfast
- 10am-1pm Morning Session and closing circle

- 1-2pm Lunch
- 1:30-4pm - Goodbyes and Departure

Dreaming Stone Accommodations:

For photos of accommodations, please visit.
To Book Accomodations, please visit here.

CAMPING: All campers have access to the Mothership's community kitchen and bathroom with 4 compost toilets, 3 showers & 1 bath. You may camp nearby or take a 7-minute walk down near the river. If you choose to camp, you'll need to provide all of your equipment and bedding.

ON-SITE ACCOMMODATIONS: Options are available, unless they are marked through

The guest bedrooms in the Mothership are on the bower floor and provide access to shared toilets and showers. They are pleasant, spacious rooms with comfortable mattresses. The following options include:

- ~~A twin bed in a shared room - $50 per night~~ BOOKED
- ~~A double bed in a shared room - $50 per night~~ BOOKED
- ~~A queen bed in a private room - $100 per night~~ BOOKED

~~**The School Bus Camper**~~ is a quaint 23' long converted school bus with a comfortable queen-size bed, breakfast nook, foot pump sink, mini fridge, and compost toilet. Fans are provided for climate control. This dwelling is a 100-yard walk to the Mothership, where you can access utilities (bathroom and showers). $35 per night- BOOKED

The Dome is available for this event and includes a queen-sized bed and a twin bed in a loft, a sink, a fridge, a coffee maker, and a shared living room. This dwelling is a 50-yard walk to the Mothership, where you can access utilities (bathroom and showers). $100 per night- AVAILABLE

~~**The Tiny House**~~ is a custom-built teak-and-pine cabin on wheels, 30 yards from the Mothership. This home features a queen-size bed, a full kitchen with a fridge, and an observation loft looking out into the forest. There are two daybeds in the loft that are comfortable for sleeping. This luxurious space has a mini-split for climate control and running water. $125 per night- BOOKED

~~**The Container Home**~~ is 50 yards from the Mothership. This home features a queen-size bed and a bunk bed. This space has a mini-split for climate control and running water. - ONE REMAINING

- ~~Queen- $50 per bedroom, per night~~ BOOKED
- ~~Bunk Bed- $50 per bedroom, per night~~ BOOKED

Bell Tent near the River – Located about a 10-minute walk from the Mothership, these tents feature a queen-sized bed with all bedding provided. There is no electricity or running water, and the tent is not climate-controlled. Guests have access to the Mothership's shared bathrooms, showers, and community kitchen.

- The Bell Tents are $40 per night- ONE REMAINING

~~**Bell Tent near the Mothership** –~~ Located just 30–50 yards from the Mothership, these tents feature a queen-sized bed with all bedding provided, along with electricity, lights, and a fan. They are not climate-controlled and do not have running water. Guests have convenient access to the Mothership's shared bathrooms, showers, and community kitchen.

- ~~The Bell Tents are $40 per night~~- FULLY BOOKED, NO LONGER AVAILABLE

Airbnb & Vrbo options in proximity:
The Preserve at Maple Creek (11 miles away)
Piney Knob Cabin (13 miles away)
*** There are many other options if you search Rutherfordton, NC, or Mill Springs, NC

Fancy Local Accommodations:
The Firehouse Inn, Washington Street, Rutherfordton
Carrier Houses B&B, Main Street, Rutherfordton

Travel to Dreaming Stone

Driving to Dreaming Stone is easy. Our address is **382 Pleasant Hill Rd. Rutherfordton, NC 28139**

Regional airports in our vicinity include:

- Charlotte Douglas International Airport (CLT) - 69 miles, 1 hr 15min away
- Asheville Regional Airport (AVL) - 42 miles, 45 min away
- Greenville Spartanburg Airport (GSP) - 53 miles, 53 min away

Because there are no local shuttle services between Rutherfordton and regional airports, ferrying to an airport requires coordinated rideshares. We will provide communication and tools to help participants organize rideshares as the event approaches.

Event Information

WORK-TRADE AND ACCESSIBILITY:

- It is possible to set up a monthly payment, provided the full registration costs are covered by the start of the event.

- We are offering a sliding scale pricing system to facilitate accessibility. Please pay the highest amount you can afford. We are limiting the number of registrations at the lowest tier, so please pay the suggested if you are able to.
- There is work-trade available for:
    - Extra kitchen support and facilities clean up at $15/hour.
- Lastly, we are offering a limited number of partial scholarships; the application can be found here. Scholarships are given on a rolling basis as funds allow, and priority will be given to those who belong to groups that have been, or are currently, systemically marginalized, racialized, or underserved.

Please contact Aliza at info@dreamingstone.org with questions or to express your interest in a work trade or a monthly payment plan.

Teacher's Bios

TONI CRAIGE

Toni started practicing Contact Improvisation in 2006 and has been teaching regularly in the Triangle-area of North Carolina since 2012. She is dedicated to her work co-directing Living Art's Collective's Contact Improvisation and Somatics Program in Durham, NC, which serves over 80 students/week, generating opportunities for deep collaborative practice and personal and community evolution. As a contact dancer and teacher, she is most influenced by Nancy Stark Smith, Alicia Grayson, the Axis Syllabus, and her cherished dance partners in Durham, NC! She completed her MFA in Choreography and Performance at Smith College in 2020, her Masters in Clinical Mental Health Counseling at NCSU in 2016, and her BA in Dance at Wesleyan University in 2009.

Toni works with clients 1:1 as a BODYWORK + MOVEMENT THERAPIST and SOMATIC COACH, specializing in individuals who struggle with physical pain, feel that it may be connected to current or past stressful experiences, and are looking for a holistic path towards pain relief and emotional healing. As a DANCE TEACHER she builds individual and community resilience through group movement classes. Her background as a DANCE ARTIST infuses all of her work with an appreciation for beauty, imagination, deep feeling, and creativity.

Tonicraige.com

Tevyn East

Tevyn East graduated from Hollins University with a degree in dance and has taught, performed, and produced work around the country. She collaborated on 6 evening-length immersive dance theater productions with the Zen Monkey Project in Charlottesville, Virginia, in which the audience migrated through a world of movement, story, and image in and among sculpted installation pieces. She later produced, performed, and toured her one-woman show, Leaps and Bounds, a faith rooted tear down of global capitalism, reaching more than 150 audiences

around the country between 2010 and 2012. Then, Tevyn directed the Carnival de Resistance- a traveling art carnival, village, and school for cultural transformation, that had 7 residencies in different locations around the country between 2013 and 2018.

Tevyn had the privilege of studying Contact Improvisation with Nancy Stark Smith for over 200 hours and has more than 25 years of practice. She has studied with many nationally recognized teachers, including Martin Keogh, Lisa Nelson, Brad Stoller, and Karl Frost, and has taught Contact Improvisation in Nevada City, CA, Charlottesville, VA, and Philadelphia, PA. She is now the director of Dreaming Stone Arts and Ecology Center is and is overjoyed to host CI events in this space.