

SAN RAMON VALLEY UNIFIED SCHOOL DISTRICT 699 Old Orchard Dr. Danville, CA 94526 Educational Services (925) 552-5500

Children and Youth Behavioral Health Initiative (CYBHI)

Dear Parent/Guardian.

In the Budget Act of 2021, California launched the Children and Youth Behavioral Initiative (CYBHI). This program focuses on enhancing the physical and behavioral well-being of all students by increasing intervention and prevention services at school, where students spend the majority of their time.

This new law requires school districts to partner with health service providers, including Medi-Cal and private insurance, to support social and emotional health services for students. As a result, districts can now receive reimbursement for physical and behavioral health services provided to students during the school day.

These services are free for families—no copays or deductibles are required.

CYBHI requires health insurers to reimburse school districts for a range of supports provided to students under the age of 26, including:

- Social-emotional lessons in the classroom
- Behavioral health screenings
- Teen Mental Health First Aid for all 10th graders
- Substance use screening and counseling
- Individual and group counseling for topics such as friendship/social skills, executive functioning, anxiety, grief, etc.

This presents a significant opportunity for San Ramon Valley Unified School District (SRVUSD) as we navigate budget constraints by receiving reimbursement for existing services like screening, assessments, and mental health supports.

What This Means for Families

Beginning Summer 2025, families will be asked to provide their child's health insurance or Medi-Cal information during the Annual Update process and when enrolling new students. This step is critical—it enables SRVUSD to access funding that supports the health and well-being of our students.

Looking Ahead

In Fall 2025, SRVUSD's service providers will be trained on the CYBHI program and the billing procedures necessary to implement it successfully.

For more details, please visit our <u>CYBHI webpage</u> and review this <u>flyer</u>.

If you have any questions, please don't hesitate to contact me at https://new.nguestions.gov/. please don't hesitate to contact me at https://new.nguestions.gov/.

Sincerely,

Dr. Hong Nguyen

Dr. Any Marga

Director of Student Services and Educational Equity