



LAKE FOREST HIGH SCHOOL DISTRICT 115 SPECIAL EDUCATION TRANSITION RESOURCES:

**Referral guide of agency programs,
assistance, and services**





Community High School District 115 Special Education Procedural Handbook

Introduction

The purpose of IDEA is to ensure that all children with disabilities have a free appropriate public education (FAPE) available to them. IDEA emphasizes special education and related services are designed to meet a child's unique needs and prepare them for further education, employment, and independent living. Transition Services are a coordinated set of activities designed within an outcome on improving academic and functional achievement of the child with a disability. This progressive framework will help move an individual from high school to post-school activities, including postsecondary education, employment, and independent living. It's framework is built around a child's individual needs, preferences, and interests and includes instruction, accommodations and related services, community experiences, the development of employment and other post-school adult living skills.

Planning for Adulthood: Getting ready for the planning for adulthood and how families can prepare.

As parents start planning for a child's adulthood it is best to strive for seamless transition of services. Ways of how families can prepare is by following a sequential delivery of specific preparatory and coordinated services that begin in early high school and continue through post-school follow-up supports, with the intended outcome of each student employed in an individualized, integrated job of choice and/or enrolled in postsecondary education prior to school exit (day before they turn 22 years of age).

Under the current WIOA Act, vocational rehabilitation agencies work with schools to ensure pre-employment transition services are being delivered early on. These services include instruction with self-advocacy, work-based learning experiences, counseling in post-secondary opportunities, and workplace readiness training. WIOA may include in-school or after school opportunities, or experience outside the traditional school setting (including internships), that is provided in an integrated environment in the community to the maximum extent possible. Below is a suggested timeline of events when a child with an IEP or 504 turns the age of 14 in the State of Illinois.



Community High School District 115
Special Education Procedural Handbook



Your Transition Journey Checklist

A step by step timeline for planning

Adopted from TrueNorth Educational Cooperative 804's Transition Parent Resource Manual

Age	Checklist	Notes:
Elementary	<p>Work</p> <ul style="list-style-type: none"> <input type="checkbox"/> Introduce the concept of work in everyday activities at home and in the community (i.e. chores) <input type="checkbox"/> Identify different jobs in the community <input type="checkbox"/> Familiarize your child with all different types of careers through reading, conversation and activities in your community <input type="checkbox"/> Explore volunteer opportunities as a family (e.g., Bernie's Book Bank, Feed My Starving Children, etc.) <input type="checkbox"/> Allow your child to be a productive part of the household with appropriate chores and positive reinforcement - https://www.thespruce.com/age-appropriate-chore-charts-1900357 <p>Post-School Education</p> <ul style="list-style-type: none"> <input type="checkbox"/> Develop social skills and self-advocacy skills. Let your child make choices - https://researchautism.org/help-children-learn-how-to-self-advocate/ <input type="checkbox"/> Develop an awareness of his/her disability and the supports needed, as well as his/her strengths and talents - https://www.parentcenterhub.org/awareness/ <p>Living</p> <ul style="list-style-type: none"> <input type="checkbox"/> Develop self-care and daily living skills and routines - https://www.thoughtco.com/self-care-skills-life-skills-for-independent-living-4017424 <input type="checkbox"/> Make your child a productive part of the household, introduce chores and an allowance - https://tacanow.org/family-resources/developing-lifeskills-chores/ <p>Recreational/Leisure</p> <ul style="list-style-type: none"> <input type="checkbox"/> Explore recreation/leisure interests <p>Medical</p> <ul style="list-style-type: none"> <input type="checkbox"/> Consider services through DSCC if needed - https://dscc.uic.edu <input type="checkbox"/> Begin a medical journal, Letter of Intent, and/or behavioral journal (keep updated to distribute to teachers, doctors, inner circle) <p>Financial/Legal</p> <ul style="list-style-type: none"> <input type="checkbox"/> Explore special needs trust - https://jcslaw.com/special-needs-trusts/ <input type="checkbox"/> Complete PUNS survey through CAU. Call (773) 867-4000 to open a case with 	



Community High School District 115 Special Education Procedural Handbook

	<p>CAU. Once opened - Must update annually.</p> <p>Visits:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Transition Resource Center at NSSED District Office <input type="checkbox"/> Special Recreation 	
Middle School	<p>Work</p> <ul style="list-style-type: none"> <input type="checkbox"/> Begin career exploration, watch movies, read books, go to work with adults, etc. <input type="checkbox"/> Support the teacher's efforts to provide job training as a part of the school day and that it is included in the IEP and gradually increase time spent completing job tasks (up to 30 mins) <input type="checkbox"/> Volunteer or participate in community service projects <input type="checkbox"/> Increase responsibilities at home through chores and taking personal responsibility <input type="checkbox"/> Explore and discuss possible interests and hobbies that can relate to future jobs (Pro-Ed Manuals - curriculum manuals for job exploration) <input type="checkbox"/> At age 14, develop a transition plan which includes goals for future employment <p>Post-School Education</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify and emphasize accommodations for support through post secondary school <input type="checkbox"/> Understand learning style and the use of effective learning strategies <p>Living</p> <ul style="list-style-type: none"> <input type="checkbox"/> Parents should participate in parent training (workshops, VISIONS, Monday Morning Series, etc.) <input type="checkbox"/> Develop independent living skills - https://www.understood.org/en/school-learning/choosing-starting-school/leaving-high-school/6-independent-living-skills-kids-need-before-moving-away-from-home <p>Recreational/Leisure</p> <ul style="list-style-type: none"> <input type="checkbox"/> Investigate opportunities through NSSRA www.nssra.org, Center for Enriched Living www.centerforenrichedliving.org and local YMCA www.nsymca.org <p>Medical</p> <ul style="list-style-type: none"> <input type="checkbox"/> Obtain medical alert, if necessary <p>Financial/Legal</p> <ul style="list-style-type: none"> <input type="checkbox"/> Have student attend IEP meetings <input type="checkbox"/> Transition planning for the IEP should begin no later than when the child turns 14.5 years old. Secondary Transition Plan is started and becomes the guiding document for the IEP. <input type="checkbox"/> Explore how funding sources.(e.g., DHS, CAU) and financial assistance programs (e.g., SSA) can benefit you. Asset limit is \$2,000 with a 5 year look-back <input type="checkbox"/> Consider opening an ABLE account - https://savewithable.com/il/home.html <p>Visits:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Transition Resource Center at NSSED District Office <input type="checkbox"/> Agency Tours 	
High School	<p>Work</p> <ul style="list-style-type: none"> <input type="checkbox"/> Discuss vocational support post-school - possible need for continued job coaching and if the family can support <input type="checkbox"/> Discussion of earning work credits toward SSDI and Medicare - 	



Community High School District 115 Special Education Procedural Handbook

<https://www.disability-benefits-help.org/glossary/work-credits>

- ☐ Participate in school-based and community job training and work toward a part-time job
- ☐ Continue career exploration through volunteering or job shadowing
- ☐ Research qualifications of various jobs/careers of interest
- ☐ Develop resume or portfolio
- ☐ Have copies of work-related documents available (Social Security card, birth certificate, state ID)
- ☐ Practice interviewing skills
- ☐ Demonstrate appropriate self-care skills (e.g., hygiene, clothing)
- ☐ Review independence on job or consider need for continued coaching
- ☐ Network with family and friends for potential jobs
- ☐ Explore options with DRS (VR/HSP) - <http://www.dhs.state.il.us/page.aspx?item=29736>

Post-School Education

- ☐ Discuss options for high school graduation
- ☐ Discuss Transition programming
- ☐ Find out the types of education programs options such as certificates, life skills programs, college degrees, etc., including eligibility and admission criteria. Visit programs - review [Choices Booklet](#)

Living

- ☐ Obtain state ID - https://www.cyberdriveillinois.com/publications/pdf_publications/dsd_x164.pdf
- ☐ Consider options for future living. Visit programs
- ☐ Consider transportation options
- ☐ Explore transportation training driver's license training if appropriate
- ☐ Apply for Paratransit - PACE - (312) 663-4357
- ☐ Contact local township to obtain reduced fare card or transite card and subsidized taxi fare
- ☐ Continue to practice daily living skills, e.g., budgeting, shopping, cooking, laundry, grooming, etc.
- ☐ Become informed about sexuality and family planning issues
- ☐ Consider cell phone use

Recreational/Leisure

- ☐ Consider fitness options that can continue into adult life reconsidered
- ☐ Investigate and visit day program options

Medical

- ☐ Identify needed personal assistant or respite service
- ☐ Continue to update Letter of Intent and behavioral data

Financial/Legal

- ☐ IQ TESTING must be done once *before* turning 18 years old. If there is no IQ score prior to 18 years old, it may affect funding.
- ☐ At age 18, apply for Home Services Funding
- ☐ Update transition goals annually
- ☐ Discuss home services and assistive technology
- ☐ Attend information nights that offer information about future planning such as residential, guardianship, employment, and recreational needs
- ☐ Begin exploring adult day programs and learning about waiting lists for adult services. Take time to visit all providers to find the best match. Seek clear information on how adult un-mandated services differ from school services.
- ☐ Explore financial options for future planning or estate planning



Community High School District 115 Special Education Procedural Handbook

	<input type="checkbox"/> Keep a folder of important documents readily available Visits <ul style="list-style-type: none"> <input type="checkbox"/> Transition Resource Center at NSSED District Office <input type="checkbox"/> Agency Tours - Post-Secondary Education and Training programs <input type="checkbox"/> Transition programs and services 	
Transition or Age 18+	<input type="checkbox"/> REVIEW HIGH SCHOOL CHECKLIST Work <ul style="list-style-type: none"> <input type="checkbox"/> Referral to DHS-DRS if appropriate <input type="checkbox"/> Continue vocational training; seek community employment if possible, and discuss necessary supports <input type="checkbox"/> Match career interests and skills with vocational course work and community work experiences <input type="checkbox"/> Determine accommodations needed for employment and post-secondary settings <input type="checkbox"/> Identify long term supports, if needed, on a job site (natural supports, independence) <input type="checkbox"/> Consider working towards SSDI - 6 quarters of paid work before age 24 Post-School Education <ul style="list-style-type: none"> <input type="checkbox"/> Apply to programs of interest; complete placement or entrance exams if necessary <input type="checkbox"/> Complete financial aid application <input type="checkbox"/> Meet with Special Needs Department to request accommodations <input type="checkbox"/> Attend Orientation Living <ul style="list-style-type: none"> <input type="checkbox"/> Register to vote <input type="checkbox"/> Have your student take responsibility for arriving on time to work, appointments and social activities <input type="checkbox"/> Practice budgeting skills and understanding the real cost of living on your own <input type="checkbox"/> Consider and determine the best type of transportation for individual/family, apply for supported if needed Recreational/Leisure <ul style="list-style-type: none"> <input type="checkbox"/> Develop peer group and identify activities to participate in together <input type="checkbox"/> Continue to explore programs though NSSRA, Special Olympics, Equestrian Connections, etc. Medical <ul style="list-style-type: none"> <input type="checkbox"/> Apply for Medicaid (there is a 5 year look-back at assets and a \$2,000 limit. Medicaid is necessary for home-based funding) <input type="checkbox"/> Contact health insurance providers to assure private coverage will continue <input type="checkbox"/> Ensure you have a plan for medical/health coverage <input type="checkbox"/> Have student take responsibility for health care needs such as making appointments, filling and take prescriptions, etc <input type="checkbox"/> Explore adult health providers <input type="checkbox"/> Consider compiling a "Life Book" to assist with the transition to adult providers Financial/Legal <ul style="list-style-type: none"> <input type="checkbox"/> Apply for SSI no sooner than the month student turns 18 <input type="checkbox"/> Learn about work incentive programs through Social Security <input type="checkbox"/> Explore guardianship and power of attorney options <input type="checkbox"/> invite adult services providers to IEP meetings <input type="checkbox"/> Apply to adult service providers 	



Community High School District 115
Special Education Procedural Handbook

	<ul style="list-style-type: none"><input type="checkbox"/> Males register for selective services - sss.gov<input type="checkbox"/> Request CAU case to be opened 6 months prior to student exiting school; begin a Letter of Concern for funding purposes <p>Visits</p> <ul style="list-style-type: none"><input type="checkbox"/> Transition Resource Center at NSSED District Office<input type="checkbox"/> Agency Tours - Post-Secondary Education and Training programs	
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Agencies/Domains

Financial & Legal Supports and Services

Families of a person with a disability can face difficult challenges and require proper guidance for medical, financial and future planning. When taking a candid look at a person's needs, a family should consider if the child has the capacity to make good decisions for, health, financial, and their well-being. This process can be difficult to understand, identify, and measure. Financial & Legal Supports and Services are available in serving the legal and future planning needs for these families so their children and adults with intellectual disabilities, developmental disabilities, and/or mental illness are properly taken care of.

If a family has determined they are requiring financial & legal support and its services, the best approach is to create a map and work toward realistic outcomes for that person's future. This domain is primarily important for determining if a family has started, is in the process of, or done any financial planning. It is also important for calculating how much money they will need for a family member of special needs; and to determine the cost of spending for a child at the age in their life.

The directory of contacts below and within this resource guide can assist families to connect with an appropriate group of people for valued opinions regarding taking Guardianship, creating a Special Needs Trusts or Estate Plan, and accessing Medicaid and Supplemental Security supports. It will help families break it down at an age group from when they are within a school versus when they transition to adulthood.



Community High School District 115 Special Education Procedural Handbook

GUARDIANSHIP & SPECIAL NEEDS TRUST

In Illinois, parents are the natural guardians of their children until they reach the age of 18. Even if your child is developmentally disabled, the law assumes that s/he is mentally competent when s/he reaches 18 and legally, a parent would then have no authority to make decisions on their child's behalf. At age 18, your child will gain the right to make his or her own decisions unless you take legal action. This includes the right to vote, marry, obtain a credit card, consent to medical treatments, make living arrangements, and sign contracts.

A guardianship proceeding allows a court to give someone the authority to make decisions and manage the affairs of a person who, because of a disability, cannot manage his or her own affairs. Shifting rights to young adults who cannot make informed decisions or take responsibility for their choices carries many risks. A parent/guardian may need to take legal action to protect your child if s/he cannot. Guardianship denies an individual the right to freely exercise certain personal liberties; every effort should be made through the use of social counseling services to prevent the need for appointment of guardian.

- Recognize when a decision needs to be made
- Think about possible options
- Understand the consequences of decisions
- Express his or her needs

For some individuals with disabilities, less restrictive options to legal guardianship may provide the protections needed. Examples include a joint bank account to help with spending, Durable Power of Attorney for Healthcare, Living Will or Advance Medical Directive.

For Estate Planning we are looking ahead and deciding who will care for your youth, where he/she will live, and the financial needs he/she will have (includes writing wills and setting up special needs trusts).

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Gene ric Cooperation
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Community High School District 115
Special Education Procedural Handbook

<p>Attorney Robert H. Farley, Jr.</p> 	<p>Attorney Robert H. Farley, Jr. has provided legal representation to individuals with disabilities and their families for over twenty years in support of their rights, entitlements to adult and children's services, special education, the development of customized estate plans and special needs trusts, guardianship, mental illness and public benefits.</p>	<p>630-369-0103</p> <p>1155 S Washington St. Suite 201, Naperville, IL 60540</p> <p>www.farley1.com</p>	<p>Disability-Specific</p>
<p>Attorney Theresa M. Varnet</p> 	<p>Theresa Varnet supports and counsels Special Needs Planning. She is an advocate for families and individuals with disabilities. Her practice areas are specific to Elder Law & Special Needs, as well as, Human Services Provider Representation.</p>	<p>312-220-9112 ex. 212</p> <p>tvarnet@ssvlegal.com</p> <p>www.ssvlegal.com</p>	<p>Generic</p>
<p>Attorney Brian Rubin</p> 	<p>Founder of Rubin Law, practicing attorney for Special Needs Legal & Future Planning. Families can be supported and counseled on Special Needs Trusts, Government Benefit Planning (Medicaid/SSI/Medicare/SSDI), Estate & Estate Tax Planning, Guardianship & Alternatives, Powers of Attorney, Letters of Intent, Navigating the Illinois children & adult services, Estate, Probate & Trust administration, Consulting on Special Needs Family Divorces, and many more matters.</p>	<p>847-279-7999</p> <p>1110 West Lake Cook Road Suite 165, Buffalo Grove, IL 60089</p> <p>www.snfp.net</p>	<p>Disability-Specific</p>
<p>Thomas Clark Law</p> <p>Special Needs Trusts, Wills and Estate Planning</p> 	<p>Thomas Clark provides clients with personal service for Special Needs Trusts, Wills and Estate planning. This law practice helps clients determine what will happen in the event of their death or disability and helps control the undesirable planning with your estate, assets, and health care. In addition, he will help make effective solutions to your estate planning and trust administration needs.</p>	<p>708-990-5374</p> <p>1041 Home Ave., Oak Park, IL 60304</p> <p>http://www.thomasclarklaw.com/contact.php</p>	<p>Disability-Specific</p>



Community High School District 115
Special Education Procedural Handbook

Do it yourself Guardianship 	<p>Families can go to the Lake County Circuit Clerk, and Probate, disabled adult guardianship. The Lake County Legal Self-Help Center provides legal information to Lake County residents about their legal rights and responsibilities, instructions on how to handle common legal problems, assistance with some legal documents and forms, and referrals to free and low-cost legal services.</p> <p>PROCEDURES FOR ESTABLISHING GUARDIANSHIP OF A DISABLED PERSON:</p> <ul style="list-style-type: none">• The disabled person in need of a guardian must be at least 18 years old• Forms (petition) for guardianship are available from this website• One person may be appointed guardian of the estate and another person appointed guardian of the person• A medical report is needed. The report is available from this website• The petition for guardianship must be filed prior to receiving a court date• Court dates are scheduled on Mondays, Tuesdays and Thursdays for attorneys only at 9:00 AM. Friday is for pro se litigants at 9:00 AM.	<p>847-377-3260</p> <p>18 N County Street Waukegan, IL 60085</p> <p>https://www.lakecountycircuitclerk.org/i-want-to/petition-for-guardianship-of-a-minor</p> <p>https://www.lakecountycircuitclerk.org/i-want-to/petition-for-guardianship-of-a-disabled-adult</p> <p>https://onenet.illinois.gov/page.aspx?item=116920</p>	Disability-Specific
Protected Tomorrows 	<p>Protected Tomorrows offers a variety of services for families with special needs individuals, and for those assisting with the care and planning needs of family members and loved ones with special needs. How we can best help you is determined by what role you play in the life of a special needs individual or in the lives of those planning for</p>	<p>866-544-6333</p> <p>103 Schelter Rd #10th, Lincolnshire, IL 60069</p> <p>https://protectedtomorrows.com/</p>	Disability-Specific



Community High School District 115
Special Education Procedural Handbook

	<p>the futures of their loved ones with special needs.</p> <p>Plan a brighter, better future for your loved ones with special needs. Protect the rights and promote the welfare of persons with disabilities.</p>		
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Community High School District 115 Special Education Procedural Handbook

MEDICAID

Medicaid is a government program that provides health coverage to qualified low-income including families and children, pregnant women, the elderly, and people with disabilities. To be eligible, applicants must be a United States citizen or meet certain non-citizen requirements and live within Illinois.

The following are some examples of what Medicaid pays for:

- Hospital care
- Psychiatric care
- Renal dialysis
- Doctor's services
- Prescription drugs
- Care at clinic
- Lab and X-ray services
- Ambulance service
- Pediatric Care

In addition, applicants must meet the following criteria:

- All earned and unearned income as well as assets reviewed when you apply for Medicaid because it is a needs-based program. If you are over the limit, but meet all other requirements, you may be placed in the Medicaid spend down program. Once a person is over 18 years old his/her income is considered.
- Proof of disability, blindness or age. If you are receiving Social Security Income (SSI), this will be accepted as proof that you are blind, disabled or aged.

In addition, parents of significantly disabled students need to consider Medicaid to access:

- The developmentally disabled individual must have Medicaid prior to applying for Supportive Living Services or Residential Options.


• Psychosocial Rehabilitation/Day Treatment: Community mental health agencies have day programs for the psychiatric disabled who are not ready for work.

- Residential Programs: Both developmentally disabled and psychiatric applicants for residential programs are required to have Medicaid.

When you lose Medicaid: Medicaid eligibility is based on many different requirements. Some reasons you could lose Medicaid Coverage: Earning too much, no longer under a certain age, inherit, win or are given assets that change your financial status, failure to report a household change, etc.



Community High School District 115
Special Education Procedural Handbook

DHS Family Community Resource Center in Lake County 	<p>The Illinois Department of Healthcare and Family Services (HFS) is responsible for providing healthcare coverage for adults and children who qualify for Medicaid, and for providing Child Support Services to Help ensure that Illinois children receive financial support from both parents. The All Kids Program offers Illinois uninsured children comprehensive healthcare. The Health Benefits for Workers with Disabilities (HBWD) program allows people who qualify financially, between the ages of 16 and 64, with disabilities to return to work with full Medicaid health care benefits. Other programs/services include the State Renewal program, Home and Community-Based Service Waivers, Health Insurance Portability and Accountability Act, MEDI program, Illinois digital certificate, Supportive Living program, School-based Health Services, and Child Support Services.</p>	<p>2000 N Lewis Ave, Waukegan, IL 60087</p> <p>(847) 336-5212</p> <p>www.dhs.state.il.us</p>	Disability-Specific
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Community High School District 115
Special Education Procedural Handbook

Benefits Boost Benefit Boost, Inc. <small>Benefit Advocacy From the Heart</small>	Applying for government benefits is a time consuming and complicated task. For families who have a loved one with a disability, we know that your time is valuable. At Benefit Boost, Inc. we have the expertise and passion to get the work done for you. Properly navigating and utilizing government benefits such as Social Security Disability, SSI, Medicare and Medicaid can greatly impact the quality of life. In addition, provide information related to Government Services, Financial, & Legal/Guardianship.	847-561-1722 100 S. Saunders Road, Suite 150 Lake Forest, Illinois 60045 www.benefitboost.net	Generic
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SOCIAL SECURITY ADMINISTRATION

Disability under Social Security is based on the inability to work. A person is considered disabled if they are unable to do the work that you did before the disability and it is decided that one cannot adjust to other work because of the medical condition(s). A disability must also last or be expected to last for at least one year or to result in death. The Social Security Administration (SSA) manages two major programs that provide cash benefits based on disability Social Security Disability Insurance and Social Security Income. Social Security Disability Insurance (SSDI): SSDI provides benefits to people with disabilities who are “insured” by workers contributions to the Social Security trust fund. These contributions are the Federal Insurance Contributions Act (FICA) social security tax paid on the earnings of those of their spouse or parents. Title II of the Social Security Act authorizes SSDI benefits. The worker must have worked and paid Social Security taxes for enough years to be covered under SSDI; in addition, some of the taxes must have been paid in recent years. Most high school students have not worked enough to be eligible for SSDI.

Social Security Income (SSI): SSI is a United States government program that provides stipends to low-income people who are either aged 65 or older, blind, or disabled**. Although administered by the Social Security Administration, SSI is funded from the U.S. Treasury general funds, not the Social Security trust fund. For children under 18 years old, the parent income and assets are included. If your child is over 18 years, then only his/her income and assets are included.




Community High School District 115
Special Education Procedural Handbook

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Generic Cooperation
<p>Social Security Administration</p> 	<p>Information regarding disability and Supplemental Security Insurance. Apply for disability benefits online. If already receiving benefits, inquire about Ticket to Work, and additional disability information.</p>	<p>888-320-0960</p> <p>1930 N Lewis Ave, Waukegan, IL 60087</p> <p>www.ssa.gov</p>	<p>Disability-Specific</p>
<p>Family Benefit Solutions</p> 	<p>Case management to assess individual family situations and pursue the appropriate benefit assistance program(s), guiding families through application processes to acquire government benefits such as SSI, Medicaid and food stamps.</p>	<p>847- 279-8506</p> <p>Sherri Schneider</p> <p>1110 W Lake Cook Rd Ste 196, Buffalo Grove, IL 60089</p> <p>www.familybenefitsolutions.com</p>	<p>Disability-Specific</p>
<p>Teri Bodeman</p> 	<p>Benefit Boost serves clients with varying types of disabilities including physical disabilities, mental health conditions, and developmental disabilities, etc. to support families when applying for government benefit programs such as Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), Medicare, and Medicaid.</p>	<p>847- 561-1722</p> <p>100 S. Saunders Road, Suite 150 Lake Forest, Illinois 60045</p> <p>tbodeman@benefitboost.net</p>	<p>Disability - specific</p>



Community High School District 115
Special Education Procedural Handbook

Work Incentives Planning and Assistance (WIPA) 	Assist SSA disability beneficiaries with information about work incentives, benefits planning, and career development. WIPAs are authorized to serve all SSA beneficiaries with disabilities including transition-to-work aged youth, providing benefits planning and assistance services on request as resources permit.	866-968-7842 https://abe.illinois.gov/abe/access/	Disability-Specific
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Community High School District 115 Special Education Procedural Handbook

EXTENSIVE SUPPORTS & DEVELOPMENTAL DISABILITIES

Extensive Supports & Developmental Disabilities provide services support for the purpose of “ensuring the prevention and treatment of mental illness, developmental disabilities, and substance abuse by identifying, planning, coordinating, fostering development, and contracting for quality services for all citizens of Lake County.”

This domain holds significance for adults with severe disabilities to gain appropriate community-based and Home-based services. These services are established through state & federal funded Medicaid waivers to be eligible for community services such as residential and employment-based programs. (i.e PUNS) An individual with a disability requiring constant supervision and support should have the option to remain at home with their family not institutionalized. If the individual has the ability to remain in the home and receive the best care to maintain their quality of life an institution or medical care facility can be avoided. This also gives the individual and advocate and manage services by making decisions for the best care available.

The first step in this process is connecting with the Independent Service Coordination Agency (ISC), which is Community Alternatives Unlimited (CAU). A case manager will give and a pre-screening assessment will determine eligibility to receive these services.

Home Based Services (HBS) is one option available to children and adults with intellectual and developmental disabilities. Examples of extensive HBS support are Respite care. Respite care involves short-term temporary care of a child or adult with a disability to provide a short break from caregiving to families. Respite care may be provided relief to families who have children and/or adults with cognitive, developmental, emotional or physical disabilities.

There are two ways that this program can be utilized:


In-Home Care Funds includes the use of a voucher system where the parent or legal guardian chooses their own respite caregiver for in-home care who they pay directly. The parent or legal guardian is then reimbursed through an adult service agency.

Non-Home Based Services program funds community integration such as North Suburban Special Recreation Association (NSSRA), park district activities, horseback riding, swimming, etc. An adult service agency pays the organization that is providing the service directly. The adult service provider also reimburses the parent or legal guardian for these activities if they have already paid.

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Gen eric Cooperation
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Community High School District 115
Special Education Procedural Handbook

<p>Community Alternatives Unlimited</p> 	<p>CAU provides services for people who are coping with both the short- and long-term effects of any disabling condition and supporting economically challenged families to improve health and wellness during pregnancy and birth.</p> <p>Collectively, CAU has a culturally diverse, professionally seasoned, and extremely stable workforce.</p> <p>CAU's staff includes licensed social workers, certified rehabilitation counselors, licensed clinical psychologists, licensed professional counselors, registered nurses, ASL interpreters, and certified educators.</p> <p>CAU is committed to providing services to families with diverse first languages. As an agency, we speak 13 different languages and utilize various language assistance services to meet the need for both written and spoken languages</p> <p>CAU interfaces with various state agencies and a wide variety of organizations and vendors to better serve our families and individuals.</p> <p>Community Alternatives Unlimited (CAU) is a private non-profit corporation incorporated by the State of Illinois. The organization is governed by a voluntary Board of Directors and is funded by public and private contracts as well as private donations.</p>	<p>773-867-4000</p> <p>Administration Offices</p> <p>8765 West Higgins Road, Suite 300 Chicago, Illinois 60631</p> <p>http://cau.org/</p>	<p>Disability-Specific</p>
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Community High School District 115 Special Education Procedural Handbook

<p>BrightStar Care</p> 	<p>Disability Home Care Services for individuals living with physical disabilities or special needs. Brightstar Care has a personalized approach to disability home care, by providing comprehensive case management and disability assistance such as comprehensive therapy programs, Pressure relief for those with Mobility issues, travel companionship, and respite care for special events.</p>	<p>847- 510-5750</p> <p>950 Skokie Blvd., Ste 300 Northbrook, IL 60062</p> <p>www.brightstarcare.com</p>	<p>Disability-Specific</p>
<p>Home Based Services:</p> <p>Hollis Gorrie, Director Home Based Services</p>  	<p>Children and Adults- Home Base Support Services is a DHS sponsored Waiver program that offers funding to children and adults with a diagnosis of IDD. The Waiver affords individuals and families the choice between traditional services and supports or client driven services and supports. It is a cost effective alternative allowing individuals to stay at home rather than a residential setting.</p>	<p>847-385-5328</p> <p>1835 W Central Rd, Arlington Heights, IL 60005</p> <p>hraymond@clearbrook.org</p>	<p>Disability-Specific</p>
<p>IDD Respite</p> 	<p>Children and Adults who carry a diagnosis of IDD, Epilepsy or CP-Pioneer's Respite program serves unfunded individuals and their families through a voucher system. The Respite program is intended to relieve primary caretakers from common stressors related to caring for a special needs individual while offering care and/or community inclusion for their loved one.</p>	<p>Suzi Schoenhof</p> <p>815-759-7094</p> <p>sschoenhof@pioneercenter.org</p>	<p>Disability-Specific</p>





Community High School District 115
Special Education Procedural Handbook

IDD CFS Client & Family Services	Adults aged 18+ carrying a primary diagnosis of IDD who have been unable or deemed ineligible to secure Waiver funding through the state. Individuals are offered support by Case Managers and Nursing. Life and independent living skills/training are offered; enabling individuals to continue residing in their homes and in the community of their choice.	815 759-7059	Disability-Specific
Day One Pact 	DayOne PACT is a non-profit social service organization founded in 1981. Our Life Management Services® division provides guardianship, trusteeship, and private case management services to individuals with disabilities throughout Northeastern Illinois as well as in other states. The service areas include: Guardianship of Person and/or Estate, Power of Attorney for Healthcare and/or Property, Executor of Estate, Trustee and individualized case management. We serve individuals of all ages with an array of disabilities including developmental disabilities, mental illness, brain injuries, and issues of aging. Our Life Management Services division is a fee-for service program.	331-481-4231 750 Warrenville Rd UNIT 300, Lisle, IL 60532 Misst Mrkvicka mmrkvicka@dayonepact.org	Disability-Specific




Community High School District 115
Special Education Procedural Handbook

<p>Association for Intellectual Disability AID</p> 	<p>The AID Behavioral Health Supported Living Program is designed to assist individuals in the community improve their ability to live successfully in their own home or apartment. The program works with adults to increase access to the community. Areas of focus include: behavioral health support, physical health support, securing entitlements, community integration, and independent living skills. Its Psychosocial rehabilitation program is a Cognitive-Behavioral Group and Individual evidenced-based, outcome-oriented treatment modalities for comprehensive skill development to facilitate independent living and adaptation, problem solving and coping skills development. Clients must be able to tolerate and benefit from Insight oriented treatment theories and methods.</p>	<p>877- 243-0001</p> <p>https://www.aidcares.org/</p>	<p>Disability- Specific</p>
<p>College of Lake County</p> 	<p>CLC is a comprehensive community college offering a wide range of academic program choices that can enhance your career or personal life.</p>	<p>847-543-2000</p> <p>clcillinois.edu</p>	<p>Generic and Disability Services</p>



Community High School District 115
Special Education Procedural Handbook

<p>Epilepsy Foundation - Greater Chicago</p> 	<p>We offer bilingual services to Lake County residents with epilepsy/seizures or with concerns of seizures secondary to acquired brain injury. Some of the services we offer include education, advocacy, linkage, support groups, medical clinics, telemedicine, service coordination and mental health coordination. Applicants must be Lake County Residents</p>	<p>312-939-8622</p> <p>17 N State St Suite 650 Chicago Illinois 60602-3315</p> <p>https://epilepsy-chicago.org/</p>	<p>Disability- Specific</p>
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Community High School District 115
Special Education Procedural Handbook

Health Management: Including: Brain Injury – Case Management and Skills groups	<p>This program serves children and adults with acquired (not congenital) brain injuries. Typical acquired brain injury causes include traumatic brain injuries, strokes, aneurysms, anoxic injuries, brain tumors, and seizure disorders.</p> <p>Applicants are asked to provide proof of residency and medical documentation of brain injury. When medical documentation is not available, supporting documentation or testing may be accepted.</p> <p>Certain medical conditions, unaddressed mental health issues, or active substance abuse may preclude acceptance if these conditions limit ability to benefit from services.</p> <p>Service needs are assessed at application for admission. Typical service needs include provision of case management supports, medical and mental health linkages, community resource linkages, housing needs, benefits and financial resources and linkages, representative payee services, accommodation strategies, employment supports, educational supports, family and caregiver support groups, skills development groups, and community integration supports.</p>	Mary Lou Philbin, Program Manager, 815-893-0378	Disability-Specific
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Community High School District 115 Special Education Procedural Handbook

Employment (e.g. competitive, supported employment, job training, etc.)

Employment agencies and services ensure people with disabilities have the knowledge, skills, and experience they need to successfully transition to the competitive working world. The Division of Rehabilitation Services (DRS) in linkage with school systems, supports vocational skill development to help individuals be involved in community-based training experiences or to become employer paid.

Persons with disabilities are utilizing on-the-job evaluations, on-the-job training, and job coaching services to become more experienced with employment and community participation. This domain is of high importance due to it promotes social integration, productivity, and maximum use of a person's skills and abilities.




Employment services can also be customized for an individual to support needs, learning styles, skills and unique attributes. When people with a disability learn to become productive, self-sufficient adults through a variety of vocational and/or employment experiences, it assures them working is a positive experience and can continue in the future.

Vocational rehabilitation programs and services can also support persons with disabilities, for the sake of having successful goal outcomes for employment. Vocational coordinators/representatives, parents, case managers, job coaches, social workers, and even employers, all work to assist students in developing desirable work habits and realistic career goals. This encourages students to develop the social and personal skills needed to maintain successful employment. By providing serviced support for specific employment needs, we are also providing opportunities for students to explore careers and/or jobs and build meaningful work experiences through on-the-job placement.

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Generic Cooperation
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Community High School District 115
Special Education Procedural Handbook

<p>Goodwill Industries (Workforce Center)</p> 	<p>Vocational evaluation, direct placement, job preparation workshops including attendance and punctuality, job motivation, personal discipline, business communications, budgeting, and personal finance. Also includes conducting a job search, completing job applications, and appropriate dress for interviewing. Goodwill also provides comprehensive services to people who are deaf and hard of hearing, including individualized employment counseling, hands-on-training, and job placement. Financial services and customer service workshops are also offered.</p>	<p>847-473-7120</p> <p>819 S. Wabash Avenue, 4th floor, Chicago, IL 60605</p> <p>Intake Department</p> <p>Goodwill.org</p>	<p>Disability- Specific</p>
<p>Job Center of Lake County</p> 	<p>The Job Center of Lake County Network has a variety of programs and services for employers and job seekers seeking assistance in meeting the challenges of today's job market. We are an affiliate of Illinois workNet, which is a consolidated effort to provide a one-stop system for employment related services in Lake County and part of a nation-wide, grant-funded system.</p>	<p>1 N. Genesee St. Waukegan 847-377-3450</p> <p>https://www.lakecountyil.gov/167/Job-Center-of-Lake-County</p>	<p>Disability- Specific</p>
<p>Anixter Center</p> 	<p>Offers on-the job programming through evaluations, vocational counseling, job placement, supported employment, job coaching, transportation services and follow up services.</p>	<p>847-472-9355</p> <p>Anixter.org</p>	<p>Disability- Specific</p>






Community High School District 115
Special Education Procedural Handbook

<p>Avenues to Independence</p> 	<p>Programs and services offered include job readiness training, community based training, vocational counseling, job placement, supported employment, follow-up services.</p>	<p>847-541-5250</p> <p>Avenuestoindependence.org</p>	<p>Disability- Specific</p>
<p>Little City Foundation</p> 	<p>Provides services that enable children and adults with developmental disabilities, and other emotional, behavioral, or medical disabilities, to lead meaningful, productive, and dignified lives. Programs include vocational services, horticultural therapy, center for the arts, recreational services, in-home personal and family supports, day school, adults' services, children services, and clinical services.</p>	<p>847-358-5510</p> <p>773-265-1539</p> <p>Littlecity.org</p>	<p>Disability- Specific</p>
<p>The Douglas Center</p> 	<p>The Douglas Center's Day Program offers wide variety of services, which includes sheltered workshop, JWOD sewing work contract for people who know how to sew or are interested in learning how to sew, janitorial skills training program, offer dance, music and art, physical and occupational therapies to all our clients. The program concentrates on assisting each individual in the management of his/her disabilities and building self-esteem. Its day program also helps improve existing social and independent living skills. Eligible persons are serving individuals with a primary diagnosis of developmental disabilities, individuals with dual diagnoses, developmental disabilities, mental illness and other life issues.</p>	<p>3445 W. Howard Avenue Skokie, IL 60076</p> <p>847-674-1921 ext. 224</p> <p>Thedouglascenter.com</p>	<p>Disability- Specific</p>



Community High School District 115
Special Education Procedural Handbook

<p>Illinois Department of Employment Security</p> 	<p>Trades offering apprenticeships: Boilermaker, bricklayer, cabinet maker, carpenter, cement mason, drywall finisher, electrician, millwright, ornamental ironworker, operating engineer, painter/decorator, patternmaker, pipe fitter, plasterer, plumber, roofer, sheet metal worker, sprinkler fitter, structural iron worker, tile layer, and tuck pointer.</p>	<p>2414 W. Lawrence, Chicago, IL 60625</p> <p>800-244-5631</p> <p>www2.illinois.gov/ides/pages/default.aspx</p>	<p>Disability- Specific</p>
<p>IDHS Division of Rehabilitation Services</p> 	<p>This is a lead agency in Illinois serving individuals with disabilities. DRS works in partnership with people with disabilities and their family to assist them in making informed choices to achieve full community participation through employment, education, independent living opportunities. Provides in home supports and job training to help succeed in the workplace. Web Referral for services.</p>	<p>800-843-6154</p> <p>Dhs.state.il.us/page.aspx?item=29727</p>	<p>Disability- Specific</p>
<p>Work Incentives Planning and Assistance (WIPA)</p> 	<p>Assist SSA disability beneficiaries with information about work incentives, benefits planning, and career development. WIPAs are authorized to serve all SSA beneficiaries with disabilities including transition-to-work aged youth, providing benefits planning and assistance services on request as resources permit.</p>	<p>Mayor's Office for People with Disabilities</p> <p>2102 W. Ogden Avenue Chicago, IL 60612</p> <p>312-746-5713</p> <p>Cityofchicago.org</p>	<p>Disability-Specific</p>



Community High School District 115 Special Education Procedural Handbook

Independent Living & Advocacy

(Centers for Independent Living, transportation, family supports)

A goal of Centers for Independent Living & Advocacy is to help individuals live as independently and productively as possible throughout their lives, while receiving the support they need to live safely. Options and

Advocacy works with agencies across Illinois to find a supportive living program and residential options where the individual lives in his or her own apartment with support from staff or a group home environment.

Supported Living & Residential Options:

Intermediate Care Facility (ICF): These facilities are for individuals who need assistance and training in daily living, self-care skills and require 24-hour supervision. Generally, medical staff is available 24 hours a day. An ICF may be a nursing home setting, small individual homes on a campus or in a dormitory type setting.

Community Living Facility (CLF): These facilities are for individuals who need guidance and support in most areas (e.g. social, vocational, daily living), however, not constant supervision. The emphasis is to prepare residents for more independent living. CLF's are usually in apartment settings. Staff are available on site.



Community Integrated Living Arrangement (CILA): The amount of supervision provided in a CILA varies from intermittent to 24-hour support depending on the need of the individual. Individuals live in apartments, condominiums or houses that are integrated into the community. People who reside in a CILA may have medical needs that can be addressed by intermittent nursing. Eight persons or fewer reside in this type of setting.

Supported Living Arrangement (SLA): These arrangements are for individuals that need intermittent support from staff. Staff is not always on site and individuals live in homes, apartments, townhomes or condos.

Transportation: Surrounding counties have several transportation resources for individuals with disabilities. Accessing and utilizing these services have traditionally been quite challenging. PACE is the Suburban Bus Division of the Regional Transportation Authority (RTA). PACE has been operating paratransit services and accessible fixed route public transportation for more than twenty years.




Community High School District 115
Special Education Procedural Handbook

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Gen eric Cooperation
Lake County Housing Authority 	<p>Lake County Housing Authority (LCHA) is a public housing agency for qualified low-income families, the elderly, and persons with disabilities. Lake County Housing Authority manages several funded programs including public housing, HCV (Housing Choice Vouchers), previously Section 8 Housing Choice Vouchers funded by the federal Department of Housing and Urban Development (HUD), and subsidized affordable housing units for rental assistance.</p> <p>LCHA also offers a Homeless Prevention Program, Emergency Shelter Program & other community services.</p>	<p>(847) 223-1170</p> <p>33928 N. Rte. 45, Grayslake, IL 60030</p> <p>https://www.lakecountyha.org/</p>	Generic
Managed Enterprises 	<p>A program for individuals who have a disability and have a desire to develop their own daily schedule and be in the community. The program takes small groups out in the community 5 days a week doing a variety of activities. This self-driven program encompasses an array of skills that can be developed while in the ME Program. Some skills that are worked on are as follows: socialization skills, daily living skills, community integration skills, vocational skills and leisure skills. Individuals who wish to stay in the program instead of going into the community can participate in arts and crafts, games, educational activities, using the computer lab, and taking the opportunity to work and make some money.</p>	<p>Sara Maxwell</p> <p>815-759-7160</p> <p>smaxwell@pioneercenter.org</p>	Disability Specific




Community High School District 115
Special Education Procedural Handbook

Home of the Sparrow 	Home of the Sparrow provides Transitional Shelter to currently homeless women and children. Case management support, counseling services, and life skills programming are designed to support women on their road to self-sufficiency. The shelter program serves single women, pregnant women, and women with children up to age 18. Applicants must be literally homeless, 30 days clean and sober, one month away from psychiatric hospitalization, and receiving mental health services if needed to support higher functioning. Applicants must be willing to work full-time. If receiving SSDI, volunteering or part-time work may be required depending on the unique needs of the client. Criminal history will be evaluated on a case-by-case basis depending on the nature of the crime.	815-271-5444 www.hosparrow.org	Generic
Lake County Haven	Haven's Transitional Shelter Program features a comprehensive array of services designed to transition a woman and her children beyond homelessness and towards independent living. The shelters are two homes in Libertyville. With the goals to help women gaining employment <ul style="list-style-type: none">• paying down debt• saving money (residents are required to save a minimum of 80 percent of their income while in shelter)• furthering education• maintaining sobriety• learning effective parenting, &• regaining custody of children in foster care.	(847) 680-5408 PO Box 127, Libertyville, IL 60048 https://www.lakecountyhaven.org/	Generic





Community High School District 115
Special Education Procedural Handbook

<p>PADS Lake County Home</p> 	<p>Lake County County PADS offers emergency and transitional housing coupled with support services in order to help homeless individuals work toward becoming self-sufficient. These support services enable individuals to receive case management, access to vocational programs, life skills training, and counseling, as well as day-to-day services including access to showers, laundry facilities, transportation, computers and an address at which to receive mail. All individuals must go through an intake process before receiving services as well as be a Lake County resident or have 30-day residency status.</p> <p>In addition, PADS is working to provide individual accommodations due to the COVID 19 Pandemic.</p>	<p>1800 Grand Ave, Waukegan, IL 60085</p> <p>(847) 689-4357</p> <p>https://www.padslakecounty.org</p>	<p>Generic</p>
<p>Pioneer Center for Human Services: Mentoring, Teenage Mother Initiative (TAMI)</p>	<p>Adolescents/Adults 14-23 year olds, that are pregnant and parenting teen moms and dads build a happy and safe life for themselves and their child(ren). Adolescents will work on parenting skills, education/employment skills, identification of resources in the community and obtaining peer support.</p>	<p>815-344-1230 x3149, Fax: 815-337-5510</p> <p>Liz Quidaja</p>	<p>Generic</p>





Community High School District 115 Special Education Procedural Handbook

<p>HUD: Transition Housing for Individuals with Mental Illness</p>	<p>Transitional housing program that serves homeless individuals and families who have been diagnosed with a serious mental illness. Some clients may also be chronically homeless, domestic violence victims and/or have substance abuse issues. Comprehensive case management services are offered in order to maintain psychiatric stability, to secure transitional housing and to ensure that clients are able to maintain or increase their income (from all sources) and exit (within 24 months) to permanent housing (with supportive services as necessary).</p>	<p>Angela Serritella 815-344-1230 x7203 aserritella@pioneercenter.org</p>	<p>Disability-Specific</p>
<p>Community Health Partnerships of Illinois</p>  <p>Community Health Partnership of Illinois <i>Building Healthy Lives, Together Creando Una Vida Saludable, Juntos</i></p>	<p>Bilingual Outpatient Therapy</p>	<p>815-943-4399</p>	<p>Generic</p>
<p>Lake County Center of Independent Living</p>  <p><small>DISABILITY AND QUALITY OF LIFE LAKE COUNTY CENTER FOR INDEPENDENT LIVING</small></p>	<p>Lake County Center for Independent Living (LCCIL) is a non-residential, cross-disability organization governed and staff by a majority of people with disabilities. The LCCIL serves McHenry County and Lake County residents and advocate for a fully accessible society that is inclusive for everyone. The LCCIL helps as an advocate and believes that the disability community must have the freedom and opportunity to control their own lives.</p>	<p>(847) 949-4440 377 N Seymour Ave, Mundelein, IL 60060 https://www.lccil.org/</p>	<p>Disability-Specific</p>




Community High School District 115
Special Education Procedural Handbook

<p>Misericordia Home North</p> 	<p>Misericordia/Heart of Mercy is to support individuals with developmental disabilities in maximizing their level of independence and self-determination within an environment that fosters spirituality, dignity, respect and enhancement of quality of life. They promote development of natural family and community support, community awareness, education, and advocacy</p>	<p>Gail Wojceichowski</p> <p>6300 N. Ridge Chicago, IL 60660</p> <p>773-973-6300</p> <p>gailw@misericordia.com</p> <p>Misericordia.com</p>	<p>Disability- Specific</p>
<p>Clearbrook Residential Service Provider</p> 	<p>Nonprofit organization providing services to children, adults, and families impacted by developmental and intellectual disabilities. This Service Provider has 50 locations for residential services (both CILA and ICF/IID) in the Chicagoland area. They focus of self-advocacy , independence, and strive for active participants in their supporting neighborhoods.</p>	<p>1835 West Central Rd. Arlington Heights, IL 60005</p> <p>847-385-5354</p> <p>Gina Genovesi</p> <p>GGenovesi@clearbrook.org</p>	<p>Disability-Spec ific</p>



Community High School District 115 Special Education Procedural Handbook

<p>Lamb's Farm</p> 	<p>Helping people with developmental disabilities lead productive, happy lives and connecting with the human spirit in us all. Lambs Farm has vocational, residential and recreational programs, and operate their organization with adults that live on and off the property.</p> <p>Its residential services have intermediate care, campus group homes, individual apartments and community residences to those program participants wanting more independence off campus.</p>	<p>Marie Nelson</p> <p>14245 W. Rockland Road PO Box 520 Libertyville, IL 60048</p> <p>847-362-4636</p>	<p>Disability-Specific</p>
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Mental Health & Other Health-Related Needs

All counties provide community mental health services for persons with mental illnesses and addictions. There are also other health related needs assistance programs to help youth and adults with emotional or behavioral issues, and crisis. (Housing, Relationships, Homeless Youth, Youth Needing Family Intervention, Counseling)

Mental health rehabilitation services and support for families and adults are extremely important in achieving rehabilitative, resilient, and recovery goals. Assessment, planning, coordination and advocacy services support individuals who need multiple services and who require assistance in gaining access to and in using mental health, social, vocational, educational, housing, public income entitlements and other community services to assist the client in the community.

Residents are encouraged to reach out for services and support to their local Mental Health Board. Below are agency providers to consult for a diagnosis and/or to properly prescribe medications on an urgent need basis, access outpatient services or non-emergent mental health issues, have therapy and/or support groups, and help drug addiction and/or relapse prevention programs.

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Generic Cooperation
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Community High School District 115
Special Education Procedural Handbook

Health and Community Health Center, Lake County IL 	Staff provide treatment, training and support services to persons experiencing problems related to emotional and mental illness, or drug and alcohol addiction. Our many services use various forms of evidenced-based treatment in both inpatient and outpatient settings. Individual and group therapy, case management, housing counseling, psychiatric medication, and emotional/cognitive skill building methods of treatment are used.	Behavioral Health Services 847-377-8180 3010 Grand Avenue Waukegan, IL 60085 https://www.lakecountyil.gov/148/Health-Department-Community-Health-Center	Disability-Specific
Impact Behavioral Health Partners 	For over 33 years, Impact has been providing a stable foundation for mental health recovery through its permanent supportive housing program. As a Housing First program, Impact prioritizes chronically homeless and at-risk individuals, and does not require residents to meet any specific treatment criteria prior to entry or as a condition of maintaining residency. Clinical, housing, and employment teams work closely together to ensure continuity of care with participants.	847-866-8664 1132 Florence Avenue Evanston, IL 60602 https://www.impactbehavioral.org/	Disability-Specific
Compass Health Center 	Compass Health Center of Northbrook provides intensive mental health care and crisis support in a comfortable setting for children, adolescents, young adults, and adults.	844-552-0242 60 Revere Drive Northbrook, IL 60062 https://compasshealthcenter.net/?utm_source=GMBNorthbrook&utm_medium=organic	Disability-Specific





Community High School District 115
Special Education Procedural Handbook

	There Mental Health Programs For Young Adults Ages 18-23 include supports for Mood and Anxiety,Trauma, Substance Treatment,OCD & Complex Anxiety, and Chronic Pain		
<p>Rosecrance</p>  <p>Psychiatry, Outpatient MH Adult</p> <p>Outpatient MH C&A</p>	<p>Rosecrance Northbrook offers confidential drug and alcohol evaluations for all ages, along with an Intensive Outpatient Program (IOP) for teens and adults, and a Prevention and Early Intervention (PEI) program for patients seeking substance abuse treatment. We assist families, parents and students in finding resources, prevention resources and presentations, gaining access to IOP for teens and younger adults and participating in substance abuse awareness training. We also offer a <u>parent support group</u> at this location. Drug screens are available for free or limited cost.</p> <p>Adults 18 y/o and older, having a substance abuse and mental health diagnosis, 3 days/week, IOP for opiate dependence 4 days/week.</p>	<p>866- 330-8729</p> <p>3000 Dundee Road, Suite 317</p> <p>Northbrook IL 60062</p> <p>https://rosecrance.org/</p>	<p>Disability- Specific</p>





Community High School District 115
Special Education Procedural Handbook

<p>Have Dreams</p> 	<p>Counseling and Employment Services, Parent and Caregiver support groups, and Executive Functioning bootcamps are available for individuals with Autism Spectrum Disorder ASD.</p>	<p>Evanston Location:</p> <p>2020 Dempster Street, Evanston, IL 60202</p> <p>847-905-0702</p> <p>Park Ridge Location:</p> <p>515 Busse Hwy #150, Park Ridge, IL 60068</p> <p>847-685-0250</p> <p>https://havedreams.org/</p>	<p>Disability-Specific</p>
<p>Screening Assessment and Support Services (SASS)</p> 	<p>Screening, Assessment and Support Services (SASS), is a crisis mental health service program for children and adolescents, who are experiencing a psychiatric emergency. SASS agencies provide intensive mental health services for eligible children and youth who may need hospitalization, or community based mental health care.</p> <p>Screening, assessment services for children up to age 21 in a mental health crisis. Program provides intensive in-home services including individual therapy, family therapy, community support and crisis stabilization for 90 days. SASS services are available by calling the CARES line.</p>	<p>Lake County Health Department</p> <p>847-377-8000</p> <p>CARES line at 1-800-345-9049</p> <p>3010 Grand Avenue Waukegan, IL 60085</p> <p>https://www.illinois.gov/hfs/MedicalProviders/behavioral/sass/Pages/sasshome.aspx</p>	<p>Generic</p>




Community High School District 115
Special Education Procedural Handbook

<p>National Alliance For The Mentally Ill (NAMI)</p> 	<p>The National Alliance on Mental Illness (NAMI) Lake County Illinois is a non-profit, self-help organization of families, friends, users of mental health services, and professionals, dedicated to improving the quality of life for persons affected by neurobiological brain disorders commonly known as mental illnesses.</p>	<p>847-249-1515</p> <p>NAMI of Lake County P. O. Box 6356 Libertyville, IL 60048</p> <p>or</p> <p>414 North McAree Road, Waukegan, Illinois 60085</p> <p>http://www.namilake-il.org/</p>	<p>Disability-Specific</p>
<p>Thresholds Community Support Individual (CSI)</p> 	<p>Thresholds provides Community Support to assist and inspire people with severe mental illness to reclaim their lives by providing the support and skills needed to achieve hopeful and successful futures.</p> <p>One on one support, as well as community support groups, are available to members of Thresholds to achieve their recovery based on their own definition of recovery.</p> <p>An intake interview will determine the level of care at which each individual receives services, ranging from CSI services in which the members are seen from once a month to once per week based on need and preference, through CST services in which members can be receive one-on-one services up to three times per week, and ACT services for the most acute members, who can be seen up to five times weekly. In addition, supported</p>	<p>Gary Rukin</p> <p>815-679-4604</p> <p>mhamilton@rosecrance.org</p>	<p>Disability- Specific</p>





Community High School District 115
Special Education Procedural Handbook

	employment services are available to all members of Thresholds.		
Dryhootch Lake County's Veterans and Family Service 	<p>Lake County Veterans and Services connects Service Members and their families with counseling, support services, resources and benefits. Services provided to support the needs of veterans and families with:</p> <p>Post-traumatic Stress</p> <ul style="list-style-type: none">• Post-traumatic StressDomestic Violence• Children's Emotional Issues• Legal Issues• Traumatic Brain Injury (TBI)• Substance Abuse• Mood Issues, Suicidal Thoughts, Depression, Anxiety, Hopelessness• Adjustment related to Deployment, Re-Deployment, Discharge or Reintegration• Grief• Education, Employment and Vocational Support• Financial Support• Housing/Homelessness	<p>847- 986-4622</p> <p>100 S Atkinson Rd, Grayslake, IL 60030</p> <p>https://www.lcvetsfoundation.org/</p>	Disability-Specific
TLS Support Group for Female Veterans and/or Military Spouses	This support group is led by female veterans/military spouses. This group offers a chance to talk with other women who have similar experiences and who can provide comradery, support, resources, and coping skills.	<p>Laura Franz</p> <p>815-679-6667</p> <p>lfranz@tlsveterans.org</p>	Disability- Specific





Community High School District 115
Special Education Procedural Handbook

<p>Turning Point</p> 	<p>Comprehensive mental health treatment for all ages. Programs include child and adolescent outpatient programs, adult outpatient therapy, substance abuse treatment, rehabilitation services, psychological testing. Support groups offered for court victims, mental health programs, and partner abuse programs.</p>	<p>8324 Skokie Blvd. Skokie IL, 60077</p> <p>815-338-8081</p> <p>tpoint.org</p>	<p>Generic</p>
<p>1st Way Life Center</p> 	<p>Provide education, information and assistance to women and girls who find themselves in a crisis pregnancy. We do pregnancy testing and limited ultrasound screening. We provide prenatal, child development and parenting education. We hold a weekly mom's support group meeting. We provide maternity clothes, infant clothes, diapers, formula, and additional items for babies and children. We provide referrals for medical, financial, and other assistance as needed.</p>	<p>815-385-2999</p> <p>3714 W Fairview Ave, Johnsburg, IL 60051</p> <p>life@1stwayjohnsburg.com</p>	<p>Generic</p>





Community High School District 115
Special Education Procedural Handbook

Child & Adolescent Behavioral Services (CABS)	CABS provides individual, family, group, respite and crisis counseling. Services are provided to youth and their families that reside in Lake County. Assessment for psychiatric hospitalization is provided to all Lake County youth who are wards of DCFS, have Medicaid or KidCare and all uninsured youth. Counseling services are provided mainly in the community, including schools.	847-377-8950 Waukegan Office 3010 Grand Avenue Waukegan, IL 60085 Round Lake Park Office 423 E Washington Street Round Lake Park, IL 60073 https://www.lakecountyil.gov/698/Child-Adolescent-Behavioral-Health-CABS	Generic
Access to Care 	Health care program serving low-income uninsured individuals in suburban of Chicago. \$5.00 bloodwork, and x-rays, \$10.00 generic medication, \$20.00 name brand. Diagnosis and treatment for individuals and families for a small copayment per visit, procedure, and/or prescription medication.	708-531-0680 Accessstocare.org	Disability- Specific
ACCESS to Community Health Network 	Behavioral Health and substance abuse, deaf, HIV, prenatal, chiropractic, and public benefits enrollment.	708-764-7146 Accesscommunityhealth.net	Disability- Specific



Community High School District 115
Special Education Procedural Handbook

<p>Lake County Health Department and Community Health Center</p> 	<p>Treatment, training, and support services to persons experiencing problems related to emotional and mental illness or drug and alcohol addiction. Provides health care services for individuals not able to access the private medical sector; prescription drug assistance and housing assistance</p>	<p>847-377-8000</p> <p>Lakecountyil.gov/pages/default.aspx</p>	<p>Generic</p>
<p>The Mathers Clinic</p> 	<p>Psych Express provides urgent needs to include; an evaluation, counseling, and med monitoring. Individual Therapy is facilitated by experienced counselors. Mental Health crisis patients that are experiencing extreme anxiety, panic attack, trauma from abuse or even a loss of reality contact. Psych Express is available for all Mental Health crisis and emergency situations.</p> <p>Psych Express offers services are provided by Psychiatrists and Psychiatric Nurse Practitioners who can diagnose and properly prescribe medications on an urgent need bases. Focusing on Mental Health needs of all age groups. Psych Express patients can get an appointment for same day, next day, OR on patients convenient for Medical Mental Health services in all crisis and emergency situations. This is not to be used for routine outpatient</p>	<p>815-527-7300</p> <p>https://themathersclinic.com/</p> <p>145 S. Virginia St. Crystal Lake, 60014</p>	<p>Disability-specific</p>



Community High School District 115 Special Education Procedural Handbook


	services or non-emergent mental health issues.		
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Community Living and Participation (transportation, post-secondary education)

Community Living and Participation: The Chicagoland area has several providers of post-secondary education, community living, transportation and social/recreational activities. These community-based resources and services offered to individuals of all ages with or without special needs change when you become an adult.



Regardless of where you live as an adult, with or without parents, people with a disability will need to develop skills to be as independent as possible in their daily life as an adult in the community. This resource list offers important skills for adult living. It is vital in helping individuals grow with making decisions, making time for friends and family, advocating for yourself, managing activities of daily living, being safe, maintaining a healthy lifestyle, accessing transportation, engaging in recreational activities, and making sure you have health insurance coverage.

In addition to agencies that provide services below, there are also local colleges to access general curriculum and local park districts which provide recreational opportunities with necessary support when exploring your options to best suit your individual situation.

Agency Name (Provider):	Program definition, including eligibility criteria, and any special considerations.	Contact Info for Referrals	Disability/Generic Cooperation
CHOICE Day Program Heidi Raymond, Director of-53 Admissions 	A day program for Adults 18+ with Developmental Disabilities who are interested in participating in community volunteering, educational, and leisure activities. They also have a nurse onsite 10 am-2pm to pass medications, administer treatments, or tube feeding.	847- 870-7711 hraymond@clearbrook.org	Disability- Specific






Community High School District 115
Special Education Procedural Handbook

<p>College of Lake County College General Educational Development (GED)</p> 	<p>People can register and complete the High School Equivalency Exam Preparation or ESL courses and credit courses simultaneously.</p> <p>The High School Equivalency exam preparation course covers:</p> <ul style="list-style-type: none">● language arts including grammar and fundamentals of written English● reading techniques for comprehension, evaluation and application interpretations● mathematics including problem solving, basic math review, geometry and algebra	<p>847-543-2000</p> <p>19351 West Washington Street</p> <p>Grayslake, IL 60030-1198</p> <p>https://www.clcillinois.edu/programs-and-classes/adulted/ase</p>	<p>Generic</p>
<p>National-Louis University/ PACE Program</p> 	<p>The PACE program offers a college-type experience for students with multiple learning disabilities and non-verbal learning disabilities; two-year certificate program; works with the “whole” student in the areas of vocational training, academics, life skills and student life. It helps each student to develop the skills needed to eventually live independently.</p>	<p>224-235-2670</p> <p>5202 Old Orchard Road Skokie, IL 60077</p> <p>312-261-3770</p> <p>122 S. Michigan Avenue</p> <p>Chicago, IL 60603</p> <p>paceprogram@nl.edu</p>	<p>Disability- Specific</p>





Community High School District 115 Special Education Procedural Handbook

<p>Options for College Success</p> 	<p>Comprehensive Program aimed at helping students ages 18-30 reach independence in academic career preparation, living skills, financial management, and social skills. Students receive individualized attention and meet with case managers weekly. Serving students with ASD, Aspergers, ADHD, LD, TBL, NVUB, Bi-Polar, anxiety, visual impairment, and hearing impairment.</p>	<p>847-425-4794</p> <p>820 Davis Street Suite 455, Evanston IL 60201</p> <p>Optionsforcollegesuccess.org</p>	<p>Disability-Specific</p>
<p>Community Alternatives Unlimited</p> 	<p>Is a nonprofit corporation that offers case management and service coordination to individuals with developmental disabilities in eighteen townships. This direct service provides assistance to people with developmental disabilities and people with mental disabilities.</p>	<p>773-867-4000</p> <p>Cau.org</p>	<p>Disability- Specific</p>
<p>Glen Grove Equestrian Center</p> 	<p>Glen Cove is a supportive treatment program for people of all ages and all abilities. They offer Therapeutic one-on-one sessions in a calm, non-competitive environment. Using the unique, powerful movement of the horse to awaken and enhance neuromotor function, we help our riders achieve successes that generalize to</p>	<p>847- 966-8032</p> <p>1181 Riverwoods Rd, Lake Forest, IL 60045</p> <p>https://www.glengroveequine.com/</p>	<p>Disability- Specific</p>



Community High School District 115
Special Education Procedural Handbook

	daily life and build self-esteem.		
<p>Equestrian Connection</p> 	<p>Equestrian Connections works to improve the physical, mental, and emotional well being of children and adults with special needs by providing equine-assisted therapy programs and services with the use of highly trained horses, licensed therapists and instructors.</p> <p>Services include:</p> <ul style="list-style-type: none">• Hippotherapy• Therapeutic Riding• Equine Facilitated Psychotherapy• Massage Therapy• Stability Programming for individuals dealing with addiction, depression or trauma• Re-connecting Programming for Combat Veterans to Rebuild Trust• Etc.	<p>847-615-8696</p> <p>600 N Bradley Rd. Lake Forest, IL 60045</p> <p>https://equestrianconnection.org/</p>	Disability-Specific
<p>Gigi's Playhouse</p> 	<p>Changing the way the world views Down Syndrome and sending a global message of acceptance for all.</p>	<p>847-885-6149</p> <p>https://gigisplayhouse.org/</p>	Disability- Specific





Community High School District 115 Special Education Procedural Handbook

<p>Enriched Lifestyles for Adults (ELA)</p> 	<p>The Center for Enriched Living has the Enriched Lifestyles for Adults (ELA) year round day program for individuals with disabilities who are 22 years old or older. ELA was created to enhance the quality of life and offer well-rounded daytime program options for adults with disabilities.</p>	<p>Becca Zajler</p> <p>847-948-7001</p> <p>280 Saunders Rd, Riverwoods, IL 60015</p> <p>https://www.centerforenrichedliving.org/</p>	<p>Disability- Specific</p>
<p>Northern Suburban Special Recreation Association (NSSRA)</p> 	<p>NSSRA provides and facilitates year-round recreation programs and services for people with disabilities who live in a partner community.</p>	<p>847-509-9400</p> <p>3105 MacArthur Blvd, Northbrook, IL 60062</p> <p>https://www.nssra.org/</p>	<p>Disability- Specific</p>
<p>Best Buddies International</p> 	<p>Best Buddies is the largest organization for people with intellectual and developmental disabilities (IDD). It is an organization dedicated to one-one friendships, integrated employment, leadership development, and inclusive living for individuals with intellectual and developmental disabilities.</p>	<p>Sarah Chew</p> <p>312-828-9313</p> <p>101 West Grand Suite 400 Chicago, IL 60654</p> <p>https://www.bestbuddies.org/illinois/</p>	<p>Disability- Specific</p>




Community High School District 115
Special Education Procedural Handbook

<p>ParaTransit: Pace Bus (Dial A Ride)</p> 	<p>Pace's ADA paratransit Services is a pre-arranged door-to-door service for persons with disabilities whose eligibility has been determined by the regional certification process. PACE Dial-A-Ride of Shields Township is non-fixed routes utilizing vans and small buses to provide pre-arranged trips to and from specific locations within the Dial-a-Ride service area to individuals (Ages 16+) deemed eligible based on local requirements, usually elderly and/or disabled. The fare for each trip, one way, is \$3. Hours of service are 6 am to 6 pm, Monday through Friday.</p>	<p>800-451-4599</p> <p>Pacebus.com</p> <p>Shields Township Pace Bus Dial-a-Ride for seniors and people with disabilities</p> <p>https://shieldstownship.com/programs-services/transportation</p>	<p>Disability- Specific</p>
<p>Regional Transportation Authority</p> 	<p>The Regional Transportation Authority (RTA) is a transportation system for three transit operators: the Chicago Transition Authority (CTA) bus and rail system, Metra Commuter rail, and PACE suburban bus service. Disabled individuals who qualify through the Illinois Circuit Breaker program can now ride transit for free. If you are eligible for ADA Paratransit, you can also participate in travel training to learn how to travel on CTA or PACE fixed route transportation</p>	<p>312- 913-3200</p> <p>https://www.rtachicago.org/</p>	<p>Disability- Specific</p>



Community High School District 115
Special Education Procedural Handbook

<p>Top Driver</p> 	<p>Top Driver, in collaboration with Behind the Wheel with ADHD, has developed a Specialized Driver Education Program for students with ADHD and other Executive Functioning Disorders.</p> <p>Specialized Driver Education Program Includes:</p> <ul style="list-style-type: none">• Individualized Graduated Driver's License Plan Meeting• Inclusion into 30 hours of classroom instruction with private one-on-one Modified Final Exam appointment.• Students will be provided with specially designed Student Workbook for maximized learning.• Student will complete classroom training, prior to beginning in-vehicle training.• Student will complete uniquely designed 18-hour Behind-The-Wheel Curriculum with specially trained and certified instructor.• Student will be provided with an individualized practice guide to be used with their parents.• "Parent Care" pre-license (Coaching from the Passenger Seat) and post-license (Danger Zone) training courses included	<p>800-374-8373</p> <p>5101 Washington St, Gurnee, IL 60031</p> <p>https://www.topdriver.com/adhd-executive-functioning-disorder/</p>	<p>Disability-Specific</p>
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Community High School District 115
Special Education Procedural Handbook

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Build a Day/Future Planning

Adopted from TrueNorth Educational Cooperative 804's Transition Parent Resource Manual

Imagine what your child will be doing when he/she is no longer attending school:

- What will his/her day look like?
- What will his/her week look like?
- What will he/she be doing all day, everyday?
- Who will be providing transportation when there is no longer a school bus?
- Who will be supporting him/her at a job or at a program?
- Who will be paying for the support and/or program?
- What will he/she do in their free time?
- What will he/she be doing for fun?
- Who will he/she be hanging out with?

These are all questions to consider when planning for your child's future. Think about what the day and week will look like. Use the 'Build a Day' template as a guide to consider what your child will be doing as an adult, when they are no longer attending school.



Community High School District 115
Special Education Procedural Handbook

Visualize a day in the life after age 22

How will your young adult spend his/her day?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 am							
8:00 am							
9:00 am							
10:00 am							
11:00 am							
12:00 pm							
1:00 pm							
2:00 pm							
3:00 pm							
4:00 pm							
5:00 pm							
6:00 pm							
7:00 pm							



Community High School District 115
Special Education Procedural Handbook