

LWMH Tutor Workforce CPD day:
Music & Wellbeing: Building Safety, Belonging and Purpose
Thurs 3rd September 2026 – Online Booking [HERE](#):

NB: bookings close 24th August
Venue: University of West London (London College of Music), Ealing, [W5 5NL](#)

Audience: This is our start of academic year Professional Development training day aimed at the Peri Workforce of the five Music Services in the London West Music Hub (LWMH). There are almost 300 music service teachers across LWMH, so there is considerable strength and expertise to draw on, as well as supporting those who are early career teachers or new to teaching.

- **Purpose:** Our keynote speaker is [Darren Abrahams](#) who will be steering us through the focus on how we support our students in all musical learning contexts. It is intended to bring the music service teachers together to develop inter-LA peri networking, look at common aspects of our work, and provide ideas and inspiration for in/out school music teaching and learning. The day is curated by the LWMH staff teams and the University of West London team.
- **Outcome:**
 - To explore creative approaches and strategies for how we meet the needs of all learners including those who might be reluctant learners due to trauma or life challenges
 - To build and evolve this LWMH Music Service network of teachers, and to support early career teacher's progression to becoming consistently good teachers.
 - To provide headline information about the national changes to the music education landscape due to DfE policy.
- **Venue: University of West London (London College of Music), Ealing, [W5 5NL](#)**
At the start of a new Academic Year, we are pleased to welcome colleagues from the London West Music Hub to the London College of Music at the University of West London. We hope that hosting the conference provides a valuable opportunity to share practice, exchange ideas, and strengthen our collective commitment to high-quality music education. We are also delighted to showcase our excellent studio and performance facilities, which we hope will inspire further collaboration. We look forward to building strong, sustainable partnerships and working together to support the next generation of young musicians.

Please use the back entrance to the UWL coming via The Park.



- **Refreshments:**
 - The café will be open from 8.30am
 - We will provide Tea and Coffee but please bring your own lunch
- **What to bring with you:** Please bring an instrument with you to play. This will be an interactive and participatory session with all delegates encouraged to get involved. If you cannot bring an instrument with you, there will be a selection of handheld percussion instruments; however, in line with best-practise music teaching and learning, everyone will be expected to use their voice/sing.



Schedule for the day

9.00-9.30	Arrival / Register / Networking	
9.30-9.45 (15 mins)	Session 1: Welcome and overview of day Led by LWMH Team: This will also cover headline information about the national changes to the music education landscape due to DfE policy	
9.45-10.00 (15 mins)	Session 2: London College of Music pathways Led by Dr Liz Pipe, Head of Subject for Music Performance: Liz will introduce the post-18 options for Undergraduate Study at London College of Music and discuss how this vibrant student community balances academic and practical work	
10.00-11.00 (60 mins)	Session 3: Darren Abrahams Part 1, Becoming Attuned An introduction to Trauma Attuned Arts practice. We'll focus on how music affects the nervous system and how small shifts in our practice can support the needs of our students, ourselves and our team at the same time.	
11.00-11.30	Break (30 mins)	
11.30-12.30 (60 mins)	Session 4: Darren Abrahams Part 2, Being Attuned A mass, musical, song writing experience, putting the learning from the keynote into practice. Let's play together!	Music Production teachers: Session 1 An introduction to The Townshend Studio: A chance to hear some of the vintage instruments from Pete Townshend's collection in person. Learn about Pete's musical journey from local lad to rock legend via Ealing Art College, his life-long obsession with sound, music, technology and art and how this story has come full-circle with the Townshend Studio project at UWL.
12.30-1.15	Lunch (45 mins) – please bring own lunch	
1.15-1.30 (15 mins)	Session 5: University of West London Led by Ben Norbury, Head of LCM Examinations: London College of Music (LCM) Exams offer internationally recognised music qualifications that support teachers in planning clear progression for learners, from beginners to advanced performers. Ben will introduce the boards flexible and practical syllabuses.	
1.30-2.35 (65 mins)	Session 6: Darren Abrahams Part 3, Planning Attunement (Group Assignment) An introduction to Trauma Attuned session planning. Small groups will work together to plan a session for their context. <ul style="list-style-type: none"> • Small Group/Paired/1:1 teaching • Whole Class Instrumental Teaching / Curriculum • Singing • Ensembles • Early Career Teachers • Non-teachers 	Music Production teachers: Session 2 Creative Practice with Technology: A hands-on session of sound exploration and experimental music-making using a combination of vintage instruments from the collection and contemporary digital tools with the emphasis on non-traditional, technology-based music practice relevant to non-musicians.
2.40-3.25 (45 mins)	Session 7: Darren Abrahams Part 4, Attuning Together Presentations of the planned sessions. Q and A and reflections on the learning. What are you taking forward?	
3.25-3.30 (10 mins)	Next steps, Summary of key points, thanks... led by LWMH team	
3.30-4.30 (60 mins)	Session 7: Extension Session for Separate Music Services To share key messages with individual Music Services there may be an extra session for colleagues. You will be contacted about this by the music service: <ul style="list-style-type: none"> • Brent Music Service • Ealing Music Service • Harrow Music Service • Hillingdon Music Service • Tri-borough Music Hub 	
3.30 or 4.30pm	Departures / continuation of networking	