

Daily Conqueror challenge:

What did I produce today?

Today I caught up with my accounting class homeworks and study, preparing for the final exams. I also was able to get a great workout session in which I suffer physically and build up more mental toughness.

Honorable, strong, and brave actions?

I lifted the 80 pound dumbbell for chest exercises (which is PR), I helped other 2 friends PR in the same exercises by putting them into pressure and motivation.

I had an intense session of study in accounting, and I was able to catch up on some concepts I didn't understand in order to pass the test and continue to focus more deeply in my business and my key goals.

I was able to keep up with my TRW responsibilities regardless of what homework I had to do. I posted the weekly blog, did the OODA LOOPS and the daily checklists.

Cowardly actions?

I procrastinated with the background music I wanted to hear for a couple of minutes before I went to do the accounting homework as an act of cowardness because I didn't want to dive into the subject of the matter.

What actions will I take tomorrow to become a better me?

I will not log into Instagram to be able to fully maximize my time and make sure I don't waste my time scrolling on the platform, even if it is just 10 minutes.

I will take 5 more extra minutes before I start my day, in order to plan more in detail all the tasks I am going to do and how exactly will I plan to do them. I will guide myself with the daily conquerors template from the Agoge program.

I will use the tate messages to get up from bed earlier and power up to conquer the day.

I will repeat this message in my mind every time I am getting slightly distracted: "I must try my best, I need to work harder, Let's make some money", and then get straight back to work.

****X DAYS LEFT****

27 Days left

****Daily checklist**:** Done/Not Done

DONE (day 3)

****Outcomes**:** 1, 2,3,4

(1) If you genuinely care, people will notice. Same for copy, if you go deeper than just the sale and try to get and understand the audience, making a specific and compelling message with the exact words they want to hear. They will see you care.

(2) Yes, when I was at the gym and just finished carrying the 90 pound dumbbells, and also while I was working on my last projects at the end of the day, right after going to sleep.