

We're collecting resources for teachers to send to students while they're working at home. Some are available online, and some are resources that can be printed and sent home. This list is ever-evolving, so please check back often!

Resources for Teachers

Teaching Online Guidance During COVID-19

- The Council for Exceptional Children: <https://youtu.be/EgO6k8-I4vQ>
 - The CEC put together a webinar to discuss teaching online featuring tips and resources from veteran teachers.
- Daily Check-In Forms: <https://jenniferfindley.com/free-daily-check-in-google-forms-distance-learning/>
 - Easy to use forms that allow the instructor to check in with students at the beginning of each day, or at the end. Asks how students are doing, what they plan to do, etc.
- FERPA guidelines for schools during COVID-19: <https://www.setda.org/wp-content/uploads/2020/03/COVID-19-SETDA-Parent-Page.pdf>
 - This document provides guidance and tips for teachers and schools concerning communications with parents.
- The Department of Education: https://www2.ed.gov/policy/speced/guid/idea/memosdcitrs/ga-covid-19-03-12-2020.pdf?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=
 - This Q and A page covers a school's responsibilities to students with disabilities during COVID-19 closures, and reopenings.
- Readable: <https://app.readable.com/text/>
 - When sending home any written communication, check out the readability of your message to make sure you are using plain language.
- National Center on Accessible Materials: <http://aem.cast.org/navigating/is-it-accessible-questions-to-ask.html>
 - This site provides four questions for educators to review to see if the materials they are providing are accessible for students with disabilities.
- Edsurge Tips for Social-Emotional Learning: <https://www.edsurge.com/news/2020-04-02-10-ways-parents-can-bring-social-emotional-learning-home>

- Information to share with parents about ways to encourage social-emotional learning while quarantined at home.
- UNC FPG Child Development Institute Autism Team:
 - <https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf>
 - This 60 page booklet has comprehensive resources for working with students with autism during the COVID-19 crisis. Sections include social stories, calming and coping strategies, maintaining and building new routines, fostering new connections, and behaviors to watch out for.
- Digital Promise List of Resources:
 - <https://digitalpromise.org/online-learning/sped-resources/>
 - This page contains a large curated list of special education resources and edtech products to support learners with disabilities in a distance learning context.
- Eastern Tennessee State University (ETSU) Special Education Department:
 - https://docs.google.com/document/d/1jiNneF-tQ3tBb44_-Jumnes4wgkP0pCaqysX7B47_hU/edit
 - The Special Education Program at East Tennessee State University has compiled a list of high-quality online resources and professional development opportunities for special education teachers.

At Home Transition Activities

Cooking/Nutrition

- The Accessible Chef: <https://accessiblechef.com/recipes/>
 - The Accessible Chef site lists recipes that have pictures for the ingredients and steps. There are hundreds of recipes on the site, and also a program that allows the students to create their own recipe, using provided photos and graphics.
- Able2Learn:
 - <https://able2learn.com/categories/all-about-me/visual-step-by-step-recipes.html>
 - Able2Learn provides a variety of recipes covering breakfast, lunch, brunch, dinner, snacks, and desserts. Each recipe is a visual recipe with pictures of step-by-step instructions on how to successfully make a meal.

Home Management

- Teachers Pay Teachers:
<https://www.teacherspayteachers.com/Product/FREEBIE-How-Much-Does-It-Cost-With-Coupons-Digital-Activity-4606161>
 - This free resource teaches the benefits of coupon shopping. Students are given an item and the price, then use available coupons to determine the final price.
- Teachers Pay Teachers:
<https://www.teacherspayteachers.com/Product/Simple-Grocery-Store-Ad-FREEBIE-File-Folder-Activities-3830387>
 - This free resource instructs students on how to save money by using a grocery store ad to plan meals.
- Gigi's Playhouse:
<https://gigisplayhouse.org/Gigisathome/Teens/Everyday%20Skills.pdf>
 - This is a list of daily activities to practice completing at home! Ideas include practicing how to do laundry, time management skills, meal prep, kitchen jobs (cleaning, sorting, re-organizing, recycling, etc.), and staying connected with friends and family while social distancing.

Personal Finance

- Practical Money Skills:
https://www.practicalmoneyskills.com/teach/lesson_plans/special_needs
 - These lessons cover budgeting, shopping, banking, loans and saving/investing.
- The Student Edition Course:
https://moneyfit.org/my-life-my-choices?gclid=CjwKCAjw95D0BRBFEiwAcO1KDI Dshu62WkYGoZRQ58XwUFWFh6uBttzyl_GlchhtSBatnzmQ7bBh9RoCRR4QAvD_BwE
 - The Student Edition Course is a free game where students can practice budgeting and financial planning. They are presented with unique, real-life scenarios and receive a completion certificate.
- Cents and Sensibility: A Guide to Money Management:
<https://patf.us/who-we-are/publications/cents-sensibility/>
 - Cents and Sensibility: A Guide to Money Management is a downloadable booklet that is written to assist members of the disability community to

learn about needs vs wants, budgeting, saving, loans, and other important topics.

Job Skills/Job Shadow

- Differentiated Job Applications:
<https://www.teacherspayteachers.com/Product/Differentiated-Job-Application-Worksheets-3409218>
 - This free resource provides several different levels of job application forms for the students to practice completing.

- Socially Skilled Kids:
<https://shop.sociallyskilledkids.com/products/social-skills-activities-problem-solving-differentiated-k-5th-grade-or-ability>
 - This is an activity to practice problem-solving in different scenarios. Students can act out the behavior and scenario given on the card, and then discuss how they would problem solve.

- Career One Stop: <https://www.youtube.com/user/CareerOneStop>
 - CareerOneStop has hundreds of short career videos available, showing what day to day aspects of each job presented.

- Next Vista: <https://www.nextvista.org/collection/light-bulbs/careers/>
 - Next Vista has short videos featuring 110 different careers.

- Explore Work: <https://transitiontn.org/vr/curriculum/explore-work/>
 - Explore Work consists of a series of web-based modules that align with the five required WIOA Pre-Employment Transition Services activities.

- Let's Get to Work: <https://transitiontn.org/vr/curriculum/lets-get-to-work/>
 - Let's Get to Work consists of free, online, self-directed employment planning modules.

- T-Folio: <https://transitiontn.org/vr/curriculum/t-folio/>
 - T-Folio is a free, online transition portfolio tool for high school-age youth with disabilities.

Physical Activity

- The OT Toolbox: <https://www.theotttoolbox.com/>

- The OT Toolbox has a wealth of activities that can be used to help with cabin fever while improving coordination for students. The categories of activities include functioning skills, fine motor, vision, sensory, executive function, and handwriting.
- The Special Olympics: <https://www.specialolympics.org/school-of-strength>
 - The Special Olympics has partnered with trainers to provide four at-home workout videos to create the School of Strength. These four videos have a variety of levels to choose from. They are customizable with a fitness tracker, as well as ideas for how to make workouts more challenging or adaptable for specific areas of need.

Self Advocacy Skills

- Fundamental Transition Skills:
 - <http://www.ou.edu/content/dam/Education/zarrow/Bell%20Ringers%20All/Fundamental%20Bell%20Ringers.pptx>
 - This PowerPoint supplies over 40 creative journal starters, written in plain language, most dealing with self-advocacy skills.
- The 411 on Disability Disclosure:
 - <http://www.ncwd-youth.info/publications/the-411-on-disability-disclosure-a-workbook-for-families-educators-youth-service-professionals-and-adult-allies-who-care-about-youth-with-disabilities/>
 - The 411 on Disability Disclosure is a downloadable workbook that guides a student through the process of deciding when, if at all, to disclose their disability. Benefits, considerations and applicable laws are included in this extensive guide.

School Work Support

- IXL Learning: <https://www.ixl.com/>
 - IXL Learning delivers an immersive e-learning experience—for all students, in all grades, in math, English language arts, science, and social studies.

Planning For the Future

- The Youthhood: <http://www.youthhood.org/index.asp>
 - The Youthhood is a site where teens can explore many options when planning for their future. This is a free site that requires a log-in.

Preparing for College

- ECU STEPP Program College Bound Transition Curriculum:
<https://transitiontn.org/vr/curriculum/ecu-stepp-program-college-bound-transition-curriculum/>
 - The ECU STEPP Program Transition Curriculum resources are intended to be used by teachers and families supporting transition to college for students with learning differences. Materials are available for students in middle school and high school. The resources consist of Classroom Materials and Family Materials.

General Resources

Videos

- <https://www.youtube.com/roadtripnation?hsCtaTracking=237a208f-62e4-454c-9e50-14d974cb03c7%7Ce4f00b33-64b2-4cd3-b835-9163943ea6c1> Road Trip Nation puts together short informative videos often featuring people who have overcome an obstacle in their lives.

Fun Things To Do

- Playing Cards: <http://playingcards.io/>
 - This free website offers ways to stay connected with friends and classmates via virtual card games. You can play any tabletop game on a device that will automatically sync to your opponents.
- Audible: <https://stories.audible.com/start-listen>
 - Audible has hundreds of books that kids can listen to for free until schools are back in session.
 -