

PITTSFORD CHEERLEADING INFO PKT

2024-25

Pittsford Cheerleading is building a program that demands excellence and dedication from its athletes both on the playing field and in the classroom. We promote athleticism, teamwork, community and responsibility in a safety-first environment. Through hard work, cheerleading will build physical strength, mental toughness, and confidence/self-esteem.

The Pittsford Cheerleading Program is a reflection of both Pittsford Central School District and the community of Pittsford, NY. We currently field a Varsity and Junior Varsity/MOD A Team during the fall and winter sports seasons. We are looking for positive, hard-working, committed individuals who are interested in game day and competitive high school cheerleading.

This packet will provide all relevant information regarding the Pittsford Cheerleading Program including team objectives, requirements and obligations.

Visit our official website at www.pittsfordcheer for up-to-date information on our program.

**** PARENTS AND ATHLETES CHECK YOUR EMAIL THAT YOU PROVIDED IN FAMILYID DAILY! –
INFO will be distributed via email and our REMIND TXT APP. ****

ACADEMIC REQUIREMENTS

Student athletes will be required to meet all academic expectations set forth by the Pittsford Central School District with regard to eligibility and participation in sports. A Pittsford Cheerleader is expected to work to their potential in the classroom with the same level of effort and commitment as they do their sport. We demand academic excellence as the first priority; coaches regularly monitor academic progress to ensure the success of our program. School first; cheer second. Progress reports/grades are delivered to the coaches from the school at the 5wk and 10 wk intervals.

FINANCIAL REQUIREMENTS

Uniforms and warmups are provided for all squad members by PCSD. There are, however, additional required expenses including undergarments, sneakers, practice wear, and outerwear. Below is a list of the approximate cost of the required additional items:

Team Tumbling: approx \$75/mo

Practice wear: approx \$75/per season (fall & winter)

Sneakers: approx \$75 (yearly)

Bows/Undergarments/body liners: approx :\$50/yr

Additional expenses may come up within the season. For example, we offer optional team apparel and parent t-shirts, or travel expenses if we qualify to go to a State or National Competition. You will be notified of these as soon as we are aware of them. In some instances, fundraising opportunities will be available to offset these costs. Please see Booster President – Kelly Dietl with any financial questions or concerns. Athlete sponsorships are available from Booster Club.

ATTENDANCE

Attendance and participation are mandatory for all practices, workout sessions, games, competitions, and other scheduled events. A tentative schedule will be available during each season's tryout. Follow the link on the website for the most accurate and up to date schedule. Practices will generally be held between 3pm and 8:30 pm on weekdays and between 8am and 6pm on Saturdays. Competitions may be scheduled during the week and on weekends and times for competition varies. Game and Competition times are subject to the school/facilities availability and bus times can be early am or late drop off. If you miss for medical reason/illness a doctor note is required to return. See your coach with questions/concerns. **After 2 missed events- for any reason (excused or unexcused), athletes may be removed from participation at coaches discretion.**

Cheerleading is a demanding sport. The Pittsford Cheerleading Program will ask for both a physical and mental commitment as well as significant commitment of your time. You may be required to cheer during **general school vacation time (i.e. weekends, Thanksgiving and Winter Break, Feb Break)**. Not everyone can be a cheerleader: it requires physical skill and a high level of maturity and commitment. With your hard work, we can make this year successful and continue to build a solid program at Pittsford Schools.

The Season begins with Tryouts on Aug 26 and ends:

JV/MOD end date Feb 19 Varsity End date March 9th.

Commitment to all team events including practices, games & competitions through these dates is expected from all team members.

For the 2024-25 Season there will be NO events scheduled on:

Oct 11-14

Nov 27-Dec 1

Dec 21-Dec29

Please plan accordingly.

There will/can be practice or team events for all other dates not listed above.

TEAM TUMBLING

We tumble as a program at:

Rochester Gymnastics Academy –131 Despatch Dr. East Rochester NY

School Year Session – begins Sept 3th - Tuesdays 3-4pm

– it is each family's responsibility to provide their own transportation to and from the facility and register their own child using the link provided on the website.

OTHER TOPICS OF DISCUSSION:

Game Day vs. Competitive

RAINBOW CLASSIC

BOOSTER CLUB PARTICIPATION/PARENT VOLUNTEERS**

TRADITIONS

NYS CHEER- Requirements- Rubric/Tumbling/Stunting %-ages

"Playing Time"

Communication Chain

Communication from Coaches – GOOGLE DOCS – WEBSITE—REMIND APP - EMAIL

**PLEASE JOIN OUR REMIND APP for all
communication**

Take out your phone:

Send a txt to #

81010

Text this message:

@cheerpitts