

Throughout the lesson materials, you'll find PDF templates for resources such as newsletters and wellness committee permission slips. To make editing easier, below are links to Canva versions of these materials, which allow for customization.

The materials below are customizable resources that may require you to add details such as your school name, date, or signature. Examples include newsletters, cookbooks, and wellness committee permission slips.

You are allowed access to these materials as READ ONLY versions. To personalize them, please **make your own copy first**, then add your edits as needed.

- 1.)
- 2.) Video Lessons:
 - a.) [Newsletters](#)
- 3.) Other materials:
 - a.) [Recipe book](#)
 - b.) [Wellness Committee permission slip](#)
 - c.) [Wrap-up PPT Template \(Lesson 8\)](#)