

The Human Condition

So, what *exactly* is the human condition? The human condition arises from the existence of so-called 'good and evil' in our make-up. We humans are capable of shocking acts of inhumanity like rape, murder and torture and our agonizing predicament or 'condition' has been that we have never been able to explain and thus understand why. Even in our everyday behavior, why are we competitive, aggressive and selfish when clearly the ideals of life are to be the complete opposite, namely cooperative, loving and selfless?

This predicament or 'condition' of not being able to understand ourselves meant that the more we tried to understand ourselves—that is, the more we tried to think about this obvious and most important question about human behavior of why is it so imperfect—the more depressed our thoughts became. Clearly, to avoid becoming suicidally depressed, we learnt—and learnt very early on in our lives—not to allow our minds to go on that thought journey. We learnt to totally avoid the whole depressing subject of the human condition.