

## FOR IMMEDIATE RELEASE

CONTACT: [BART SMITH'S OFFICE](#)

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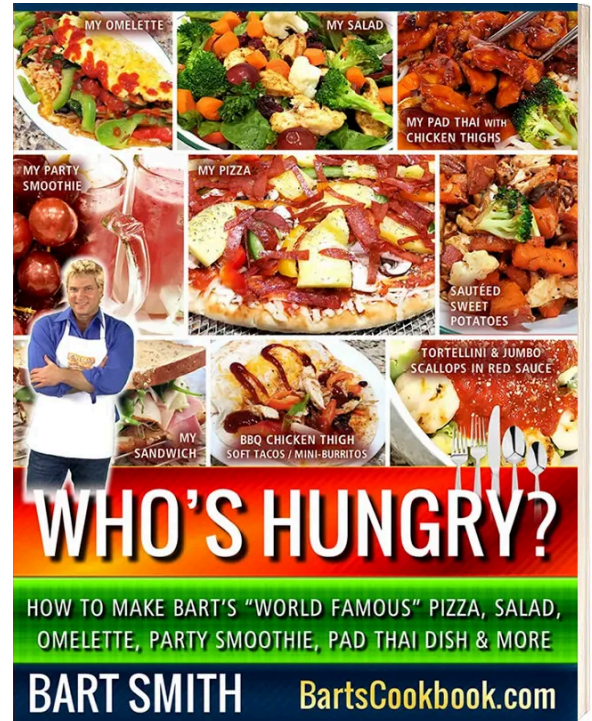
# Author Bart Smith Releases His Cookbook *Who's Hungry?* Featuring 25 Complete Meal Plans for Breakfast, Lunch & Dinner

**Las Vegas, NV** — Author and creator Bart Smith proudly announces the release of his cookbook, *Who's Hungry?*, a culinary collection designed to take the guesswork out of mealtime. With 25 full meal plans, Smith's cookbook spans breakfast, lunch, and dinner, while also adding unique party drinks and a dessert shake to the mix—making it a one-stop guide for home cooks, foodies, and families, couples and singles everywhere.

From fresh fruit bowls, juicing, protein shakes, hearty omelets, and pecan Belgian waffles for breakfast, to salads, soups, quiche, calzones, and sandwiches for lunch. For dinner, he shares his personal recipes for his world famous homemade pizza, Pad Thai, fried rice, Yakisoba stir-fry noodles, Japanese udon soup, as well as sautéed sweet potatoes, BBQ burgers and burritos. Smith brings both the classics and international flair to the table. Readers can also enjoy flavorful dishes from around the globe ensuring a nice variety and inspiration for every craving.

And for those with a sweet tooth—or party guests to impress—Smith adds his signature drinks and dessert creations, including his "Barty" (Party) Smoothie, Piña "Bartlada," Very Berry Frozen "Barterita," and his crowd-pleasing Cookies & Cream Chocolate Shake for the kiddos and adults alike.

"Who's Hungry? is more than a cookbook—it's a complete mealtime experience," says Smith. "I wanted to create a cookbook that anyone could use—whether you're looking for a quick breakfast, an indulgent dinner, or a party-ready drink. Food should be fun, approachable, and satisfying."



## ABOUT BART SMITH

Bart Smith, based in Las Vegas, Nevada, is a multi-talented author, entrepreneur, and content creator. With his party-attitude and energetic personality, a 30+ book portfolio spanning self-help, coaching, business, motivation, confidence, relationships, sex and improved lifestyle, Smith brings the same dedication to his food projects as he does to his other works—delivering value, inspiration, joy and smiles and practical tools to help people live better, fuller lives. Now, Mr. Smith is ready to bring his culinary vision to audiences the world over. Got access to a kitchen for the interview? Bart can whip up most anything in his cookbook with minor preparation for you and your audience. WAIT 'til you sample your first bite of his out-of-this-world kitchen creations!

*Who's Hungry?* is available now at [BartSmith.com](http://BartSmith.com), on [Amazon.com](http://Amazon.com), and on Smith's official YouTube channel, [@BartSmithWorld](https://www.youtube.com/@BartSmithWorld). Thank you for considering Bart Smith for your media coverage.

## ONLINE MEDIA

Website (1) → [BartSmith.com](http://BartSmith.com)

Website (2) → [BartsCookies.com](http://BartsCookies.com)

YouTube → [@BartSmithWorld](https://www.youtube.com/@BartSmithWorld)

Instagram (1) → [@BartSmithWorld](https://www.instagram.com/@BartSmithWorld)

Instagram (2) → [@BartsCookies](https://www.instagram.com/@BartsCookies)

TikTok → [@BartSmithWorld](https://www.tiktok.com/@BartSmithWorld)

## INTERVIEW AVAILABILITY

Bart is available for interviews in flexible and convenient formats:

- Telephone
- Zoom
- In-person / In-studio
- Instagram Live
- YouTube Live
- TikTok Live
- Panel (Multiple Interviewers)
- Group (Multiple Interviewees)
- Q&A Article Format

Whether your medium is broadcast, digital, print, blog, podcast, or social media, Bart can adapt to your platform's style and offer giveaway prizes (i.e., a dozen cookies to 1-3 random winners, one of his books, a call with Bart, etc.) to your audience when allowed or appropriate.

## REQUEST AN INTERVIEW

To request an interview with Mr. Smith, please [contact his office](#). Thank you for considering Bart Smith for your media coverage. He'd love to be a part of your story.

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