WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY 4 PLAN + REPORT

V / X	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. 🗸	Q1 ·	Check # announcements for new content and then watch the Daily Morning POWER UP CALL call (posted each day in announcements
2. X	Q1 ·	Find new prospects. Send valuable outreach.
3. 🔽	Q1 ·	Review fellow student's copy in the Campus (Only comment if you are SUPER confident in your feedback)
4. X	Q1 ·	Break down a piece of copy from my swipe file
5. X	Q1 ·	Fill out "THE TOP G LIFE PLANNER"
6. X	Q2 ·	Review the work I've done that day
7. ×	Q2 ·	Identify new ideas to test in my outreach the next day
8. ×	Q2 ·	Train Boxing. Complete the Cali warrior lvl.2 workout
9. 🔽	Q2 ·	Complete "How to use your Time and Brain" course
10. X	Q2 ·	Networking inside TRW
11. X	Q3 ·	3L of water. 200 Pushups
12. 🔽	Q3 -	Affirmation + Meditation (Morning and Night)
13. X	Q3 -	Eat a healthy Breakfast, Lunch and Dinner
14. X	63 -	Take a walk outside
15. 🔽	Q3 -	Reorganize room
16. 🔽	Q4 ·	Deep analyzing of the chessboard
17. 🔽	Q4 ·	Drive around with my dad
18. 🔽	Q4 ·	Play Chess
19. X	Q4 -	Rewatch Prof. Andrew's Advanced Influence course

✓/ ×	U+I Of Task	Task List For The Day - Fill In ALL 20!
20. X	Q4 ·	Eat 5 hours prior to sleeping

	DAY NUMBER + DATE + TIME
Day Number:	4
Date:	March 18
Start Time:	10:00 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	My loving family
2.	A roof over my head
3.	Living in a safe neighborhood

1.	Find new prospects. Send valuable outreach.
2.	Review fellow student's copy in the Campus (Only comment if you are SUPER confident in your feedback)
3.	Fill out "THE TOP G LIFE PLANNER"



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?	
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?	
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?	
	MY MORNING WAR PLAN	
	⊗What Do I Plan To Accomplish This Morning?	
Identify what mistakes I've been making in my copy, as well as new concepts to apply		

	what is the main doar for this mor	mig:	
concents	s to annly to my converiting		

To find new concepts to apply to my copywriting

How Will I Start My Morning With Power?

- 1. Morning affirmations + meditation
- 2. I will do 100 pushups
- 3. I'll also drink 1.5L of water
- 4. Watch the Morning POWER UP Call

10 am: Task \$	Eat breakfast Identify new ideas to test in my outreach the next day
Intention 🔔	 I'll eat breakfast based on my diet plan Then I'll read and analyze the DotCom Secrets
Reflection /	Failed. Took too long to reschedule my day so I only ate.

11 am: Task \$	Review fellow student's copy in the Campus (Only comment if you are SUPER confident in your feedback)
Intention 🔔	 I'll look through the Copy Review chat for great and bad copy I'll extract lessons from them of what I should implement as well as what I should NOT do Give the writer feedback on his copy
Reflection / Completed	
12 am: Task \$	Reorganize the room. Walk dog
Intention 🔔	 Do the laundry Take out the trash Put away clothes Mop Walk the dog for ~30 min
Reflection /	Failed, I ended spending the entire hour reading the 41 Tenets of Tate and asked Prof. Arno for advice on a personal issue

©END-OF-THE-MORNING REPORT ©

What Did I Learn This Morning?

I learned an interesting strategy for the hook of an outreach email. Also got reminded that my castle of success must be built on rock, not quicksand.

XWhat Problem Did I Face This Morning?X

I realized that my plan for the day had many flaws, so I ended up spending a lot of my precious time redoing it.

PHow Will I Solve These Pro	blems For This Afternoon? 🔑
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I will slot in some time today to plan out the rest of this day, create a better plan for tomorrow and create a list of goals for the next 5 years using the "TOP G LIFE PLANNER"

MY AFTERNOON WAR PLAN

What Do I Plan To Accomplish This Afternoon?

I plan to complete each task with as much discipline and precision as possible. With almost no time spent unproductively (aside from spending time with family).

⊚What Is The Main Goal For This Afternoon?⊚

The main goal is to send out my first piece of quality FV to a prospect.

🔑 How Will I Start My Afternoon With Power? 🔑

By doing a quick contrast shower

1 pm: Task \$ Reorganize my room. Find new prospects. Send valuable outreach

Intention 🔔

- Take out trash
- Mop
- Put away clothes
- Dust
- And declutter my room
- Spend 30 min reviewing FAQS, Ask Prof. Andrew, Morning POWER

	UP Calls, Notes, Captains Lessons, Stage Chats for clarity on the type of value I should provide for the prospect
Reflection /	Completed all the tasks - apart from the trash (it was pretty much empty)
2 pm: Task \$	Find new prospects. Send valuable outreach
Intention 🔔	 Spend 1 hour researching the top dogs of the prospect's niche. See what works well for them, why it works for them, their flaws, things they missed
Reflection /	Failed. Only spent 30 min on the task, the rest of the hour was spent on watching a video.
3 pm: Task \$	Find new prospects. Send valuable outreach
Intention 🔔	- Spend 45 min looking for the "chink" in my prospects armour
Reflection /	Failed. Watched an Emergency Meeting
4 pm: Task \$	Find new prospects. Send valuable outreach
Intention 🔔	- Spend 1 hour creating FV for the prospect
Reflection /	Completed. Although I spent a little less than 1 hour working

5 pm: Task \$	Drive around with my dad
Intention 🔔	Spend quality time with my dad
Reflection /	Completed
6 pm: Task \$	Find new prospects. Send valuable outreach
Intention 🔔	 Do more research on the prospect's desires/pains Identify winning strategies other successful businesses in the same niche use Use Marketind360 to help speed up the process
Reflection /	Completed.
7 pm: Task \$	Find new prospects. Send valuable outreach
Intention 🔔	Create the FV for the prospect
Reflection /	Failed. Got side tracked on all sorts of different ideas
8 pm: Task \$	Review the work I did that day
Intention 🔔	 Break it down myself using the cheat sheet Andrew gave us Ask for feedback on it inside the Copy Review channel Rewatch Andrew's copy live copy review recording for more insight
Reflection /	Failed. Continued to work on a general avatar for Online Fitness

Coaches

9 pm: Task \$	Train Boxing. Complete the Cali warrior lvl.2 workout
Intention 🔔	 Warmup - 15 min Shadow box - 20 min Cali Warrior Level 2 (Legs) ~ 35 min Contrast shower - 10 min
Reflection /	Failed. Continued to work on a general avatar for Online Fitness Coaches
10 pm: Task \$	Break down a piece of copy from my swipe file
Intention 🔔	Break down Oglysk's copy
Reflection /	Failed. I completed the "How to use your Time and Brain" course

11 pm: Task \$	Fill out "THE TOP G LIFE PLANNER"
Intention 🔔	Spend time carefully planning my future using the planner
Reflection /	Failed. Completing this and next day's planner.



⊗What Did I Learn Today?

I learned that to lucid dream I can either try remembering my last thought OR tell

myself on repeat - convince myself I WILL lucid dream about a specific problem.
mysen on repeat - convince mysen i will ideid dream about a specific problem.
XWhat Problems Did I Face In The Day?X
I noticed my mind started to drift throughout the G work sessions. I did not complete the tasks I wanted to complete.
€ How Will I Solve These Problems Tomorrow?
I'll create a more specific task list, and remember my WHY behind them.
www.www.www.www.www.www.www.www.www.ww
I will complete more tasks than today. I'll also use my brain more before going to bed by playing chess/reading before going to bed.
↔ What Do I Plan To Do The Same Tomorrow?
I'll keep doing a few of my morning "rituals". I'll also continue to learn a lot more on life in TRW
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
I need to share my feedback on students' copy inside the chats. As well as try to come up with a great question - one that'll help me reach my dreams I can ask Prof Andrew

Brain Dump: I'm going to live forever. I'm going to learn how to fly.