

SECOND GRADE PHYSICAL EDUCATION MONITORING SHEET

- Tri. P.2.1. The student will continue to demonstrate correct critical elements (isolated, small parts of the whole skill or movement) of locomotor, non-locomotor, and manipulative skills
- ___ P.2.1.a Demonstrate individually and with a partner the manipulative skills
- ___ throwing
 - ___ catching
 - ___ kicking
 - ___ striking
 - ___ volleying
 - ___ dribbling
- ___ P.2.1.b Demonstrate tumbling sequences including
- ___ balance
 - ___ roll
 - ___ transfer of weight
 - ___ flight
- ___ P.2.1.c Demonstrate moving to a rhythm by combining locomotor and non-locomotor skills to perform basic educational folk and creative dance sequences
- Tri. P.2.2 The student will apply the basic movement concepts to change performance of locomotor, non-manipulative, and manipulative skills
- ___ P.2.2.a Use the concept of relationships (e.g., *over*, *under*, *around*, *in front of*, *behind*, and *through*) in dynamic movement situations
- ___ P.2.2.b Use the concepts of spatial awareness (e.g., location, directions, levels), and effort (time, force, flow) in static and dynamic movement situations
- Tri. P.2.3 The student will identify and participate in physical activities that promote cardiorespiratory, muscular, and flexibility benefits
- Tri. P.2.4 The student will exhibit, in physical activity settings, cooperative, respectful, and safe behaviors
- Tri. P.2.5 The student will identify opportunities outside of school to participate in regular physical activities