

Occupational Therapy Activities
Week of 6/8/20

Cooking fun!

Dirt Cups

Ingredients:



Instant
Chocolate Pudding



Whipped
Topping



Chocolate Cream
Filled Cookies



Milk



Gummy
Worms

Cooking Tools:



Instructions:

CUT cookies until they resemble crumbs.

POUR cold milk into large bowl.

ADD pudding mix.

BEAT with whisk 2 minutes.

LET STAND 5 minutes.

STIR in whipped topping.

STIR in 1/2 of the crushed cookies.

PLACE a spoonful of cookie crumbs into 8 cups.

FILL cups about 3/4 full with pudding mixture.

TOP with remaining cookie crumbs

TOP with gummy worms.

REFRIGERATE until ready to serve.



Ingredients:

1 pkg. (16 oz.) Chocolate
cream filled cookies

2 cups cold milk

1 pkg. (4- serving size
chocolate instant pudding

1 tub (8 oz.) Frozen whipped
topping, thawed

Worm-shaped chewy fruit
snacks

Answer the following questions about the recipe:

1. How many ingredients are in this recipe? _____
2. How much milk does the recipe call for? _____
3. How many ounces of whipped topping do you need? _____
4. What tool do you need to beat the ingredients with? _____
5. What type of cookie does the recipe call for? _____

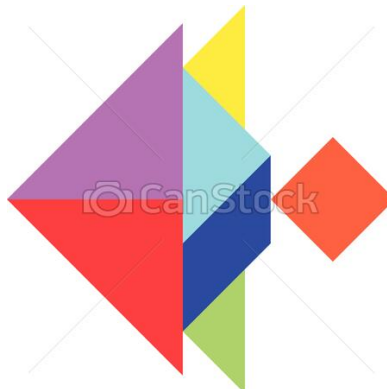


Let's try a Tangram

Complete the tanagram worksheet provided

1. Print out the template provided and page 2 of the tangram fish printout.
2. Color in the template provided and then have your child cut out pieces with help (you can also print out the color version on page 1 of tangram printout, and cut)
3. Match the pieces to the picture
4. Now move the pieces to separate piece of paper to glue in place to make the fish

*Hand over hand assistance may be needed to help cut the pieces with good accuracy



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