

OCTOBER 2025 INDOOR POOL SCHEDULE

*Items in **BOLD PRINT** are open to the public for drop-in or annual pass holders.*

The Sauk Prairie indoor aquatics facility includes an 8-lane competition pool, complete with diving boards, and a warm-water activity pool with zero-depth entry and four lanes for water exercise and swim lessons.

cc.saukprairieschools.org/aquatics

(CP)=Competition Pool (WWP)=Warm Water Pool

SUN	MON	TUE	WED	THUR	FRI	SAT
Scan the code to always have the most up-to-date schedule 			1	2	3	4
			3:45-8:45 PM Team Practices (CP)	9:30 AM-10:30 PM Adult Lap (CP) 3:45-8:45 PM Team Practices (CP)	3:45-8:45 PM Team Practices (CP)	8:00-10:30 AM Team Practices (CP)
			6:00-7:15 PM Adult Lap (CP)	6:00-7:15 PM Adult Lap (CP)		
5	6	7	8	9	10	11
10:00 AM -2:00 PM Open Swim (WWP/CP) ** Lap Lanes Available 3:00-6:00 PM Swim Lessons (WWP/CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 11:30 AM-12:15 PM Pool Power (WWP) 4:00-8:00 PM Home Swim Meet (CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:00-7:15 PM Adult Lap (CP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 3:45-8:45 PM Team Practices (CP) 6:00-7:30 PM Open Swim (WWP) 6:00-7:15 PM Adult Lap (CP)	3:45-8:45 PM Team Practices (CP)	1:00-5:00 PM Open Swim (WWP/CP) ** Lap Lanes Available
12	13	14	15	16	17	18
10:00 AM -2:00 PM Open Swim (WWP) 3:00-6:00 PM Swim Lessons (WWP/CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 11:30 AM-12:15 PM Pool Power (WWP) 6:00-7:15 PM Adult Lap (CP) 6:00-8:45 PM Team Practices (CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:00-7:15 PM Adult Lap (CP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 3:45-8:45 PM Team Practices (CP) 6:00-7:30 PM Open Swim (WWP) 6:00-7:15 PM Adult Lap (CP)	3:45-7:30 PM Team Practices (CP)	
19	20	21	22	23	24	25
10:00 AM -2:00 PM Open Swim (WWP/CP) ** Lap Lanes Available 3:00-6:00 PM Swim Lessons (WWP/CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 11:30 AM-12:15 PM Pool Power (WWP) 6:00-7:15 PM Adult Lap (CP) 6:00-8:45 PM Team Practices (CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:00-7:15 PM Adult Lap (CP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 3:45-8:45 PM Team Practices (CP) 6:00-7:30 PM Open Swim (WWP) 6:00-7:15 PM Adult Lap (CP)	3:45-7:30 PM Team Practices (CP)	1:00-3:00 PM Open Swim (WWP/CP) 3:30-5:00 Neurodiverse Swim (WWP)
26	27	28	29	30	31	
10:00 AM -2:00 PM Open Swim (WWP/CP) 3:00-6:00 PM Swim Lessons (WWP/CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:30-7:15 PM Aqua Movement (WWP)	9:30 AM-10:30 PM Adult Lap (CP) 11:30 AM-12:15 PM Pool Power (WWP) 3:45-8:45 PM Team Practices (CP) 6:00-7:15 PM Adult Lap (CP)	3:45-8:45 PM Team Practices (CP) 5:30-6:15 PM Mix It Up Aqua (WWP) 6:00-7:15 PM Adult Lap (CP) 6:30-7:15 PM Aqua Movement (WWP)	1:00-3:00 PM Spooky Open Swim (WWP) 3:45-8:45 PM Team Practices (CP) 6:00-7:15 PM Adult Lap (CP)	3:45-7:30 PM Team Practices (CP)	