

Mission Mutt Dog Rescue

Dog Care Guide

Feeding & Nutrition

Important Note:




Always allow dogs to rest for 2 hours after eating before engaging in play to prevent bloat and discomfort.

[Human Food Safe & Harmful for Dogs & Puppies](#)



Puppy Feeding Guide

- Feed a mix of **dry and wet food**. Use the feeding chart on the dry food bag based on weight.
- Add **1 spoonful of wet food** per meal.
- You may add small amounts of **plain cooked** (unseasoned) **chicken, turkey, ham, or beef** – finely shredded or chopped into **very small pieces**.
- Avoid raw food, any seasoning or sauce.
- Optional: add **plain white rice**.
- Add **warm water** to meals to help keep them hydrated.
- Use human food additions sparingly to avoid picky eating habits.



| PUPPY FEEDING SCHEDULE | | |
|--|------------|------------------|
|  TEACUP TO SMALL | BREED SIZE | FEEDINGS PER DAY |
| | | 8-12 WEEKS 4 |
| | | 3-6 MONTHS 3 |
| | | 6-12 MONTHS 3 |
| | | 1 YEAR AND UP* 2 |
|  MEDIUM TO LARGE | BREED SIZE | FEEDINGS PER DAY |
| | | 8-12 WEEKS 3 |
| | | 3-6 MONTHS 3 |
| | | 6-12 MONTHS 2 |
| | | 1 YEAR AND UP* 2 |
|  LARGE TO GIANT | BREED SIZE | FEEDINGS PER DAY |
| | | 8-12 WEEKS 3 |
| | | 3-6 MONTHS 2 |
| | | 6-12 MONTHS 2 |
| | | 1 YEAR AND UP* 2 |
| *Consult your veterinarian about transitioning to adult dog food as well as the frequency of feeding for giant breeds. | | |
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Adult Dog Feeding Guide

- Feed **twice a day** using dry food mixed with a small spoonful of wet food.
 - Follow the **feeding instructions** on the dry food bag based on the dog's weight.
 - You may include **plain, cooked meat** (chicken, turkey, ham, or beef), **shredded into small pieces**.
 - Avoid raw meat, seasoning, or sauces.
 - Optional: Add **plain white rice** and **warm water** to promote hydration.
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Upset Stomach Care

- Feed **3 times daily**: plain white rice and water, or **plain Greek yogurt** until stool returns to normal.
- Soft stool is **common due to food changes or stress** in new environments.

 **For medical concerns, immediately contact:**
 **Madison Kossow – (954) 256–3556**

House Training

- Confine puppies to a **playpen** with **potty pads**.
 - As they learn to use pads, slowly **reduce the number of pads**.
 - If roaming, place pads in multiple locations.
 - For outdoor training, start by placing a pad outside. Gradually **remove the pad** once they adjust to going potty outside.
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Socialization & Safety

Socializing Your Foster

- Take puppies on walks to meet **new people** — early socialization is key!
- Let them interact with **known, vaccinated dogs** only.
- **DO NOT** bring foster dogs to **dog parks** — these pose health and safety risks.
- **Avoid interactions with unknown dogs** on walks, even on a leash.

Introducing Foster to Your Dog

- Begin with **slow introductions** in **neutral spaces**:
 - Option 1: Keep the foster in a crate and allow your dog to sniff.
 - Option 2: Introduce in the yard — keep the foster on leash while your dog roams free.
 - Don't force interaction. **Ignoring is a good sign!**
 - **Feed dogs separately** and supervise shared time.
 - Remove toys or resources if **possessiveness** occurs.
 - **Never leave the dogs alone together** unsupervised.
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Training Tips

- Start with **basic obedience**: sit, stay, down, and come.
- Use **Zak George's Dog Training Revolution** (YouTube/book) as a helpful resource.

[Zak George's Dog Training Revolution](#)

- Always place a **collar and ID tag** on your foster right away.
- Use a **harness and leash** for all walks.
- Begin leash training using treats as motivation.
- Ensure all equipment is **properly fitted** for safety and control.

 **Questions or Concerns?**

 Email: missionmuttdogrescue@gmail.com

 Medical: **Madison Kossow – (954) 256–3556**

Let me know if you'd like this formatted as a printable PDF or handout!