Struggle Meals: 3 Ways to Ramen

Directions: Answer the questions as you view the episode.

1) What is the cost goal for each of the 3 dishes? $_____

2) Why do you think ramen is considered a struggle meal?

3) Frankie has a “packet drawer”. What do you think is the point?

4) In the Shrimp Ramen, Frankie does not use the seasoning, what does he use instead?

5) How is the Shrimp Noodle Packet Surprise cooked?

6) Frankie says that chopping your own ingredients is a huge way to save money, why do you think that is?

7) Where does the chicken come from in the chicken noodle salad?
_____

8) What are the 3 types of fat used in the bacon carbonara?

9) If the noodles aren’t submerged in the cream they can’t _____.

10) Of the 3 dishes (Ramen Surprise, Ramen Salad, Ramen Pasta), which would you NOT try? Why not?

