# WEEK 2 - 28 Days To A Client

#### THE MASTER WAR MODE DAY PLAN + REPORT

<b>V</b> / <b>X</b>	<b>U+I</b> Of Task	Task List For The Day - Fill In ALL 20!
1. 🗸	Q1 ·	Meditate
2. 🔽/	Q1 ·	Outreach
3. <b>V</b> / <b>X</b>	Q1 ·	Review a copy
4. 🔽	Q1 ·	Create a FV
5. <b>V</b> / <b>X</b>	Q1 ·	200 Push ups
<b>6. 1</b> / <b>×</b>	Q2 ·	100 squats
<b>7.</b> 🔽/🗙	Q2 ·	Read for 10 minutes
8. 🗸	Q2 ·	Draw
9. 🔽	Q2 ·	Journaling
10. 🔽	Q2 ·	"Big Picture"
<b>11.</b> 🔽/🔀	G3 ·	See GF
12. 🔽	G3 ·	Look for ways to improve outreach
<b>13.</b> 🔽/🗙	G3 ·	Prospect new leads
<b>14.</b> 🔽/🗙	G3 ·	Shadow box for 5 minutes
<b>15.</b> 🔽	Ø3 ·	Plan out next day
16. 🔽	Q4 ·	Review the day
17. 🔽	Q4 ·	OODA loop on current strategies
18. 🔽	Q4 ·	Watch morning power up call
<b>19.</b> 🔽/🗙	Q4 ·	Break down 1 good copy
<b>20.</b> 🔽/×	Q4 ·	Go to bed on time

	DAY NUMBER + DATE + TIME
Day Number:	8
Date:	20/3/2023
Start Time:	09:00 AM

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	For my family
2.	For my fortunate position in life
3.	For my friends

1.	Outreach
2.	Review a copy
3.	FV



# [Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
A Intention:	(a) Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not. Then Why?



	What Do I Plan To Accomplish This Morning?
	⊚What Is The Main Goal For This Morning?⊚
-	
	Phow Will I Start My Morning With Power?
	<b>,</b>
9 am: Task \$	Meditate, 100 push ups, 50 squats, shower
Intention 🔔	Wake up and get energized for the day
Reflection /	Meditated, couldn't do 100 push ups and 50 squats, However I'm going to do it till the end of the day
10 am: Task \$	Coffee and getting settled
Intention 🔔	Get positive reply and develop my outreach further
Reflection /	Got coffee and settling to start the work

11 am: Task \$	Outreach to clients
Intention 🔔	Get positive reply and develop my outreach further
Reflection /	Got sidetracked
12 am: Task \$	Outreach to clients
Intention 🔔	Get positive reply and develop my outreach further
Reflection /	Created an Outreach avatar for online coaches +30XP

### **©END-OF-THE-MORNING REPORT**

What Did I Learn This Morning?	
I can get up earlier than I usully do and not feel tired	
XWhat Problem's Did I Face This Morning?X	
Time management	

Phow Will I Solve These Problems For This Afternoon? P

Will follow the schedule

## MY AFTERNOON WAR PLAN

	■What Do I Plan To Accomplish This Afternoon? ■	
Send out quali	ity outreaches based on coaching avatar	
	⊚What Is The Main Goal For This Afternoon?⊚	
Outreach to 5	prospects	
	→ How Will I Start My Afternoon With Power? →	
Breath in and	breath out	
1 pm: Task \$	Outreach to clients	
Intention 🔔	Get positive reply and develop my outreach further	
Reflection /	Outreached to 1 prospect +30XP	
2 pm: Task \$	Lunch break	
Intention 🔔	Eat and replenish energy	
Reflection /	Time to continue work	
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3 pm: Task \$	Outreach to clients + FV	
Intention 🔔	Get positive reply and develop my outreach further	
Reflection /	Working on a FV +30XP	
4 pm: Task \$	Outreach to clients (go to the bank)	
Intention 🔔	Get positive reply and develop my outreach further	
Reflection /	Had to go the bank	
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5 pm: Task \$	Prospect ( at the bank)	
Intention 🔔	Get a list	
Reflection /	Finishing up my business	
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6 pm: Task \$	Continue working on a FV	
Intention 🔔	Get a list	
Reflection /	FV Sent +30XP	

7 pm: Task \$	Seeing my GF
Intention 🔔	Date
Reflection /	Date
8 pm: Task \$	Seeing my GF
Intention 🔔	Date
Reflection /	Date
9 pm: Task \$	Seeing my GF
Intention 🔔	Date
Reflection /	Date
10 pm: Task \$	Seeing my GF
Intention 🔔	Date
Reflection /	Date
11 pm: Task \$	Review the day

Intention 🔔	Get clarity
Reflection /	Reviewed the day, I need try my hardest to not get off the schedule
12 pm: Task \$	Plan the next day
Intention 🔔	Tactical planning
Reflection /	Today was rough
	End-Of-The-Day Report:
	What Did I Learn Today?
Missing one ti	me slot causes entire day to go sideways
	XWhat Problems Did I Face In The Day?X
Personal life g	ot in the way of following the tasks accordingly
	→ How Will I Solve These Problems Tomorrow? →
I'll try to plan	out more flexibly
	www.What Do I Plan To Do Differently Tomorrow?

I'm gonna crush tomorrow
♦ What Do I Plan To Do The Same Tomorrow?
FV practice
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
TRW
∬What Tasks Were Left Undone? ∭
Reading, review, prospecting, push ups, squats

Brain Dump: Personal life got in the way of completing this day accordingly, I will try my best to not let it get in my way for tomorrow