

Recommended Resources



Trauma Informed Care for Displaced Populations

(especially pages 11-13, 18-20)

by American Institutes for Research

The highlighted pages from this document offer a brief introduction to the impact of trauma on people who have been displaced from their homes and the principles of trauma-informed care.

www.air.org/sites/default/files/downloads/report/Trauma-informed-care-for-displaced-populations.pdf

Healing the Wounds of Trauma

managed by the American Bible Society and a coalition of mission groups

Developed in an international context with many culturally informed variations available, this curriculum is designed for use in communities affected by loss and can be facilitated by people without any professional credentials. Groups who use this material learn basic proven mental health practices for dealing with grief and loss while learning what the Bible has to say on these topics.

www.traumahealinginstitute.org/about

Spiritual First Aid Manual

by the Humanitarian Disaster Institute

This online resource gives simple advice on helping care for the whole person in a place recovering from disaster. Addressing helpers and volunteers of all kinds, the document describes how to assess and support survivors' spiritual, relational, and emotional needs.

www.spiritualfirstaidhub.com/

Suffering and the Heart of God

by Diane Langberg

Dr. Langberg has more than 40 years of experience as a counselor to victims of abuse and trauma. This excellent book gives a theological and practical foundation for understanding trauma, its impact, and what is needed for healing.

Complex Trauma: Facts for Caregivers

by The National Child Traumatic Stress Network

This short document talks about the symptoms of complex trauma in a child's life and gives simple ideas for how caregivers can support a child who is struggling to make sense of trauma.

www.nctsn.org/sites/default/files/resources//complex_trauma_caregivers.pdf

GRACE

(Godly Response to Abuse in the Christian Environment)

"GRACE has accumulated and organized a wealth of resources from mental health experts, former prosecutors, and theologians to give you and your organization a well-rounded, robust, and deep understanding of abuse and how to prevent it."

www.netgrace.org/

CSPN

(Child Safety and Protection Network)

"The Child Safety and Protection Network supports the common desire of like-minded agencies and schools to provide safe and rich experiences for all children. Through this network, we are resolved to collaborate in our efforts to:

- Develop and deliver child safety education and curriculum
- Share quality resources to promote child safety
- Develop effective response and care protocols
- Facilitate environments and forums for networking"

www.cspn.org/

Recommended by: *Rachel Uthmann & Whitney Gerdes (International Association for Refugees}, Amy Knöttner (Echo International)*