PROSPECT MOUNTAIN HIGH SCHOOL

September 30, 2024

Prospect cares about your child's heart health, so we are partnering with Who We Play For (WWPF) to screen students with an ECG (electrocardiogram) who choose to do so. An ECG, also known as an EKG, can detect issues in the heart that can be missed in a standard physical exam. The standard physical only detects 4% of underlying heart conditions, while an ECG detects 95%.

Sudden Cardiac Arrest (SCA) is the leading cause of death in student-athletes and in the school system. The real tragedy is most of these deaths can be prevented. Who We Play For was founded to bring electrocardiogram (ECG) heart screenings to student-athletes and students across the country.

If you are asking, why should my child get a cardiac screening, consider this. The human body, including the heart, changes during puberty in a variety of ways. Because of these physical changes and the increased stresses on a student athlete's heart, cardiac screening should be a part of a physical at least every 2 years.

Our event will take place on **Monday, November 4, 2024 from 9:00-12:00.** Students who register will be called down to the health office or the training room to receive their 5 minute ECG test. Boys and girls will be screened separately. Boys will need to remove their shirts. Girls should wear a regular bra or sports bra, which will not need to be removed. The cost of the test is $20, payable online with registration at the link below.

HERE'S HOW IT WORKS:

1. **Select a screening through our website at whoweplayfor.org.**
2. **The child receives an ECG at a heart screening event.**
3. **ECGs are interpreted by pediatric cardiologists volunteering with WWPF.**
4. **Results are delivered to the child's guardians and are connected with appropriate follow-up care if warranted.**

Together, we are advancing the standard of care. The result will be a generation of students who get to grow up.

For more information, you can visit the WWPF website at: www.whoweplayfor.com

Please connect with me with any questions.

Sincerely,

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