


















ODYSSEY OF ONSLAUGHT


<div>✓/✗</div>	<div>  Today's Missions & Strategic Steps To Success  </div> <div> (Tackle each mission, step by step, and track your progress.) </div>
<div>1. ✓</div>	<div>  MISSION: Wake up 10:30 AM </div> <div>  Strategic Steps: </div>
<div>2. ✗</div>	<div>  MISSION: Sleep 22:40 AM </div> <div>  Strategic Steps: </div>
<div>3. ✓</div>	<div>  MISSION: Eat daily 3180 cals </div> <div>  Strategic Steps: Do 2 big meals, one lunch and one dinner </div>
<div>4. ✓</div>	<div>  MISSION: Drink 3L of water </div> <div>  Strategic Steps: </div>
<div>5. ✓</div>	<div>  MISSION: Copy work </div> <div>  Strategic Steps: <ul style="list-style-type: none"> 1.10 min helping student's 2.15 min copy review 3.Research for prospect 4.Search prospects 5.Write outreach 6.Write FV 7.Watch daily power-up call 8.Check announcements channel </div>
<div>6. ✗</div>	<div>  MISSION: Watch lessons on social media fame </div>

<div> <div>✓/✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions & Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
	<div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>7. ✓</div>	<div> <div>🎯</div> <div>MISSION: Do 150 push ups</div> <div>🧭</div> <div>Strategic Steps: Do 2 sets of 40 and 1 of 20</div> </div>
<div>8. ✓/✗</div>	<div> <div>🎯</div> <div>MISSION:</div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>9. ✓</div>	<div> <div>🎯</div> <div>MISSION: Practice German for 15 min</div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>10. ✓</div>	<div> <div>🎯</div> <div>MISSION: Review the work did in a day and come up with new ideas</div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>11. ✗</div>	<div> <div>🎯</div> <div>MISSION: Plan the next day</div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>12. ✓/✗</div>	<div> <div>🎯</div> <div>MISSION:</div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>13. ✓</div>	<div> <div>🎯</div> <div>MISSION: Watch daily power up call</div> <div>🧭</div> <div>Strategic Steps:</div> </div>

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
14. ✓	 MISSION: 15 min stretching  Strategic Steps:
15. ✓	 MISSION: Boxing  Strategic Steps:
16. ✓	 MISSION: Send three outreaches  Strategic Steps:
17. ✓	 MISSION: Review outreach and FV and find ways to improve it  Strategic Steps:
18. ✓/✗	 MISSION:  Strategic Steps:
19. ✓/✗	 MISSION:  Strategic Steps:
20. ✓/✗	 MISSION:  Strategic Steps:

✓/✗	Extra tasks - rewards for conquering the day  (do only after a G work sessions or if you have spare time)
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1. ❌	Playing 3 chess games
2. ❌	Reading 10 pages
3. ✅/❌	
4. ✅/❌	
5. ✅/❌	
6. ✅/❌	
7. ✅/❌	

	<div> <div> <div>July</div> <div>17</div> </div> <div>Date of Determination</div> <div> <div>July</div> <div>17</div> </div> </div>
Date:	08/12

<div> <div>🔥</div> <div>Igniting Your Flame - Outshine Yesterday's Blaze</div> <div>🔥</div> </div>
Yesterday's Overall Benchmark Score to Surpass Today =13/16





<div> <div>🙌</div> <div> <div>🌅</div> <div>3 Blessings I Cherish This Morning</div> <div>🙌</div> </div> </div>
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1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy



	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect
3.	Training





Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 	Mission: What will I do?
Strategy 	Strategy: How will I do it, step-by-step action?
Reflection 	Reflection: Was the mission accomplished? If not, what stopped me?
Score 	Hourly Score: How did this hour measure up to my standards? Good



5 AM: Mission 	
Strategy 	



Reflection 	
Score 	





6 AM: Mission 	
Strategy 	
Reflection 	
Score 	





7 AM: Mission 	
Strategy 	
Reflection 	
Score 	





8 AM: Mission 	
Strategy 	
Reflection 	
Score 	

9 AM: Mission 	
Strategy 	

Reflection 	
Score 	

10 AM: Mission 	Wake up and shower
Strategy 	
Reflection 	accomplished
Score 	8/10

11 AM: Mission 	Review copy, help students and read
Strategy 	
Reflection 	no, I only reviewed copy because I i was slow and could have showered and got groomed faster
Score 	9/10

12 PM: Mission 	Write outreach
Strategy 	
Reflection 	no, I had to shoot a video for a prospect
Score 	9/10

1 PM: Mission 	Write outreach and stretch
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Strategy 🔍	Write outreach till 1:45 PM and stretch till 2 PM
Reflection ✍️	no, i started stretching some minutes later and I didn't write outreach for the same previous reason
Score 🏆	9/10

2 PM: Mission 🏆	Eat and practice German
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

3 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	no, because I started eating later because I started stretching later
Score 🏆	6/10

4 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	no, I had to get the video right
Score 🏆	9/10

5 PM: Mission 🏆	Write outreach
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Strategy 🔍	
Reflection ✍️	no, I had to start training sooner
Score 🏆	9/10

6 PM: Mission 🏆	Boxing
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

7 PM: Mission 🏆	Boxing
Strategy 🔍	
Reflection ✍️	no, i finished training at 7 PM
Score 🏆	9/10

8 PM: Mission 🏆	Shower and eat
Strategy 🔍	
Reflection ✍️	no
Score 🏆	6/10

9 PM: Mission 🏆	Review the work of the day, plan the next day and get ready to go to sleep
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Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10



Twilight's Review



Today's Learnings: Wisdom or lessons learned from the day

Prepare yourself for the turmoil that is coming.
Become ultra successful and put in shit tons of work



Victories Celebrated: Accomplishments and successes of the day

Sent 4 outreaches



Stumbles Along the Way: Points of difficulty or mistakes made.

I had to start training sooner



Tomorrow's Illuminations: Plan how to improve and progress the next day.



Consistencies to Keep: Recognize what worked well and should be repeated.

Copy work and training



Communications: Identifying individuals to connect with.



Pending Missions: Tasks that remain uncompleted

Going to sleep on time, watching lessons, reading, playing chess games and planning the best day



Day's Overall Score: A final assessment of the day's productivity

14/16

Freestyle Thoughts Chamber:
(Let your thoughts flow here. No judgment, no boundaries.)