

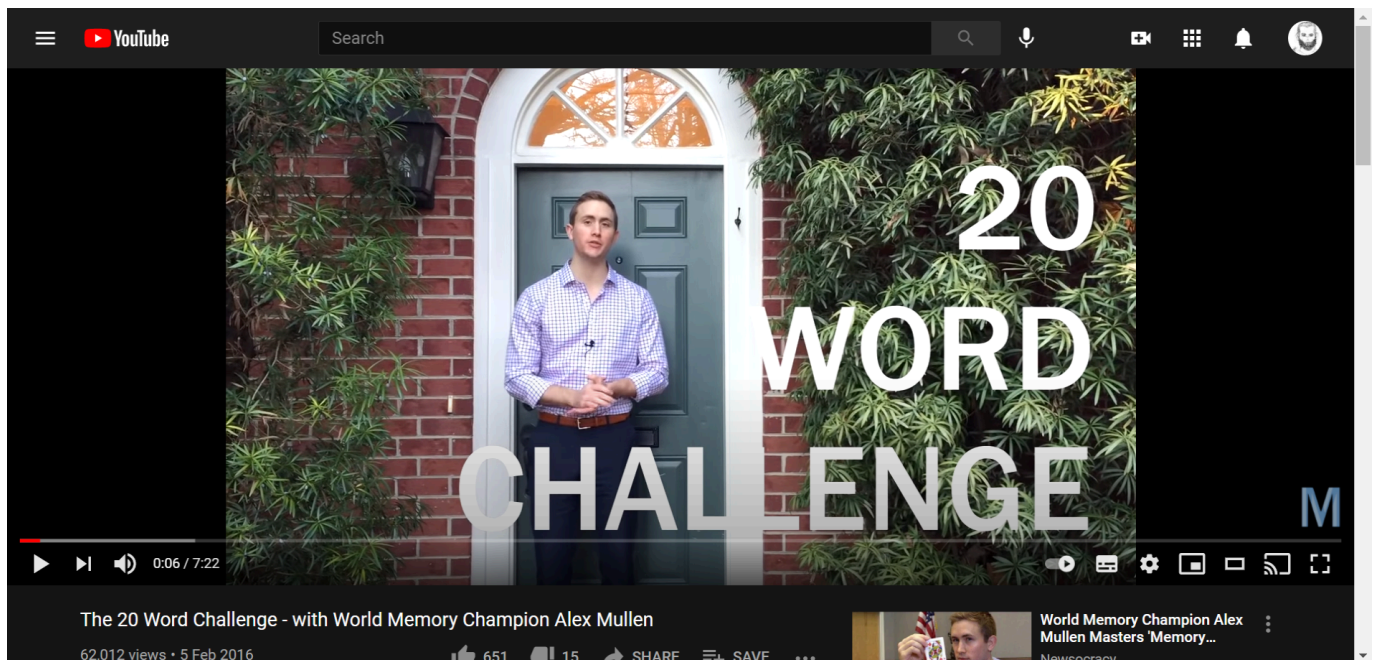
Basic First Aid

Learning Goals:

- Students will understand the relevance of basic first aid in the workplace.
- Students will be exposed to action steps in a first aid situation.
- Students will be able to use technology, storytelling, and media to describe the steps in administering basic first aid based on a scenario of their choosing.



Gaining knowledge about basic first aid can help make the workplace safe for you and others. We will **look at this link** which covers the first steps we should take. **Here is one tragic example** of why step one on the previous link is so critical.



Do you have a **mind palace** (extreme visuals & competition)? Together in class, we will check out the first part of **this video** (0 - 1:45 & 6:25 - 6:36) on how to improve your memory.

The Challenge – Basic First Aid Visual/Story

Now that we have a better memory, we will use it to remember basic first aid treatments.

Work alone or team up with **two or three** people. Each team will be given a **first aid scenario from this link** (randomly select students, first come first serve).

Use the information from the site and the mind palace technique to create a **visual** (Canva, G Drawing, G Slides, G Docs, infographic, **other**, etc.) with two parts. **Part one**, write a **one-paragraph story** describing how someone fell victim to your situation in the workplace. **Part two** will be to use the **mind palace technique to help us remember how to treat** that injury/situation. Remember the key is to use extreme or extraordinary visuals/situations. Your visual should include **media for part two**.

Show me your finished visual with both parts for **credit** and add it to **this collaborative page**.

Groups will be randomly chosen to **share**.

Grading

Use the rubric below to evaluate your visual. 10 Pts

Criteria (or Standard)	1	2	3	4	Feedback/Reflection
Did you complete all the requirements of parts one and two?					
Did you write a creative story to describe why first aid was needed?					
How well did you use the mind palace technique to describe the steps in administering basic first aid?					
How well did you use media to enhance your visual?					

1 = standard not met; **2** = standard partially met; **3** = standard met; **4** = exceeds expectations

Example

This might be a simplified example for **frostbite** (you can't choose this situation). You will build in the visuals.

Part 1 – Story

Turkish is late for work again. He runs outside to his car only to be hit by a wall of freezing wind and snow. He has a twenty-minute commute to work and no time to run back inside for warmer gear. "The car is warm, it will be fine," he thinks to himself. Five minutes into his drive, the rattle coming towards the back of the car makes him nervous. After another five minutes, he is stuck on the side of the road. With an hour's walk in front of him, he regrets forgetting his phone at home today. By the time he gets to work, really late, his fingers are completely **numb and pale looking**. He makes a mental note to look up frostbite over his dinner break.

Part 2 – Treatment

Put a person with frostbite in a giant (**pool sized**) cup of warm/hot tea. As they lay on a giant tea leaf floating in the liquid, covered from head to toe in a **fuzzy red Mickey Mouse blanket**, the steam will gently warm their body. They will sip the warm tea from a very long straw.

