

Are you ready for Panamá

1. What is the proper greeting in Latin America?
 - a. Kiss on cheek
 - b. Hand shake
 - c. Both A & B depending on if you are male or female
2. How should you treat your host family?
 - a. Stay out of their way, You don't want to bother them.
 - b. Talk to/ spend time with them, join them at the grocery store, family reunions, EVERYWHERE!
 - c. Be afraid of them
3. What kinds of gifts should you bring your host family?
 - a. 2 small gifts 1 for arrival & 1 for departure
 - b. One very large expensive gift
 - c. Nothing
4. What should you do if you don't like food served by the host family?
 - a. Say "I don't like this food. I'm going to find a McDonald's"
 - b. Eat it with a good attitude. You will only have to deal with it just that once or for a couple of days at worse.
 - c. Hide in your room and pretend to be sick.
5. What do you do with **used** toilet paper?
 - a. Throw it in the garbage next to the toilet. The toilet paper clogs up the sewer system.
 - b. Flush it
 - c. Put it in your pocket
6. What time is curfew for ALL students?
 - a. 6:30pm and you cannot leave until morning
 - b. 5:00 pm
 - c. 6:30 pm but you can still go out with host family just call Mrs. Pereira to let her know.
7. What should you do if you see a place that provides cheap tattoos and body piercing?
 - a. Do it!!!! Woo-hoo!!!!
 - b. Stay away. You can get an infection or worse!!!
 - c. B & Stay away, Mrs Pereira and my mom will kill me!
8. In Panama you will see extreme wealth and extreme poverty. How should you interact with the poor?

- a. With compassion. Part of our trip is as international humanitarian assistants.
 - b. Avoid touching them. They are dirty.
 - c. Be afraid of everyone, because they are not American.
9. How many suitcases should you travel with?
- a. Several big bags. Filled with all of my favorite clothes and electronics.
 - b. One medium size bag to check in and a backpack with things to keep me busy on the plane.
 - c. Two very big bags.
10. You are in a situation and you think that someone is talking about you in Spanish, you are not sure what they are saying but you feel paranoid. How do you react?
- a. Go off on the person in English and walk away
 - b. Confront and fight the people you suspect of disrespecting you.
 - c. Ignore the situation, you probably have misunderstood something or you are imagining things.
11. If some calls you Negro, Gordo, or gringo you should feel:
- a. Insulted
 - b. Complimented these terms of endearment
 - c. Self-conscious they are talking about how I look
12. It's hot in Panama all year round so
- a. Some households will not have hot water in the home
 - b. Some households will open floor plans to create an indoor cross breeze without A/C
 - c. Both A & B
13. One way that many Latin American countries conserve energy is by:
- a. Cutting off electricity in the city between certain hours
 - b. Cutting off running water in the city between certain hours
 - c. Both A & B
14. Almost all middle class families/ households have
- a. Maids
 - b. Armed guards patrolling their neighborhood
 - c. Both A & B
15. What is true of cellphone usage in Panama?
- a. International roaming fees are very expensive.
 - b. Only using the Wi-Fi setting are recommended
 - c. Both A & B plus you'll be having so much fun you won't think of calling home!

16. How will we record the amazing experience that we will have on this trip?
 - a. We won't!!!
 - b. Trip blog with pictures and entries & Twitter
 - c. We will take pictures but not share them with others

17. It is ok for you to talk bad of others/ "Jone" others in English?
 - a. Yes! They don't speak English and won't understand you
 - b. No, many people are bilingual and don't let you know right away. Besides that's RUDE!
 - c. Yes, only if I'm just joking

18. If I do the following Mrs. Pereira will put me on lock-down and make my life miserable
 - a. Miss curfew
 - b. Drink alcohol, smoke, or use other drugs
 - c. Both A & B

19. This trip is to prepare me for a globalized world as a citizen of the world so I should be open to
 - a. Trying new things, Eating new food (even iguana!)
 - b. Being adventurous (and safe)
 - c. Both A & B. You only live once, experience new things it makes good stories to tell other back home!

20. Panama uses which currency?
 - a. The US Dollar
 - b. Panamanian Balboa
 - c. Both. Make sure you don't get stuck with too many Balboa.

21. Why is it best to try to bring/ use small bills
 - a. Things are pretty cheap and if you pay in US bills vendors will try to give you change in Balboa
 - b. Sometimes vendors don't have change for large US bills
 - c. Both A & B

22. Should I eat food from street vendors?
 - a. Absolutely not. Only from restaurants and host families
 - b. Yes only if I want a case of terrible diarrhea
 - c. A & B and only drink bottled water and order drinks with NO ICE!!

23. You want to say something to someone who doesn't speak English so you
 - a. Say to yourself "Forget about it" and just keep your comment to yourself
 - b. Try your best using gestures, facial expressions, as much Spanish as you can remember
 - c. Start yelling in English until they understand you/ ask for English speakers to translate for you.

24. You see a Panamanian person/ people and you want to take a picture of that person(s), you
- a. Ask if you can take their picture 1st & give them some change if they ask
 - b. Take the picture. He/ She won't notice.
 - c. Take a picture of yourself instead
25. What type of clothes should you bring?
- a. All your best clothes
 - b. 1 nice outfit, a light jacket, regular day clothes, work clothes (after all we will be volunteering)
 - c. Only summer clothes

BONUS QUESTION

Which of the following will make your trip to Panama more enjoyable?

- a. A good attitude. We are on an adventure and a good attitude attracts good things and good people.
- b. Smiling, laughing, choosing to be happy
- c. Making sure you notice the beauty not just negative things or how much Panama is NOT like America
- d. All of the above!!!!

Answer Key:

1.C, 2.B, 3.A, 4.B, 5.A, 6.C, 7.C, 8.A, 9.B, 10.C, 11.B, 12.C, 13.C, 14.C, 15.C, 16.B, 17.B, 18.C, 19.C, 20.C, 21.C, 22.C, 23.B, 24.A, 25.B, Bonus:D