

BIDDEFORD HIGH SCHOOL ATHLETIC CODE OF CONDUCT

Message to our student athletes

Biddeford High School has a long history and tradition of athletic excellence. This tradition was not built overnight. It took years of dedication, commitment, and hard work by a countless number of people. As a Biddeford High School athlete you must continue to strive to uphold this high standard of excellence. Once you have become a member of a team, you have made the choice to uphold certain standards expected of athletes in this community.

What follows is a shared commitment to proudly, ethically, and responsibly represent the community of Tiger Athletes. It is a covenant, and a reflection of the Athletic Department's longstanding position that participation in BHS athletics is a privilege, not a right.

STUDENT ATHLETES WILL:

Commitment

It's about being the best player for the team, not the best player on the team.

- Abide by the rules and expectations of coaches and Biddeford High School.
- Commit to all practices, games and team events unless excused by the team's coach or athletic trainer ahead of time for appropriate reasons.
- Be fully prepared and on time for practices and games.
- Maintain academic eligibility by committing to academic excellence.
- Abide by the district's attendance policy as it pertains to after school activities.

Conduct

You owe it to yourself and to your team to present your best and healthiest self

- Adhere to all district policies pertaining to extra-curricular participation including academic eligibility, attendance, and substance policies.
- Exercise proper sportsmanship. This includes refraining from use of derogatory terms in relation to race, religion, sexual orientation, and/or gender expression.
- Refrain from using vulgar or profane language of any kind.
- Control anger and frustration; refrain from displays of temper and poor sportsmanship towards other players, coaches or game officials.
- Refrain from any behaviors that could be considered bullying, harassment, or intimidation. "Bullying" includes, but is not limited to a written, oral or

electronic expression or a physical act or gesture or any combination thereof directed at a student or students.

- Refrain from hazing activities. Hazing is any action that recklessly or intentionally endangers the mental or physical health of another student, and is strictly prohibited.
- Be careful and respectful when using the Internet as a means of social networking. The Biddeford School Department maintains official, sanctioned social media accounts. Students may not misappropriate or misrepresent that their social media accounts are "official" or sanctioned. Many forms of speech, including social media posts, that impact the operations of the school are subject to disciplinary action. Use care.

Character

Our ability to handle life's challenges is a measure of our strength of character

- Represent themselves, their school and their community in a positive manner at all times; this includes on personal social media platforms.
- Respect the game, players, coaches and officials.
- Play by the rules of the game.
- Be a dependable and committed teammate.
- Demonstrate civility by modeling behavior that exemplifies appropriate respect and concern for others.
- Demonstrate social responsibility towards their team, school and community.
- Win with character, lose with dignity.

Consequences

The choices you make can affect your playing time, playing eligibility, and discipline status. Captains, please also note that failure to meet the expectations laid out in this code of conduct may result in the negation of your captainship designation.

If the student-athlete violates the Athletic Code of Conduct, the student-athlete, based on the nature of the offense, will be subject to consequences which may include but not limited to the following:

- a. Verbal/written reprimand
- b. Student-Athlete/Coach meeting
- c. Student-Athlete/Parent/Athletic Director meeting
- d. Suspension from practice and/or competition
- e. Removal from athletic team
- f. Removal from Athletic Program
- g. Removal of a captains designation
- h. Any other disciplinary action deemed appropriate by school administration

** These consequences may also be imposed for actions and activity via personal social media platforms. Student-athletes are warned against using Biddeford High School's name or likeness on personal social media platforms.*

