

Tips for a Successful Show Week

PRAY!

Please pray for our dancers, teachers, production team, volunteers and all the many hands that help go into creating these shows. Pray for peace, joy, safety, and that God's love would shine through all we do. Please pray also for audience members, that God would bless every single person who comes to see our show in some special way.

Eat Well and Bring Snacks for Dress Rehearsal AND Show Days

It is so important to nourish your body for show week or weekend. Extra carbs are also a good idea for performance week! Here are some suggestions for good dancer fuel which you can take with you to the venue (to Dress Rehearsal and the Shows) and keep with your items in the classrooms:

- NO NUT PRODUCTS of any kind!
- banana
- sandwich
- pretzels
- crackers + cheese
- veggies and hummus or ranch
- dried fruit
- trail mix (*no nuts*)
- wrap w/ cheese and/or meat
- granola bars (*no nuts*)
- applesauce packets
- fruit leather
- sports drink or liquid IV if dancers are in a lot of pieces
- yogurt and granola
- hard boiled eggs

Keep Your Costume (and layers) Tidy ALWAYS

-If you have tights, try to keep them clean or plan ahead and wash them again before the show as they likely will get dirty at Dress Rehearsal

-No messy activities (sand, putty, slime, etc.) for the younger ones. Send lots of activities though! Tablets, coloring books, books, toys, etc.

-Label everything you bring to the venue with dancer's name! Shoes, tights, base layers, water bottles - **write dancer's name on the tag/inside of shoe.**

Bring a Change of Clothes

After the show, you'll either be dropping off your costume for good, or wanting to get more comfortable for the ride home, so bring a comfy set of clothes to change into

Bring a Water Bottle Labeled with Dancer Name

Must stay hydrated!

Be On Time

Double check the [show info page](#) for arrival times! Never hesitate to call Kristina (Jubilee Admin Assistant) at 509-906-4174 with any questions.

Arrival

For Dress Rehearsal and Shows, all dancers should arrive with parents FULLY dressed with hair and [makeup](#) done, to check in

Pickup

All Tinies and Littles - [READ THIS](#)

Everybody else, parents should come to dancer rooms to check out with the classroom helpers in their classroom before they leave

COSTUMES provided by Jubilee should all be left in the bins in the classrooms!