

Curriculum Vitae

Bianca-Valentina Marinica

Position: Ph.D. Candidate (Public defense on 24th of July 2025)

Department of Psychology

Faculty of Psychology and Educational Sciences

Babeş-Bolyai University

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Research theme: *The Psychology of Civic Engagement in Romania: A Focus on Societal Crises*

Ph.D. supervisor: Professor Oana Negru-Subtirica, Ph.D.

Ph.D. guidance committee: Professor Oana Benga, Ph.D.

Lecturer Sebastian Pinteau, Ph.D.

Lecturer Oana Fodor, Ph.D.

RESEARCH INTERESTS

My research mostly focuses on the psychological aspects involved in civic engagement, with a special focus on times of societal crises and youth engagement.

RESEARCH DOMAINS

- Emerging adulthood
- Civic engagement
- Volunteering
- Identity development

EDUCATION

- 2019 – 2025** Ph.D. student of the Doctoral School for Applied Cognitive Psychology, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Thesis: The Psychology of Civic Engagement in Romania: A Focus on Societal Crises; coordinated by Associate Professor Oana Negru-Subtirica, Ph.D.;
- 2019** **M.A.** in Counseling and Psychological Interventions in Human Development, Psychology Department, “Babeş-Bolyai University”, Cluj-Napoca, Romania
Thesis “*Emerging adults volunteers: their vocational identity and motivations for involvement*”; coordinated by Lecturer Oana Negru-Subtirica;
- 2017** **B.Sc.** in Psychology, Babeş-Bolyai University, Cluj-Napoca, Romania
Thesis “*Exploring the relationship between volunteering and vocational identity*”, coordinated by Lecturer Oana Negru-Subtirica

SCHOLARSHIPS

- 10.2017-10.2018** Special scholarship for scientific activity, Research article “*Relationships Between Volunteering Functions and Vocational Identity in Emerging Adult Volunteers*”
- 02.2019-07.2019** Performance scholarship for academic achievements
- 10.2017-02.2019** Merit scholarship for academic achievements

PROFESSIONAL EXPERIENCE AND DEVELOPMENT

- 2022 - present** Marinică Bianca-Valentina - Cabinet Individual de Psihologie, Private psychology practice
- 2018- present** Self and Identity Development Laboratory, Babeş-Bolyai University
- 2020- 2022** Project manager & facilitator, the Erasmus+ Youth Exchange “Emotions to Actions” (2020-2-RO01-KA105-080546)
- 2021** Webinar ”Advanced Structural Equation Modelling” (The European Association for Research on Adolescence, 19 March)
- 2020** Workshop “Understanding and practicing open science” (The 17th Conference of the European Association for Research on Adolescence)

01.2020 - 06.2020 Vocational Counselor, Training for the Future project (ro. Antrenament pentru Viitor), Romanian Business Leaders
2019 Workshops “How to develop adults’ emotional intelligence?Therapeutical and organizational implications” and “Working with groups: between the psychodramatic and cognitive-behavioral settings”(The 18th National Conference of the Association of Psychologists from Romania, Cluj-Napoca, 22-24 November)
03.2019 – 07.2019 Assistant manager for the National Volunteering Week, Pro Vobis - National Resource Centre for Volunteerism
03.2019 Certified Trainer, Sc. Soft Skills Training SRL
03.2018 – 02.2019 Internship - Psychological and Career Counselling Center, College of Political, Administrative and Communication Sciences
10.2017 – 02.2018 Internship - Psychological Counselling, "Lucian Blaga" highschool
04.2017 – 05. 2017 Research internship, The Department of Clinical Psychology and Psychotherapy

PROFESSIONAL RECOGNITION

2022 The Excellentia Award (category: PhD Students), awarded by the Student Council of the Babes-Bolyai University based on academic achievements and votes from members of the Faculty of Psychology and Educational Sciences
2021 Research activity recognition through the “EARA (European Association for Research on Adolescence) Emerging Scholar Spotlight” awarder in May

PROFESSIONAL AFFILIATIONS

2021 - present: Member of the Society for the Study of Emerging Adulthood (SSEA)
2020 - present: Member of the European Association for Research on Adolescence (EARA)
2018 – 2019: European Federation of Psychology Students’ Associations, national coordinator of the “Mind the Mind” campaign
2017 – 2018: Member of Students’ College for Academic Performance, “Babeş-Bolyai” University

SCIENTIFIC ACTIVITY

2020 – present Teaching assistant for the undergraduate course “School Psychology”, Department of Psychology, Babes-Bolyai University

2020 – present Teaching assistant for the undergraduate courses “School Counseling and Career Guidance” and “Career Counseling and Guidance”

Self and Identity Development Laboratory, Babeş-Bolyai University

2025 - present Research Assistant in the Erasmus+ Strategic Partnership "Anchoring the ethics of educational technology (AI and data) usage in the Education Practice (ETH-TECH)", coordinated at national level by Prof. Dr Oana Negru-Subtirica <https://eth-tech.eu/>

2021 – 2023 Research assistant in the Exploratory Research Project “The relationship between identity and behavior: A longitudinal study and online Intervention”, coordinated by Associate Professor Oana Negru-Subtirica,Ph.D. <https://stem.selfid.eu/>

2020 – 2022 Research assistant in the Erasmus+ Strategic Partnership “Promoting social inclusion skills in a post-truth world: A gamified online platform and curriculum (PROMIS)” coordinated by Associate Professor Oana Negru-Subtirica,Ph.D. <https://promis.education/>

2019 - 2020 Research assistant in the project "Goal contents and goal regulation strategies in youth identity development: A longitudinal investigation" coordinated by Lecturer Oana Negru-Subtirica,Ph.D.

2019 Research assistant in the international project "Youth's financial identity", coordinated in Romania by Lecturer Oana Negru-Subtirica,Ph.D.

The Department of Clinical Psychology and Psychotherapy

04.2017 – 05. 2017 Research internship

Organizing of scientific events

2017 – 2018 Coordinator of the International Conference of Psychology Students (10th-13th of May), The Romanian Psychology Students' Association (ASPR)

Conferences

- 2023** Marinica, B.V., Negru-Subtirica, O. *Students' path to self-discovery: Vocational identity construction and personal values*. Oral presentation at International Congress on Adolescence and Youth Studies organised by the University of Cappadocia and the Association for the Study of Adolescence and Youth Studies. Youth Studies, Cappadocia (6-8 September)
- 2022** Marinica, B.V., Negru-Subtirica, O. *Approaching graduation: Students' vocational identity statuses and transitions*. Paper presented during the symposium "The Road Ahead: Individual and Relational Factors in the Transition to Adulthood" at the international conference of the European Association for Research on Adolescence (EARA), Dublin (24-27 August)
- 2022** Marinica, B.V., Negru-Subtirica, O. *Taking action for the social inclusion of youth affected by poverty*. Interactive session delivered at The International Conference of Psychology Students, online (13-15 May)
- 2021** Marinica, B.V., Negru-Subtirica, O. *Volunteering to help disadvantaged youth: The importance of developing evidence-based activities*. Paper presented at the annual scientific session of "George Baritiu" History Institute, Romanian Academy, online (19 November)
- 2021** Marinica, B.V., Negru-Subtirica, O. *Online volunteering during the pandemic: physical isolation and organizational commitment*. Paper presented at the National Conference of the Association of Psychologists from Romania, online (11-14 November)
- 2021** Marinica, B.V., Negru-Subtirica, O. *Volunteering as a path towards meaning: Relations between reasons for volunteering and meaning in life*. Paper presented during the symposium "Searching and finding meaning in life during the transition to adulthood" at the international Conference on Emerging Adulthood, organized by the Society for the Study of Emerging Adulthood, online (4-5 November)
- 2021** Marinica, B.V., Negru-Subtirica, O. *Self-efficacy and hope in times of Covid: What makes a difference for emerging adult volunteers?* Paper presented during the symposium "The Agentic Emerging Adult: Diverse Paths Toward Responsible Intentionality" at the international Conference on Emerging Adulthood,

organized by the Society for the Study of Emerging Adulthood, online (4-5 November)

2020 Marinica, B.V., Negru-Subtirica, O. *Volunteers' perceived socio-political control*. Paper presented at the National Conference of Doctoral Schools (11-12 December)

2020 Negru-Subtirica, O., Marinica, B.V., Timar-Anton, C. *A mixed-method investigation of work identity in disadvantaged adolescents attending professional education*. Paper presented at the 17th Conference of the European Association for Research on Adolescence (2-5 September)

2019 Marinica, B.V., Negru-Subtirica, O., Pop, E.I. *Emerging adults' reasons for volunteering and vocational identity*. Paper presented at the 18th National Conference of the Association of Psychologists from Romania, Cluj-Napoca (22-24 November)

2019 Pop, E.I., Negru-Subtirica, O., Marinica, B.V. *On identity and generativity: An investigation among emerging adult volunteers* Paper presented at the 9th international Conference on Emerging Adulthood, organized by the Society for the Study of Emerging Adulthood, Toronto (10-12 October)

2018 Marinica, B.V., Negru-Subtirica, O. *Volunteering: a path towards youth development and employability* Paper presented at the annual scientific session of "George Baritiu" History Institute, Romanian Academy, Cluj-Napoca (26 October)

2018 Marinica, B.V., Negru-Subtirica, O. *Does volunteering add meaning to emerging adults' vocational identity?* Poster presented at the international conference "Self and Identity in Emerging Adulthood", organized by the Society for the Study of Emerging Adulthood, Cluj-Napoca (17-19 May)

2018 Marinica, B.V., Negru-Subtirica, O. *Exploring the relationship between volunteering and vocational identity development*. Paper presented at The International Conference of Psychology Students, Cluj-Napoca (10-13 May)

2017 Marinica, B.V., Negru-Subtirica, O. *Exploring the relationship between volunteering and vocational identity development*. Paper presented at the annual scientific session of "George Baritiu" History Institute, Romanian Academy, Cluj-Napoca (17 November)

Publications

Articles

Marinica, B. V., & Negru-Subtirica, O. (2025). Civic Engagement in Times of Crisis: How did Romanian Emerging Adults Engage? *Studia Universitatis*

Babes-Bolyai - Psychologia-Paedagogia, 69(2), 25-48. Retrieved from <https://studiapsypaed.com/wp-content/uploads/2024/12/2-2024-2.pdf>

Marinica, B. V., & Negru-Subtirica, O. (2025). Online and offline civic engagement profiles: Relations with co-rumination about the war in Ukraine and meaning in life. *Psicologia Sociale: Social Psychology Theory & Research*, 20(1), 49-71. <https://www.rivisteweb.it/doi/10.1482/116524>

Marinica, B. V., & Negru-Subtirica, O. (2024). Approaching Graduation: Vocational Identity Profiles of Last-Year University Students and Their Links with Volunteering and Personal Values. *Identity*, 24(3), 213–226. <https://doi.org/10.1080/15283488.2024.2318334>

Marinica, B. V., & Negru-Subtirica, O. (2023). Civic engagement during times of crisis: Personal motivations of Romanian adults at the onset of the war in Ukraine. *Cognition, Brain, Behavior*, 27(2). <https://doi.org/10.24193/cbb.2023.27.10>

Marinica, B.V., Negru-Subtirica, O. (2020). Relationships between volunteering functions and vocational identity in emerging adult volunteers. *International Journal for Educational and Vocational Guidance*. <https://doi.org/10.1007/s10775-020-09418-3>

Book chapters

Mustea,A., **Marinica**, B. (2023). Theoretical concepts.. In O. Negru-Subtirica (Ed.), *eXplor Science Online Application: How to bring Science Closer to Students* (Ro. Aplicația online eXplor Știința: Cum să aducem știința mai aproape de elevi). Editura ASCR, Cluj-Napoca. ISBN 978-606-977-087-0

Timar-Anton,C., Negru-Subtirica, O., **Marinica**, B., Glavan, B. (2022). Gamification Strategy for the PROMIS e-learning Platform.. In O. Negru-Subtirica & Rasa Erentaité (Eds.), *Best practices for the gamification of social inclusion in online learning*. ASCR Publishing House.

Timar-Anton,C., Negru-Subtirica, O., **Marinica**, B., Glavan, B. (2022). Gamification Strategy for the PROMIS Curriculum Module: How Poverty Affects Youth Development: From Social Inequalities to Social Inclusion. In O. Negru-Subtirica & Rasa Erentaité (Eds.), *Best practices for the gamification of social inclusion in online learning*. ASCR Publishing House.

Negru-Subtirica, O., Timar-Anton,C., **Marinica**, B., Glavan, B. (2021). How Poverty Affects Youth Development: From Social Inequalities to Social Inclusion. In O. Negru-Subtirica & E. Crocetti (Eds.), *Building inclusive societies: Promoting social inclusion and reducing discrimination" (BUILD)*. ASCR

Publishing House.

Marinica, B.V., Negru-Subtirica, O. (2019). Volunteering: a path towards youth development and employability. *Studies and researches in the field of social sciences* – volume 32, Limes & Argonaut Print houses, Cluj-Napoca

VOLUNTEERING

2021	Volunteer, Pro Vobis - National Resource Centre for Volunteerism
2020 - 2021	Member of the Junior Researcher Programme, jSchool 2021 Team Member
2020 - 2021	Member of the Public Policies Department, National Youth Council (ro. Consiliul Tineretului din România)
2018 – 2019	Local coordinator of the “Mind the Mind” campaign, European Federation of Psychology Students’ Associations
2014 – 2018	Member of the Finance & Scientific Departments, The Romanian Psychology Students’ Association, Cluj-Napoca
2015 - 2017	Institution & local coordinator in the educational program “Ajungem Mari”, The Lindenfeld Association, Cluj-Napoca (Romania)
2012 – 2014	Founding Member of The Association for Initiative and Continuous Development (A.I.D.C:Asociatia pentru Initiativa si Dezvoltare Continua), Ploiesti
2013	Volunteer, Sigur.info, Ploiesti
2012 – 2013	Volunteer, The “Compassion and Care” Association, Ploiesti

FOREIGN LANGUAGES

English – advanced (writing, reading, speaking)

Spanish – intermediate (writing, reading, speaking)

German – beginner (writing, reading, speaking)