

WEST HILLS MIDDLE SCHOOL

Prevention Plan 2024-2025

Our school's mission:

*WHMS's mission is to assist all students in achieving **academic proficiency** and **developing healthy social skills** so that they may be well-informed problem solvers and contribute to society.
Our vision is that all students feel **connected** and are **learning at higher levels**.*

Prevention Plan Overview

Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, as well as systems and strategies for supporting our students, are listed below:

- Wellness room
- Connection classes
- Monthly themes embedded in curriculum and schoolwide activities
- Extracurricular activities to engage students and build relationships
- Parent seminars (topics vary)
- Positive Paws cards - schoolwide positive reinforcement initiative
- Student leadership:
 - Student body officers (SBO)
 - Hope Squad
 - Latinos in Action
- Mindfulness groups - led by a counselor
- Teachers stand at their doors during each passing period
- Student mediations - led by administration or counselors
- Panorama data management to identify students in need of additional support
- District mental health and support resources through Student Services, which includes the Jordan Family Education Center and Mental Health Access Program
- Academic support with District departments to support the success of every student.
- Mental health providers (school counselors, school psychologists, or clinical support), who are trained and supported by District administration to follow current best practices in prevention and intervention efforts
- Interventions through early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk
- Parent and family resources including a District partnership with the Cook Center for Human Connection, evening parent seminars, and classes through the Jordan Family Education Center

Suicide Prevention Plan

- Our school's mental health providers and administrators are trained on and review District suicide risk intervention guidelines annually with support from Jordan District's Student Services Team.
- QPR training for staff
- QPR training for Student Leadership at the beginning of the year
- Student and Staff training on Safe UT at the beginning of the year (reviewed before winter break)
- Suicide prevention lessons for each grade once a year
- All of our school's licensed staff participate in suicide prevention training for their license renewal.
- Students identified for risk of suicide receive interventions and support appropriate to their individual needs, which may include a screening interview (CSSR-S), parent/guardian contact, a safety plan, mental health recommendations/referrals (JFEC, MHAP, etc.), a re-entry meeting, and regular follow-up.
- Referral forms for student concerns
- JFEC and MHAP invitations for parents and students
- Wellness room

Bullying, Harassment, and Discrimination Prevention Plan

- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan supports accordingly.
- Our school's staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents.
- Our school staff documents incidents in Skyward according to state requirements.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their individual needs, which may include suicide risk assessments, counseling and mental health services (i.e. school mental health team, JFEC, MHAP), Functional Behavior Assessment (FBA), Behavior Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that targets, aggressors, and witnesses of bullying are more susceptible to school problems.
- Mediations between students are led by administration and/or counselors.
- Character Strong lessons are conducted by teachers to assigned students.
- Student leadership drives school-wide activities.
- Student groups are led by counselors - topics vary by student needs.
- The Climate and Culture team reviews process and progress in our building.
- 6th grade orientation is sponsored by our student leadership teams.
- A yearly assembly is held to teach social media safety
- CTE digital literacy classes for 7th grade review internet safety tips.

Violence Prevention Plan

- Our school's administrators and counselors are trained on the Comprehensive School Threat Assessment Guidelines (C-STAG).
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (C-STAG) and its decision tree. This includes warning potential victims and their parents/guardians.

- Our school’s staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence.
- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs, which may include problem solving, C-STAG interviews, suicide risk assessments, Functional Behavior Assessment (FBA), restorative conferencing, mediation, a Behavior Intervention Plan (BIP), counseling and mental health services (i.e. school mental health team, JFEC, MHAP), a student wellness plan, and/or parent contact.
- **Mediation led by administration and/or counselors**
- **Wellness room**
- **School wide activities to build community**
- **Teachers in the hallway between passing period.**
- **School Resource officer present during passing period and lunch.**

Additional Strategies

Put all the other good stuff here that is “extra” - e.g. red ribbon weeks, PTA events, community building/outreach, etc.

- **Red Ribbon Week**
- **Spirit weeks**
- **Student Leadership Presentations for classes.**
- **Walter - our school mascot**
- **School Musical**
- **Parent Volunteers for school activities**
- **PTSA sponsored STOMP (Dance)**

This prevention plan has been created following Jordan District guidelines, which can be reviewed at wellness.jordandistrict.org.

Future Plans & Ideas

- Diversity Education
- Bullying education
- Consistent Social Media Safety training
- Panorama analysis