

THE TRUTHS AND REALITY OF DRESS CODES

The school dress code is an ongoing debate between almost every school. Who do you think the dress code targets the most? According to Kira Barret, girls are the most targeted people when it comes to the dress code. In her article “When School Dress



Codes Discriminate,” she says that most school dress codes, such as East Longmeadow High School in Massachusetts, use gendered language. Such as referring to most codes as “girls must not wear spaghetti straps or show cleavage.” Along with stating that “six out nine dress code regulations targeted female students.” When you think of a dress code, what do you think of? No spaghetti straps, no razorbacks, your shorts are too short,

shoulders are distracting. It goes to an extent, but natural things that we are born with are out of our control.

IT'S NOT JUST GIRLS, IT'S EVERYONE

The dress code may seem as if it is a little problem to most but it's not, it's only convincing young females that they are the problem. Though, it's not only females, it also involves people of color and in some cases, males. It all revolves around one concept: the proper society or the right proper society. Even more so, some dress codes have not been changed in many years and some schools don't bother trying to change and make it more equal for all individuals. The dress code although it targets women in general to narrow it down it targets women's bodies. Say two girls both wore the same v-neck top, the only difference is one has a smaller chest than the other. The girl with a bigger chest is most likely going to get dress coded. This shows the inconsistency of our school dress code.

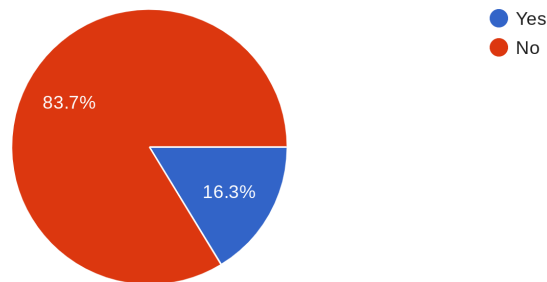
THE MENTAL CAPACITIES OF DRESS CODES

The dress code can also be mentally draining for some or most



individuals that are targeted the most. Some school dress codes can be hard to keep up with wardrobe options with trends, according to Sasha Jones. Trying to balance out a teenager's style and following a dress code can just be draining, mentally and physically. This doesn't exclude private schools, if anything it targets them the most.

Do you think shorts higher than mid-thigh are revealing?
43 responses



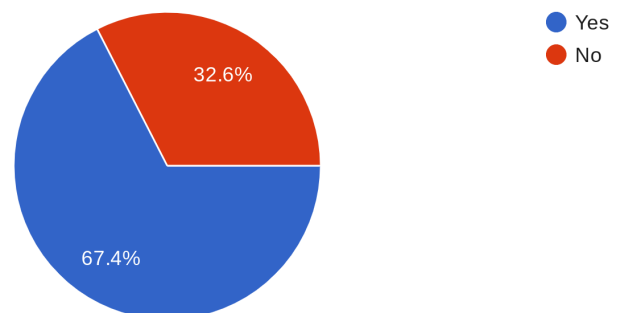
Most children who attend private schools are mandated to wear the same uniform and aren't allowed to express themselves. Schools encourage expression of an individual but then discriminate when they don't agree with it. Trying to be yourself and be comfortable in your own skin is hard enough for a teenager when they start developing opinions and finding

their own path of life. It's already tough enough for a teenager to pick an acceptable outfit for society already and prevent everyday criticism, but adding codes is just adding more restrictions to their life, to their identity, and to their mental health.

PROTESTS ARE ONLY THE BEGINNING

In an article written by Fox 5 Atlanta Digital Team, they talk about Sophia Trevino, a thirteen year old who advocates for herself and for all the girls around her and who will come after her about the dress code. Sophia Trevino's motto is, "If you think you can change it, change it." Sophia Trevino is an 8th grader who attends Simpson Middle School, who said she spent her entire first period in the front office for violating the code that states: "pants may be worn as long as there is no skin exposed above the fingertip length." As it turns out, she wasn't the only one who ended up in the front office that day with her. Sophia Trevino protested and went all out by making t-shirts saying "Dress codes are racist, sexist and classist." This protest has allowed her to meet with the Cobb County School Board and make her case. She is

Do you believe the the dress code is enforced?
43 responses



making a change that most are afraid to make and creating an uproar that has been heard.

THERE'S MORE . . . THERE'S ALWAYS MORE

There is still much to be said about the dress code, perhaps too much that it seems ridiculous, but the most important things that should be said are that every individual is targeted, some more than others, and that it's all more than just an expression of identity. The only way it's going to be heard is due to an uproar, society and the school board have proved that to us. With well thought out research and collection of data, our surveys have resulted in many responses ranging from 'Yes' and 'No.' We have provided a link and two of the charts within the article. For the rest of the results, click here . . . [Survey Results](#)

the end.