EMBRACING YOUR UNFILTERED WORTH

In a world that constantly reminds us of everything we're "supposed" to be, it's easy to feel like we're not enough. We scroll through social media, comparing our lives to polished pictures, feeling that somehow, we don't quite measure up.

What if we're already worthy? There's something beautiful and bold in believing that *we are gods,* not arrogantly; but in a way that reminds us of the divine spark inside each of us.

The Bible tells us in Genesis that we're made in God's image. Sometimes that sounds lofty, doesn't it? But think about what it actually means; God sees Himself in us. When God created us, he didn't make mistakes or add conditions. He looked at us and saw something good and whole. It means our worth isn't tied to what

we achieve, our looks, or what others think of us. Our worth was there before we were even born.

Psalm 139 says we are “fearfully and wonderfully made.” Imagine that! Each of us crafted with so much care and purpose. No part of us was overlooked. But the world, with its filters and expectations, makes us forget this. It tells us we need to be more successful and attractive. And so we shrink ourselves, doubting the beauty and strength that God has already placed within us.

We get so used to measuring ourselves by others’ standards that we lose sight of our own. But the truth is, we don’t have to keep proving ourselves. Jesus didn’t go around seeking approval. He knew who He was because he knew God was his father. We have that same relationship available to us ; a connection to a God who loves us and our imperfections.

So when those voices of self-doubt creep in, remind yourself that these are just lies. Romans 8:11 tells us that the Spirit of God lives in us. Yes. The same Spirit that brought life and hope to the world lives in *us*. This is what makes us enough. It's not about perfection; it's about being complete, exactly as we are.

Living with this truth is liberating. It's not that we stop growing or improving, but we stop beating ourselves up. We start to see ourselves as God does; whole, worthy, and loved. So, if you're ever feeling small, remember that God's essence flows through you. He didn't create you to feel "less." You are here to reflect his light, and the world needs that light.

Today, I want you to believe that *you are enough*. So go easy on yourself and stand a little taller.