Techo Empathy Activity

Lesson: [Watch intro video to SDGs]

Students will be asked to connect the scenarios of TECHO communities (below) to one of the SDG's (Goals 1-13, 16) which will be posted on the board. Once all the scenarios are posted, students will be given post-its to IMAGINE, write and post what it would feel like to experience that scenario.

Remind students that their words and body language reflect their empathy for the community we will be working in.



EMPLOYMENT	SECURITY	SERVICES (electricity, water, healthcare)	HOUSING	EDUCATION & LIFESTYLE
I have a job but it only pays 100 pesos/day.	My house doesn't have a lock or even a door.	I do not have medical insurance.	I live with 4 or more people in the same room.	I have never traveled outside Mexico.
I do not have a steady job.	I work under illegal circumstances.	I don't have formal access to running water.	I sleep on the dirt floor of my house.	I cannot afford to go to a restaurant to eat.

I work 16 hour shifts.	I work in construction and there are no safety regulations.	I cannot afford medication when my family is sick.	My housing often gets flooded during the rainy season.	I cannot afford to take my children to see Minions in the movie theatre.
It takes me 2 hours to get to work by public transportation.	My husband is abusive towards me and my children.	My neighborhood doesn't have a sewage system.	I have a high chance of being evicted from the terrain where my house is.	We do not have Wi-Fi in my house.
I cannot afford healthy food for my family.	The structure of my house includes rocks for stairs.	I don't have formal access to electricity.	My house is made of cardboard, tin, and other found materials.	We don't have a bathroom in our house, so we walk 10 minutes to the public bathrooms.
I was laid off from my job and could not find other employment.	There is gang activity in my neighborhood.	I have a serious medical condition but I cannot afford healthcare.	My house does not protect my family from the cold.	My child has a drug addiction.
My son is involved in criminal activities.	There is no lighting in the neighborhood at night.	My neighborhood does not have paved roads.	My house's walls are a structural threat to our lives.	My children do not regularly attend school.
My former employer did not pay me a severance package.	There is rarely any police presence in my neighborhood.	My neighborhood does not have garbage pickup.	My house has exposed current carrying wires	I never went to high school.

I have a physical disability that prevents me from working	My store keeps getting robbed	I use water from a bucket that I buy once a week.	My home has plagues like cockroaches, rats, ants or fleas	I do not know how to read or write.
My job is informal so don't have "seguro social"		There are no emergency health centers or hospitals near my vicinity. (IMSS)	My house has no refrigerator or pantry to keep food fresh.	My family does not own a car.
I get mugged on my way to work.				My school does not have Wi-Fi.
Stealing seems like a better option than working for very low wages.				I live in a toxic family environment because of drug addiction
				I don't see my parents very much because they are working all day long.
				I lack family support.

Feelings

FEELING WORDS



Open	Happy	Alive	Good	Love
• Kind	• Great	• Playful	• Calm	• Loving
• Confident	• Gay	• Courageous	• Peaceful	• Sensitive
• Reliable	• Joyous	• Energetic	• At Ease	• Tender
• Easy	• Lucky	• Liberated	• Comfortable	• Devoted
• Amazed	• Fortunate	• Optimistic	• Pleased	• Attracted
• Free	• Delighted	• Provocative	• Encouraged	• Passionate
• Sympathetic	• Overjoyed	• Impulsive	• Clever	• Admiration
• Interested	• Gleeful	• Free	• Surprised	• Warm
• Satisfied	• Thankful	• Frisky	• Content	• Touched

Angry	Depressed	Confused	Helpless	Afraid
• Irritated	• Lousy	• Upset	• Incapable	• Fearful
• Enraged	• Disappointed	• Doubtful	• Alone	• Terrified