

# Definitive Guide to Strong Passwords



## Do not use the same password repeatedly.

Avoid using the same password for multiple sites. Each account of yours should have a unique password.



## The longer, the better.

Your password is recommended to be at least over 10 characters to as many characters as the site/service allows.



## Mix the password salad

The longer and the more “chaotic” the password, the better. Your password should be a combination of the essentials below:

- Uppercase characters (A - Z)
- Lowercase characters (a - z)
- Digits (0 - 9)
- Special characters: ! " # \$ % & ' ( ) \* + , - . / : ; < = > ? @ [ \ ] ^ \_ ` { | } ~, space



## Use themes and rules

Choose a theme for all your passwords (e.g., your passwords are always based on your favorite songs or movies). Decide on a few rules that you'll use to construct your passwords.

*For example:*

**Step 1:** Select a song: Love Story

**Step 2:** Select a celebrity: 2PAC

**Step 3:** Select a special character: ^

**Step 4:** Follow the ‘no repeated passwords’ rule, your passwords could look like this:

- Amazon account: LoveStory2PAC^amazon
- Facebook account: LoveStory2PAC^facebook

**Note:** Please do not use this example. Hackers often try passwords available in reference materials.