

Conditions Needed	Goal-Setting	Action Steps
<p>I need...</p> <p>I need to feel...</p> <p>I need to be...</p> <p>I need my teachers to...</p> <p>I feel best when...</p> <p>I feel most supported when...</p> <p>I work best when...</p> <p>I am my best self when...</p> <p>I feel safe to make mistakes when...</p>	<p>As a reader, I will...</p> <p>As a speaker, I will...</p> <p>As a writer, I will..</p> <p>As a listener, I will...</p> <p>When languaging as a scientist, I can...</p> <p>When listening as a historian, I can...</p> <p>While reading as a scientist, I will...</p> <p>I can grow in my expressive skills by...</p> <p>I can grow in my interpretive skills by...</p>	<p>One action I will take is...</p> <p>In order to reach this goal, I can...</p> <p>I will hold myself to this goal by...</p> <p>I can work on this goal by...</p> <p>One way I will know I am on track for this goal is...</p>

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